

2009-2010

PARENT & CHILD CLASSES

Birth to 3 Years at the
Waldorf School of Baltimore



Each week, children, parents, and teacher work together preparing a meal of bread, butter, and soup, learning cooperation and healthy eating habits.



Independent creative play arouses children's natural curiosity, beginning a lifelong love of learning. Parents observe their children's innate talents.



Partner games allow teacher and parent to speak to children in the language of movement, stimulating learning through sensory-rich interaction.

WALDORF
SCHOOL OF BALTIMORE

Learn more . . . Visit us on the web at www.waldorfschoolofbaltimore.org



THE WALDORF

PARENT & CHILD PHILOSOPHY

Waldorf's Parent and Child classes provide learning experiences for parents, expectant parents, caregivers, infants, and toddlers. From their earliest efforts to find their hands, turn over, crawl, sit, stand, and walk, young children are eager and active learners. In this series of classes, children learn about themselves and their world in a safe and loving environment. Adults learn about the unique qualities of each child. Through study material, discussion, and observation parents and caregivers explore how to be fully present with a child when feeding, dressing, changing a diaper, and other times of care, giving children the reassurance they need to continue their self-education.

Infant Classes

In the Infant Class for expectant parents and parents with infants, we teach methods for creating a peaceful and nurturing environment, caring for oneself as well as one's child, and being alert to rhythms of daily life. We discuss child development, newborn nutrition, sleep, and other topics. The teacher models methods for supporting the crying or fretful child. Infants move and explore. Adults learn soothing lullabies and gentle games to play with their children.

Toddler Classes

Together teacher and parents collaborate on purposeful activities that inspire young children in their play. Children help with domestic tasks and play, all the while learning how to be an individual in a group. The teacher models age-appropriate songs, rhymes, and stories to help parents create a healthy and harmonious rhythm for their child's day. Parents learn a variety of crafts, and children feel nourished and encouraged to imitate behavior as they see adults learning.



REGISTRATION

Class sizes are limited. Early registration is recommended. Sessions are 12 weeks long. Make checks payable to the Waldorf School of Baltimore, 4801 Tamarind Road, Baltimore, MD 21209.

Parent's Name: _____

Caregiver (if applicable): _____

Home address: _____

City: _____

State: _____

Zip: _____

Home Phone: _____

Work Phone: _____

Child's name: _____

Date of birth: _____

Where did you learn about our Parent & Child class? _____

Please indicate below the day and session for which you are registering. Classes are filled on a first-come, first-served basis and payment must be received at the time of registration. Confirmation will be prompt.

Session

- Fall (September 10, 2009 – December 4, 2009)
- Winter (January 7, 2010 – April 2, 2010)

Tuition is non-refundable. The Waldorf School of Baltimore does not discriminate on the basis of race, gender, sexual orientation, religion, or national or ethnic origin.

Class

- Infant Class (\$275)
 - Thursday, 11:30 AM – 1:00 PM
- Toddler Class (\$525)
 - Thursday 9:00 AM – 11:00 AM
 - Friday 9:00 AM – 11:00 AM

For more information call 410.367.6808, ext. 203 or email bmochan@twbsb.org.