



November 3, 2008

What's Going On...

Tuesday, November 4
Crafts and Conversation
Yellowwood Building,
8:30-10:30 a.m.

Monday, November 3
AIMS Conference
School Closed
(work day for teachers)

Wednesday, November 5
Student Council Bake Sale
Tamarind Building, 3:20 p.m.

Wednesday, November 5
Growing, Growing, Gone: the
Chesapeake Bay and the myth
of endless growth,
with Tom Horton
7:00 p.m.

Friday, November 7
Tot Swap deadline

Saturday, November 8
Board President Coffee
Tamarind Building, 9:00 a.m.

Sunday, November 9
Whole School Open House
2:00 p.m.

Monday, November 10
Experience Second Grade
Eurythmy with Noris Friedman
Eurythmy Room, 8:30 a.m.

Tuesday, November 11
Talk with Carol Steil
Children's Garden foyer
8:30-9:00 a.m.

From the desk of the Administrative Chair

I regret to announce that Kathi Paradiso has resigned to accept a position with another organization. She will be leaving the school as an employee effective on Tuesday, November 4. Words cannot do justice to the work that she has done for the school. Her unflagging enthusiasm for whatever task was put before her has inspired the school community. We will also miss her cheery greetings at school events. While we are losing Kathi as a colleague, we are not losing the Paradisos as a part of our community; Michael will continue to be a student at the school. We thank Kathi for all of her hard work and wish her well in her new endeavor.

On October 14, 2008, we held a town meeting to discuss changes being contemplated to the class teacher loops in grades 1-8. In the *Weekly* of October 20, 2008, there was an article which provided a summary of the discussions at the meeting and an article by Donald Bufano explaining the looping system in Waldorf schools. The Collegium is asking that anyone who has a question about the proposed changes use the "Communication and Concern..." forms found in the lobby of both buildings, and that these forms be returned before Friday, November 14. The Collegium will answer all questions following the format described on the "Communicating a Concern....." form, and will publish the answers to any questions in the *Weekly*. Let us know what you're thinking.

Larry Snyder

Thanks for some great lunches!

Many, many thanks to parents for the delicious lunches we had last week. We loved the homemade pumpkin pie, strawberries, delicious broccoli salad, warming

chili, great bread, and other dishes too numerous to mention. It seemed as if every time we turned around, another new treat was placed before us. It is

truly heartwarming to be the recipients of such bounty. We were fueled to go all afternoon! Thanks again.

Faculty and Staff

New Children's Garden student

Please welcome Konstanty Schiavone to the Rose Room, and add this family information to

your school directory: Daniel Schiavone/Elizabeth Lipinski, 244 S. Highland

Avenue, Baltimore 21224; 410-675-6329.

Contact information for School Chairs

Upper School Chair: Donald Bufano, dbufano@twbsb.org; 410-367-0647

Middle School Chair: Ed Meade, emeade@twbsb.org; 410-367-6808 ext 365

Lower School Chair: Noris Friedman, nfriedman@twbsb.org; 410-367-6808 ext 371

Children's Garden Chair: Charlotte Landgraf, cdlandgraf@hotmail.com; 410-664-7714

Administrative Chair: Larry Snyder, lsnyder@twbsb.org; 410-367-6808 ext. 201

Upper school team engineers a win with toothpick bridge

On Saturday, November 1st, the first annual TRAC design build contest took place at Morgan State University. Using only wooden matchsticks and glue, student teams from many schools built bridges which they brought to the contest. There was a range of designs, and the bridge weights varied from 25 grams to 259 grams. Level 1 (8th and 9th grades) bridges had to span 10 inches; level 2 (9th and 10th grades) had to span 15 inches; and level 3 (11th and 12th grades) spanned 18 inches. The bridges were supported on two 2x6's and loaded in the middle of the roadway by a block with a hook and chain on which the weights were loaded. All bridges were tested to failure; the last weight they supported before failure was divided by the bridge's

weight to rank the teams.

Our team, Waldorf High 3, won 1st place in the 9th and 10 grade contest for their bridge, which supported 82 pounds. The actual weight of the bridge itself was 109 grams (less than 1/4 of a pound). Believe me, it was exciting and surprising to see that something so light could support so much weight, even if only for 5 seconds. Our bridge showed some deformation before it actually broke into three pieces. It was a close race, as we had to support more than 77 pounds to take first place.

Our team spent many long weekend hours and lunch periods working together these past 3 weeks. Congratulations to Chelsea Moss,

Chelsea Connor, and Grace McClintock who demonstrated enthusiasm, problem solving, and good teamwork. They won a trophy for our school, and each will receive a \$200 savings bond. Thanks to Carole Breen for scouting craft stores for supplies; to Joe McClintock for his advice, help, and his strong arms that stacked the weights under the load frame for testing; to Michael Moss and Larry Snyder for helpful suggestions; and to Jean Engelke, who helped weigh the bridge on the stamp scale. Thank you also to Kathi Paradiso, who photographed the bridge before it was broken. The contest was run by the State Highway Administration.

Kathy Breen
Middle and Upper School Math

Growing! Growing! Gone! The Chesapeake Bay and the myth of endless growth

Please join us for an evening with Tom Horton on Wednesday, November 5 at 7:00 p.m. Renowned for more than 30 years of writing about environmental issues, Horton is author of eight books on the Chesapeake Bay, including *Bay Country*, winner of the John Burroughs Medal Award for nature history writing, and *An Island Out of Time*. His writing has

appeared in the *New York Times*, *National Geographic*, *Rolling Stone*, *Audubon* and *Smithsonian*.

Horton says we're growing too fast, with too many human beings already living—and driving—in the Chesapeake watershed. He asks: what would it really take to recapture the glory of the Chesapeake environ-

ment? Could better management and technology enable the human population and economy to grow forever AND assure a sustainable quality of life in which there is room for the rest of nature?

This promises to be an evening of cutting edge environmental debate and research. \$5.00 will be collected for this event at the door.

Elementary and Children's Garden Lantern Walks

Elementary: November 14, 6:30 p.m.

The days are growing shorter, frost has covered the ground, and the garden is nearly ready for its winter sleep. With the dimming light and chilling air, we now must kindle a spark of light within so that we may meet the coming winter with warmth of heart and soul. We celebrate this transitional season by remembering the heart warming story of St. Martin of Tours, a Roman soldier who reputedly cut his large cloak in half to clothe a freezing beggar on a bitterly cold winter night. During this

season of Martinmas, we celebrate his selfless deed and recognize the inner light that shines within each one of us.

Please join the children of the Waldorf School grades 1-4 as we re-enact the story of St. Martin with a short play presented by the Fourth Grade. The festival will take place on November 14 at 6:30 in the evening. Classes will gather in their rooms before the walk begins, prepare to process outdoors singing, watch the Martin play, and then pro-

ceed with lighted lanterns to the woodland path. There we will be serenaded by groups of woodland gnomes and follow a trail of brightly lit luminaries, all the while inhaling the crisp autumn air and reflecting on Martin's acts of kindness and love.

Class teachers will be in touch with you if there are any special directions or responsibilities. See you then!

Laura Trosch
Chair, Festivals Committee

Children's Garden: November 14, 5:00 p.m.

November 14, 5:00 p.m.
Rain date: November 21, 5:00 p.m.

The dark of autumn is setting in. The fiery colors will fade and fall in November. The mood of autumn turns inward. This is the time for festivals that greet the darkness with courage, and give confidence that there is a light which guides and protects us.

In many countries, there exist mid-autumn traditions connected with the theme of light and fire. Tihar festival in Nepal, more commonly known as Dewali or Deepavali in the West, is one such festival. The people of Nepal decorate their homes and businesses with colorful

lanterns. The Lantern Festival or Moon Cakes Festival in China is celebrated around the time of the autumnal equinox when the moon is the brightest. Halloween, Guy Fawkes, and St. Martin's are a few European traditions. They all include an element of lighting a fire, a candle or a lantern.

Halloween, a tradition within this season of autumn and Michaelmas, dates back to Celtic times when it was thought that the departed souls returned to Earth. In the 10th century, it became a Christian festival, All Hallows Eve, the Eve of All Saints' Day, November 1. (*Festivals, Family and Food*, Haw-

thorne Press).

The spookiness of our modern Halloween is very real for the young children. Halloween gives us the opportunity to meet fears we carry about the dark and dark things through fun within the safety of our family. It is only fitting that after chasing the spooks of Halloween we celebrate the victory of the goodness and light. The **Lantern Walk** is a wonderfully positive and light filled follow-up. With family and friends we parade our lanterns through the darkness.

If weather is questionable, please call 410-664-7714 to find out if we will postpone until the rain date.

Tamarind Building art gallery display

Every year at this time of the year we have a wonderful display in the Gallery space in the Tamarind Building of work by our seventh

and eighth grades and the upper school students. This year's art is particularly beautiful and inspiring. Please stop by and enjoy.

Edna Emmet
(Lower School Art Teacher)
Brenda Wolf Smith
(Upper School Art Teacher)

Scrip news

When you shop online, do you know you could be raising funds for WSB by logging on to www.schoolpop.com and www.escrip.com? And that by using your Scrip cards at these sites, you can accomplish your personal goals and double the contribution to WSB? For instance, you could go to www.schoolpop.com, select Waldorf School of Baltimore as your donation school, and then link to Amazon. WSB would get an additional 2% for your choice to shop through schoolpop or escrip. There is nothing like getting 4% for using that Amazon Scrip card and an additional 2% for shopping via www.schoolpop.com. It all adds up.

One WSB parent says: "My family just enrolled in this program this year, and I am using www.schoolpop.com for my online shopping along with www.escrip.com. Escrip doesn't have Target and Amazon—where I often shop—so I was glad to find schoolpop.com, which does. Sometimes I shop at the site that offers the bigger percentage to WSB. If you shop online at other stores, check out both schoolpop and escrip and see which may work better for you."

THE HOLIDAYS ARE JUST AROUND THE CORNER!

Need **gift cards** for the holidays? Remember to place your orders by **December 5** to get Scrip for Christmas, Chanukah, and Kwanzaa. Place orders for Scrip not available in the Plaza on Fridays: gas cards, Amazon, Old Navy, Wal-Mart, cards for restaurants WSB doesn't normally carry, etc. And don't forget about holiday shopping cards, like

iTunes, AMC movies, L.L.Bean, Lands End, Bath and Body Works, Bed, Bath & Beyond, etc.

Additional Bonus offerings for the holidays

Total Access Phone Card is offering an additional Bonus beginning November 1st until December 26th. That is an addition 2% contribution for a 675-minute phone card. So the contribution for the holiday is 17% instead of the usual 15%.

The **Home Depot** Contribution increase from 3% to 4% on all denominations is effective immediately.

T.G.I. Friday's® offers a 1% additional Bonus Offering from November 1st through December 5th—our deadline for holiday Scrip orders. That means T.G.I Friday's is contributing 10% instead of the regular 9% during this period.

JCPenney has a 1% additional Bonus Offering from November 1st through November 28th. Instead of the normal 5% contribution, JCPenney is contributing 6% instead during this period.

BedandBreakfast.com has a 5% additional Bonus Offering from November 1st through December 31st. That means BedandBreakfast.com is contributing 15% instead of the normal 10% during this period.

L.L.Bean is offering an extra 2% Bonus Offer beginning October 25th until December 12th. That is a 17% contribution instead of the regular 15% contribution.

Cabela's World Foremost Outfit-

ter is offering a 3% Bonus Offer from October 25th to November 28th—a 15% contribution instead of the normal 11% contribution.

Special Edition **Holiday Gift Card Wrappers**—All New Designs: sixteen wrappers for \$5.60 with a 20% discount for WSB. Go to www.glscrip.com.

UPCOMING DEADLINES FOR ORDERING SPECIAL SCRIP

- November 7 and December 5

Scrip Wrap-Up (Week of 10/24/2008)

Scrip sold: \$2500.00

WSB profit: \$120.45

And thanks for all your fund-raising efforts for WSB!

Holiday Fair Book Sales

We would love to have a book sale again this year, but we need your old children's books. There are boxes in each building waiting to be filled. This is a great booth each year at the Holiday Fair. Everyone enjoys getting new gently used books for under a \$1.00. Like last year the book sales booth will be with the scrip table in the Multi-purpose room. But without your books we will not have anything to offer. And don't worry, after the fair all the unsold books are donated to a great charity.

*Gail Kurek,
Claire Dorsey,
and Sherry Frick,
your Scrip Team*

The missing flute has been found. Thanks for all your thoughts and help.—Alice Ike (Vincent, 6th)

Children's Garden parents: meet and talk with Carol Steil about the philosophy of Waldorf education

You know your young children are thriving in the Children's Garden. Find out how their days are laying the foundation for their future intellectual work, from first grade through the high school years. On two upcoming Tuesdays (November 11 and No-

vember 18), Carol Steil will be available at drop-off time (8:30-9:00 a.m.) in the Children's Garden foyer to talk with parents interested in understanding more about the philosophy that inspires Waldorf Education. Mrs. Steil is currently the eighth grade

teacher, and has been a teacher at the school for 30 years. She looks forward to discussing your children's education with you.

Therapeutic Eurythmy, Block II

It is time to sign up for the second block therapeutic eurythmy. First payments will be due before the Winter Holidays, on or before December 10th. There will be 10 sessions in this shortened five-week block. (The block is shorter because of when our mid-winter break

falls.) The cost is \$30 per session for a total of \$300 for the block.

If you would like to have your child take part in this program, please call or write me a note. Financial aid is limited and if you would like to receive it, please make a written request. This would need to be in

before November 28th. Any requests received after November 28th may not be able to be honored.

I would also like to thank those parents who have had their children in the first block of the year. It has been a pleasure working with them.

Virginia Efta

Theosophy study group

Just a reminder: there is a study group, made up of parents, teachers, and friends of WSB, reading *Theosophy* at the home of Edna Emmet (lower school art teacher) in Mt. Washington. The group

meets every other week. *Theosophy* is a book written by Rudolf Steiner describing the spiritual building of the human being. This book can deepen one's understanding of Waldorf Education as well as that of the child and the self. We

are half way in the book, but we welcome new members. If you would like to join, please call Edna K. Emmet at 410-578-0615.

Student Council bake sale continues on Wednesday

Watch out for home baked goodies!!! Treats for all the family, Wednesdays after school

The Student Council will be running bake sales as a fund raiser for the Fall Dance. Please support their

efforts by buying their baked goods after school on:

- November 5th
- November 12th

All proceeds will go towards fund-

ing the dance. The dance itself will be a food drive as well as a social activity. Food collected will go to those in need at Thanksgiving.

Holiday Fair is coming sooner than you think!

Student vendors apply now

All Students! Holiday Fair Student Vendor Application forms are now available through Jean Engelke. We look forward to seeing your

wares at the Fair. Please return forms as soon as possible. If you have questions please contact either Jo Keller, 410-323-7761, or

jojomauk@gmail.com; or Alex Williams, 410-370-0114, or addie11@comcast.net.

Musicians needed for the Fair

The Holiday Fair is coming! This is the major event each year in which the Waldorf School of Baltimore showcases our wonderful community and approach to education. Each year we feature live music on the "main stage" in the multi-purpose room and in the Elementary School lobby. This is a great opportunity for our students, faculty,

instrumental music instructors, alumni, and parents to perform. We'd like to fill as many slots as we can on December 6 with performers from our community.

Please contact Brent Flickinger at brentflick@verizon.net or 410-367-1777 if you would like to help coordinate the scheduling of musical acts (it's fun!) or if you are those

you know in our circle would to willing to perform from 15 minutes to an hour.

I look forward to hearing from you soon.

Brent Flickinger
(Emmie, 10th, Sequoia, 7th)

Holiday Fair to include a silent auction

This year's Holiday Fair will include a Silent Auction and we are looking for items or experiences that you would love to bid on for a family member or friend, or for yourself! Do you own a business or patron-

ize a business that could donate services? Do you have a special talent for creating? Could you donate a special handmade something? Things that money alone cannot buy are always great fund-

raisers. Please e-mail Kathi Paradiso (kparadiso@twbsb.org), Jo Keller (jojomaUK@gmail.com) or Alex Williams (addie11@comcast.net) if you have an idea. Thank you! The Holiday Fair team.

Crafts and Conversation

Calling all fellow crafters, those with no experience and those with plenty--Crafts & Conversation is back! The aim is to support our school by creating community and by creating things of beauty to show

and sell at various events throughout the year. We will meet in the MPR (multi-purpose room) of the Yellowwood building on Tuesday mornings from 8:30 a.m.-10:30 a.m. starting November 4th. Babies and

toddlers are welcome, as are other members of our wider community.

Periodically, new craft techniques will be taught in special workshops. Spread the word--we'll see you there!

Alumni news

Ayla Zeimer (Class of 2001) is a senior at Oberlin College, majoring in Environmental Studies and Sculpture in wood. She is a finalist of MOCA (Museum of Contemporary

Art) in Cleveland. She has 6 pieces of sculptures on display as well as an article about her work. Congratulations—making the woodwork

projects and the stool in 8th grade at WSB must have given her a good foundation!

Edna K. Emmet

Community notes

Even in this economy, people are buying or selling houses. If you would like advice or assistance, please contact Brent Flickinger of City Life Realty at bflickinger@cityliferealty.net or 410-428-3627. In our company, "We love where we live." I will donate 10% of any commission to the Waldorf School. ♦

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Monthly Peace Circle: Second Sunday of the Month with the next Circle on November 19. Following dates will be on **12/14 and 1/11**. Time is 3-5 p.m. Beginners welcome. Dances of Universal Peace are heart-felt, healing, fun, community-building, with simple movements. Words to the simple songs come from many spiritual traditions around the world and from Sufi poetry by Rumi and Hafiz. Singing circle or live hammer dulcimer tunes during the break. Looking for more musicians to play as we move—written sheet music available (call Peggy to arrange). Near Catonsville at the Westchester Community Center, 2414 Westchester Ave., Ellicott City, MD 21043, 30 minutes from

the Waldorf School. Young people are welcome to play quietly or weave in and out of the Circle, or play in the outdoor playground and fields. Wear layers: outside Circles held when weather allows. Donation requested to pay for the space we use; \$6 suggested. Followed by pot-luck dinner, optional, around the corner at our home. For directions, see www.oella.org. For more information see www.peacedance.org. For questions call Peggy (Naji, 7th) 410-465-1914. ♦♦

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Gerry Paradiso (Chelsea, Class of 2007; Michael, 6th) is pleased to announce the publication of his first book, *The Job Factor*. It is available on-line via Amazon.com as well as Barnes and Noble (bn.com). The story is a personal one about Gerry and some of the ups and downs he and his family have had, as well as his personal faith journey—one he is still on, by the way! If you'd like to know more about this book check out his website: <http://www.gerryparadiso.com>. ♦♦♦

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Waldorf Exhibit Table at the Bioneers Conference needs volunteers! "Baltimore Bioneers 2008: Cultivating Change, Inspiring Solutions," Nov. 7-9th at MICA. Sign up to man the WSB exhibit table. Volunteer for a half-day, attend the conference that day for no charge. Contact Jennifer Downs at 410-542-5441 / jdownslac@gmail.com If you'd rather not volunteer, you can register for the full conference or one day on the website or make a scholarship donation to sponsor youth and community group attendees. Visit their website at www.cultivatingchange.org. ♦♦♦

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Baltimore Folk Music Society Family Dance, November 8 at St. Mark's on the Hill, 1620 Reisterstown Road, Pikesville. Family dance, 5-6:30; pot luck dinner, 6:30-7:30. All ages are welcome! We love to see three generations having a terrific time together. Admission: \$5 members, \$7 non-members; families: \$20 members, \$28 (maximum) non-members. For questions or to volunteer, please call Diane at 410-321-8419, or e-mail matchmaker2@comcast.net. ♦♦♦

Marketplace

Ina Grundmann, MD, will be practicing Integrative Medicine at Ruscombe Mansion beginning Nov. 3, 2008. She is trained as a Family

Physician, board-certified in Holistic Integrative Medicine and certified in Medical Acupuncture. Dr. Grundmann utilizes Functional Medicine,

Acupuncture, Herbs, Homeopathy and Anthroposophic Medicine in her treatments. She counsels her patients on nutrition and lifestyle modifi-

Marketplace (continued)

cation with the goal of optimizing health and wellness. Find a more detailed brochure at the Ruscombe Mansion (1st floor display area, main entrance). Office hours M-F. For appointments, call between 10am-1pm, 410-367-4075. ♦

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IKEA twin mattress and bed frame with bookshelf headboard, 43" high x 58" wide; two large drawers under bed; heather blue and green finish; excellent condition. Call Holly Howard, 410-664-2408. ♦

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For rent: beautiful house near the Waldorf School. This house in Mt. Washington is perfect for a family with three bedrooms and two full baths on Brambleton Road and is available now. Please contact Brent Flickinger of City Life Realty at bflickinger@cityliferealty.net or 410-428-3627 for more information. ♦

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Our family must give our three year old cat Quincy a new home because our new apartment allows only one pet. She is a calico and an absolute baby. She has been fixed and is updated with all of her shots. She loves attention and of course food. She would probably be best as an only cat with someone who can meet her demands for love. If you or anyone you know is interested in giving her a new home please contact Tami Moon at TamiHMoon@gmail.com. ♦♦

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For Rent: beautifully renovated Victorian rowhome on wonderful Charles Village street. Corner house with lots of light. 3 BR, 2 Ba. Large rooms, high ceilings, 2 new full bathrooms, claw foot tub, washer/dryer, beautiful eat-in kitchen, wood floors, new paint, mantle. Walk to farmer's market, Baltimore Museum of Art, JHU, Union Memorial, restaurants, stores. Big front porch, no back-

yard, great neighbors. Charles Village was recently named among top 10 neighborhoods in America! Go to <http://www.planning.org/greatplaces/index.htm> for details! Available beginning of November. Call Judith Geller (Jakob, 3rd; Rebekah Rose, Rose Room) at 410-243-5826 or email jgellersw@aol.com for more info. ♦♦

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Free to a good home: red metal bunk bed frame twin on top and double on bottom. Call Kathleen Breen, 410 664-2135, or mcclintockj@verizon.net. ♦♦

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Are you or your child dealing with fear, anxiety, sadness, sleeplessness, lack of confidence, social problems, or an inability to focus? Are you wondering about your path in life or unable to let go of traumas from the past? These are just a few of the issues that flower essence therapy can address in a gentle, non-invasive way. Annette Laugel-Schloss, LMT, (Ariel, 2001; Ethan, 2004) makes custom flower essence formulas to help children, adults, and pets cope with, shift and grow through their life's journeys and obstacles, allowing them to discover their true authentic Selves from the inside out. A 15% discount will be offered for the first appointment for anyone in the Waldorf Community. For more information, call Annette at 443-570-7859. Are you suffering from neck/shoulder/back problems but can't afford a full-body massage? Consider trying a Myokineshthic System treatment. The Myokineshthic System is an efficient, problem-specific soft tissue approach to correct slight misalignments (not true bone ubluxations) caused by chronic/acute muscular tension, resulting in the habitual over-firing of root nerves. The treatments com-

municate to the root nerves that they can relax and re-set, then allowing the muscles to relax. This system was developed by chiropractor Dr. Michael Uriarte who trains massage therapists, physical therapists, and chiropractors all over the country to do this work. The treatments are 10-20 minutes long and you remain seated and fully clothed. This can be a full treatment in-and-of itself, or combined with a neck/back or full-body massage (different rates would apply). A 15% discount will be offered for the first appointment for anyone in the Waldorf community. Annette has both Mt. Washington and Lutherville office locations. For more information or an appointment, call Annette Laugel-Schloss, LMT at 443-570-7859. ♦♦

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Have your children outgrown their kitchen play sets or other Waldorf items (i.e. doll cart)? I'm in search of such items for my daughter and would like to buy them from you. Please contact Megan Steinbeck via e-mail: megansteinbeck@aol.com or 410.210.5208. Thank you. ♦♦

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Dragon Turtle Arts Presents: Pre-Lunch Tai Chi and Qigong at Ruscombe. Bob Darlington will be teaching Tai Chi and Four Minute Qigong every Tuesday and Thursday morning, 10:30 a.m.-11:30 a.m. in the Ruscombe Mansion Community Health Center Community Room, starting Tuesday, November 4. Come and learn Tai Chi and Qigong in a relaxed environment, and stay at Ruscombe for a terrific vegetarian lunch. Only \$10 per class, no contracts or commitments required. Home practice DVD's are available. For more information, please email: howlinfido@aol.com, or call 410-340-5551. ♦♦♦

Waldorf School of Baltimore
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Baltimore, MD 21209