



November 10, 2008

## What's Going On...

Monday, November 10  
 Experience Second Grade  
 Eurythmy with Noris Friedman  
 Eurythmy Room, 8:30 a.m.

Tuesday, November 11  
 Talk with Carol Steil  
 Children's Garden foyer  
 8:30-9:00 a.m.

Tuesday, November 11  
 Crafts and Conversation  
 Children's Garden  
 Multipurpose Room  
 8:30-10:30 a.m.

Wednesday, November 12  
 Student Council Bake Sale

Friday, November 14  
 Children's Garden Lantern Walk  
 5:00 p.m.

Elementary St. Martin's Play  
 and Lantern Walk  
 6:30 p.m.

Monday, November 17  
 Experience Second Grade  
 Painting with Edna Emmet  
 Art Room, 8:30 a.m.

Tuesday, November 18  
 Crafts and Conversation  
 Children's Garden  
 Multipurpose Room  
 8:30-10:30 a.m.

Monday, November 24  
 Experience Third Grade  
 Eurythmy with Noris Friedman  
 Eurythmy Room, 8:30 a.m.



## From the desk of the Administrative Chair

It gives me great pleasure to announce that Rüdiger Ruckmann will be joining the staff as the Administrator of Development December 1. Rudiger has been at the school on a part-time basis as both the middle school and upper school German teacher for 8 years. He has over 18 years of experience in development and communications work. In his role, he will be in charge of the work of the Development Office, as well as continuing to teach German in the upper school.

This past Sunday we held our all-school open house. It was attended by 40 families, who were treated to different aspects of our curriculum. In the Children's Garden, they were shown examples of how we use movement in the curriculum and how we use making bread to introduce social conversation, math, and science; in the lower school they saw how we approach reading and writing, mathematics, German, and botany. In the middle school they were shown mathematics, language arts, the science of combustion, and our approach to the humanities. In the upper school they had the opportunity to observe classes in science, mathematics, and the humanities. Assisting us in our work were numerous student volunteers from the upper school who acted as guides, greeters, and provided assistance with childcare. The visitors were treated to music provided by several middle school students. We also had the support of a number of parent volunteers of current students, parent volunteers of alumni and members of the Board of Trustees. The work of everyone who participated provided a positive experience for those who visited our school.

On Friday of this week we will have two lantern walks. The first will be with the families of the children in the Children's Garden beginning at 5:00 p.m. They will gather on the field adjacent to the Yellowwood Building, and after the lanterns that the children have made are lit they will walk with their families through the bird sanctuary. At 6:30 p.m. the students in the 4th grade will present their Saint Martin's pageant on the playground behind the Tamarind Building, which will be followed by a walk on the path through the woods adjacent to the playground. Please try to join us for these activities.

Larry Snyder

## Meet and discuss Waldorf education

You know your young children are thriving in the Children's Garden. Find out how their days are laying the foundation for their future intellectual work, from first grade through the high school years. On two upcoming

Tuesdays (November 11 and November 18), Carol Steil will be available at drop-off time (8:30-9:00 a.m.) in the Children's Garden foyer to talk with parents interested in understanding more about the philosophy that

inspires Waldorf Education. Mrs. Steil is currently the eighth grade teacher, and has been a teacher at the school for 30 years. She looks forward to discussing your children's education with you.

## Contact information for School Chairs

Upper School Chair: Donald Bufano, dbufano@twsb.org; 410-367-0647

Middle School Chair: Ed Meade, emeade@twsb.org; 410-367-6808 ext 365

Lower School Chair: Noris Friedman, nfriedman@twsb.org; 410-367-6808 ext 371

Children's Garden Chair: Charlotte Landgraf, cdlandgraf@hotmail.com; 410-664-7714

Administrative Chair: Larry Snyder, lsnyder@twsb.org; 410-367-6808 ext. 201

## Scrip news

### THE HOLIDAYS ARE JUST AROUND THE CORNER!

Need **gift cards** for the holidays? Remember to place your orders by **DECEMBER 5** to get Scrip for Christmas, Chanukah, and Kwanzaa. Place orders for Scrip not available in the Plaza on Fridays: gas cards, Amazon, Old Navy, Wal-Mart, cards for restaurants WSB doesn't normally carry, etc. And don't forget about holiday shopping cards, like iTunes, AMC movies, L.L.Bean, LandsEnd, Bath and Body Works, Bed, Bath & Beyond, etc. Check out the list below for companies that are new Scrip vendors (\*) or are offering bonus contributions during the holiday seasons.

#### **Additional Bonus offerings for the holidays:**

**Bath & Body Works**—an extra 5% Bonus Offer from November 8 to December 12. That is 18% contribution instead of a 13% contribution. **BedandBreakfast.com**—a 5% additional bonus offering from November 1 through December 31; BedandBreakfast.com is contributing 15% instead of 10% during this period. **Cabela's World Foremost Outfitter**—a 3% bonus offer from October 25 to November 28; a 15% contribution instead of an 11% contribution. **Dell** joins GLSC's retailer list just in time for the holidays, offering a 4% contribution. *Remem-*

*ber you can go to [escrip](#) when you order online and WSB gets an additional 2.5%. **Dick's Sporting-Goods** has increased their contribution to 8% starting Nov 8. **Gap** offers an extra 2% bonus offer from November 8 to December 5—an 11% contribution instead of 9%.*

**JCPenney** is giving a 1% additional bonus offering from November 1 through November 28—a 6% contribution instead of 5%. **Home Depot** gives a contribution increase from 3% to 4% on all denominations, effective immediately.

**L.L.Bean** is offering an extra 2% bonus offer beginning October 25 until December 12—17% instead of 15%. **\*Overstock.com** joins GLSC's retailer list in \$25 denominations with an 8% contribution. **T.G.I. Friday's®** is giving a 1% additional bonus offering from November 1 through December 5—10% instead of 9% during this period. **Total Access Phone Card:** beginning November 1 until December 26, an additional 2% contribution for a 675-minute phone card—the contribution for the holiday is 17% instead of 15%. **\*Zappos.com** joins GLSC's retailer list in \$25 denominations with an 8% contribution. They currently stock more than 3 million shoes, handbags, clothing items and accessories from over 1,100 brands. **Special Edition Holiday Gift Card Wrappers**—all new designs: sixteen wrappers for \$5.60

with a 20% discount for WSB. Go to [www.glscrip.com](#).

### UPCOMING DEADLINES FOR ORDERING SPECIAL SCRIP

#### • DECEMBER 5

**Scrip Wrap-Up**  
(Week of 10/31/2008)

**Scrip sold (\$125.00)**  
**WSB profit: \$5.25**

And thanks for all your fund-raising efforts for WSB!

### WE NEED YOUR CHILDREN'S BOOKS

**We would love to have a book sale again this year, but we need your old children's books.** Boxes in each building are waiting to be filled. This is a great booth each year at the Holiday Fair. Everyone enjoys purchasing gently used books for under a dollar. Like last year, the book sales booth will share the Scrip table in the Multi-purpose room. But without your book donations we will have limited offerings. And don't worry—after the fair, all the unsold books are donated to a great charity.

*Gail Kurek,  
Claire Dorsey,  
and Sherry Frick,  
your Scrip Team*

## Earthen oven

Long ago, villages had their own community ovens. People would bring their bread, pies, and cakes to this community oven to be baked. For the last two months, the Third Grade has been working hard on building a community oven for our school. We started our project by digging a hole two feet down in the ground, below the frost line. We filled the hole with gravel and tamped it down. On top of the gravel we built a foundation of concrete block and stone that we mortared together with sand and clay. On top of the foundation we laid an insulating layer of clay, woodchips, and bottles. This created air pock-

ets to keep the heat near the oven center. We set fire bricks on top of the clay for our hearth, and then built a wet sand dome as a form for the oven walls. Around the sand form we packed three layers that total 10 inches thick. First is a dense layer of clay and sand, then a cob layer of clay, sand, and straw, and last a plaster layer of clay, sand, shredded straw, and four paste. This last layer was to protect the oven. A door hole was cut in the oven after the first layer was completed and all of the sand was carefully pulled out. This past Friday we completed our work on the oven, sculpting designs in it and adding

crystals. This coming Friday (November 14) we are planning on firing up the oven and baking in it for the first time. We hope that it will be an asset to the school community and will be enjoyed for years to come. Please come and see our oven, located behind the school near the basketball court. Many thanks go out to Bill Good, Hank Bauer, Avi Friedman, Alexandra Arnold, Edna Emmet, Pieter Kuypers, Emlyn Stancill, Jean Engelke, and all the parents in the third grade for making the oven possible.

Christine Good

## Holiday Fair to have a Silent Auction

This year our upcoming Holiday Fair (Saturday, Dec. 6<sup>th</sup>) will feature a fabulous silent auction. For this effort the committee is looking for donations of good and services to auction. This is your opportunity to be really creative! New items of most any kind are, of course, gratefully accepted. BUT . . . are you a

wizard at cutting hair; baking cakes; changing oil in a car; preparing a gourmet meal; babysitting; dog training or pet sitting; guitar, knitting, or language lessons? Does your employer make or sell something which could be donated (tax deductible!)? You get the idea! Attached to the *Weekly* is a form to be completed and returned detailing

the way in which you'd like to help. Questions? E-mail Holiday Fair Coordinators Alex Williams ([addie11@comcast.net](mailto:addie11@comcast.net)) or Jo Keller ([jojomauk@gmail.com](mailto:jojomauk@gmail.com)) for answers or guidance. Get ready for the best Holiday Fair ever!

Marc Silverman  
for the Waldorf Community Alliance

## Musicians needed

The Holiday Fair is coming! This is the major event each year in which the Waldorf School of Baltimore showcases our wonderful community and approach to education. Each year we feature live music in the multi-purpose room and in the Elementary School lobby. This is a great opportunity for our students,

faculty, instrumental music instructors, alumni, and parents to perform. We'd like to fill as many slots as we can on December 6 with performers from our community.

Please contact Brent Flickinger at [brentflick@verizon.net](mailto:brentflick@verizon.net) or 410-367-1777 if you would like to help coor-

dinate the scheduling of musical acts (it's fun!) or if you or are willing to perform from 15 minutes to an hour.

I look forward to hearing from you.

Brent Flickinger  
(Emmie, 10<sup>th</sup>, Sequoia, 7<sup>th</sup>)

## Elementary St. Martin's Play and Lantern Walk

The days are growing shorter, frost has covered the ground, and the garden is nearly ready for its winter sleep. With the dimming light and chilling air, we now must kindle a spark of light within so that we may meet the coming winter with warmth of heart and soul. We celebrate this transitional season by remembering the heart warming story of St. Martin of Tours, a Roman soldier who reputedly cut his large cloak in half to clothe a freezing beggar on a bitterly cold winter night. During this season of Martinmas, we celebrate

his selfless deed and recognize the inner light that shines within each one of us.

Please join the children of the Waldorf School grades 1-4 as we re-enact the story of St. Martin with a short play presented by the Fourth Grade. The festival will take place on November 14 at 6:30 in the evening. Classes will gather in their rooms before the walk begins, prepare to process outdoors singing, watch the Martin play, and then proceed with lighted lanterns to the

woodland path. There we will be serenaded by groups of woodland gnomes and follow a trail of brightly lit luminaries, all the while inhaling the crisp autumn air and reflecting on Martin's acts of kindness and love.

Class teachers will be in touch with you if there are any special directions or responsibilities. See you then!

Laura Trosch  
Chair, Festivals Committee

## Children's Garden Lantern Walk

November 14, 5:00 p.m.

Rain date: November 21, 5:00 p.m.

The dark of autumn is setting in. The fiery colors will fade and fall in November. The mood of autumn turns inward. This is the time for festivals that greet the darkness with courage, and give confidence that there is a light which guides and protects us.

In many countries, there exist mid-autumn traditions connected with the theme of light and fire. Tihar festival in Nepal, more commonly known as Dewali or Deepavali in the West, is one such festival. The people of Nepal decorate their homes and businesses with colorful

lanterns. The Lantern Festival or Moon Cakes Festival in China is celebrated around the time of the autumnal equinox when the moon is the brightest. Halloween, Guy Fawkes, and St. Martin's are a few European traditions. They all include an element of lighting a fire, a candle or a lantern.

Halloween, a tradition within this season of autumn and Michaelmas, dates back to Celtic times when it was thought that the departed souls returned to Earth. In the 10<sup>th</sup> century, it became a Christian festival, All Hallows Eve, the Eve of All Saints' Day, November 1. (*Festivals, Family and Food,*

Hawthorne Press).

The spookiness of our modern Halloween is very real for the young children. Halloween gives us the opportunity to meet fears we carry about the dark and dark things through fun within the safety of our family. It is only fitting that after chasing the spooks of Halloween we celebrate the victory of the goodness and light. The **Lantern Walk** is a wonderfully positive and light filled follow-up. With family and friends we parade our lanterns through the darkness.

If weather is questionable, please call 410-664-7714 to find out if we will postpone until the rain date.

## Holiday Fair student vendors apply now

All Students! Holiday Fair Student Vendor Application forms are now available through Jean Engelke.

We look forward to seeing your wares at the Fair. Please return forms as soon as possible. If you have questions please contact ei-

ther Jo Keller, 410-323-7761, or [jojomauk@gmail.com](mailto:jojomauk@gmail.com); or Alex Williams, 410-370-0114, or [addie11@comcast.net](mailto:addie11@comcast.net).

## Therapeutic Eurythmy, Block II

It is time to sign up for the second block therapeutic eurythmy. First payments will be due before the Winter Holidays on or before December 10<sup>th</sup>. There will be 10 sessions in this shortened five week block. The block is shorter because of when our mid-winter break falls. The cost is \$30 per session for a total of \$300 for the block.

If you would like to have your child take part in this program please call or write me a note. Financial aid is limited and if you would like to receive it, please make a written request. This would need to be in before November 28th. Any requests received after November 28<sup>th</sup> may not be able to be honored.

I would also like to thank those parents who have had their children in the first block of the year. It has been a pleasure working with them.

Virginia Efta  
410-258-7274 (H)  
410-367-6808 (S)  
vefta@twsb.org

## Community notes

Series at the Green Building Institute:  
**Where food comes from**, Tuesday, November 11<sup>th</sup>, 7-9 p.m.; **Grow your own: basic vegetable growing**, Thursday, November 13<sup>th</sup>, 7-9 p.m.; **Basic nutrition**, Tuesday, November 18<sup>th</sup>, 7-9 p.m.; **Practical tools for better eating**, Thursday, November 20<sup>th</sup>, 7-9 p.m. Talks are held at The Enviro Center, 7761 Waterloo Road, Jessup, MD 20794. For more information call 443-733-1234.♦

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Even in this economy, people are buying or selling houses. If you would like advice or assistance, please contact Brent Flickinger of City Life Realty at [bflickinger@cityliferealty.net](mailto:bflickinger@cityliferealty.net) or 410-428-3627. In our company, "We love where we live." I will donate 10% of any commission to the Waldorf School.♦♦

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Monthly Peace Circle: Second Sunday of the Month with the next Circle on November 19. Following dates will be on **12/14 and 1/11**. Time is 3-5 p.m. Beginners welcome. Dances of Universal Peace are heart-felt, healing, fun, community-building, with simple movements. Words to the simple songs come from many spiritual traditions around the world and from Sufi poetry by Rumi and Hafiz. Looking for more musicians to play as we move—written sheet music available (call Peggy to arrange). Near Catonsville at the Westchester Community Center, 2414 Westchester Ave., Ellicott City, MD 21043, 30 minutes from the Waldorf School. Young people are welcome to play quietly or weave in and out of the Circle, or play in the outdoor playground and fields. Wear layers: outside Circles held when

weather allows. Donation requested to pay for the space we use; \$6 suggested. Followed by pot-luck dinner, optional, around the corner at our home. For directions, see [www.oella.org](http://www.oella.org). For more information see [www.peacedance.org](http://www.peacedance.org). For questions call Peggy (Naji, 7th) 410-465-1914.♦♦♦

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Gerry Paradiso (Chelsea, Class of 2007; Michael, 6<sup>th</sup>) is pleased to announce the publication of his first book, *The Job Factor*. It is available on-line via Amazon.com as well as Barnes and Noble (bn.com). The story is a personal one about Gerry and some of the ups and downs he and his family have had, as well as his personal faith journey—one he is still on, by the way! If you'd like to know more about this book check out his website: <http://www.gerryparadiso.com>. ♦♦♦



## Marketplace

Treat yourself, your loved ones, and friends to a smoked salmon appetizer from Friedman Family Fisheries and start your Thanksgiving meal off the best way possible. Available in 3 delicious flavors, in a variety of sizes. One new customer wrote back to the effect that "this was the single best food item I have ever tasted in my entire life." Now, that's high praise, but there's a reason the first people to have tried our salmon back in 1990 are still buying it today. That reason is because it tastes good, it's clean and pure wild salmon from Alaska, and it's caught and processed single-handedly by me. Well, Mrs. Friedman and Celia help, too! I guess that's more than one reason. And think about this - you can't feed your family turkey the whole, entire weekend. Not if you want a happy family. So make it easy on yourself—serve them freshly frozen sockeye or king salmon which you've just cooked to perfection, and enhance your culinary reputation. Got questions? Want to order? Call Avi 410-358-3008, or email [triplef@qjs.net](mailto:triplef@qjs.net). ♦

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Dragon Turtle Arts Presents: Pre-Lunch **Tai Chi For Busy People** at Ruscombe. Bob Darlington is teaching this class every Tuesday and Thursday, 10:30 a.m. until 11:30 a.m. in the Ruscombe Mansion Community Health Center Community Room. Come and learn Tai Chi in a relaxed environment, and stay at Ruscombe for a terrific vegetarian lunch. Each class in only \$10, and there are no contracts or commitments required. Home practice DVD's are available. Spend two hours a week learning how to improve your health and reduce your stress. For more information, please email: [howlin-fido@aol.com](mailto:howlin-fido@aol.com), or call 410-340-5551. ♦

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Pregnancy Yoga Class starting at the Waldorf School of Baltimore on January 12, 2009. Pregnancy Yoga is a gift you give to yourself, your unborn child and your family. The classes

include: special stress management breathing exercises, warm-ups, flows and special postures for pregnancy, toning to help prepare for labor and birth, exercises to help eliminate common prenatal complaints, pelvic floor (Kegels) exercises, guided relaxation, support, sharing and discussions, and Yoga exercises to relieve tension, fatigue and stress. Pregnancy Yoga Class is time set aside for you to take care of yourself and your baby, to relax and renew yourself so you can be prepared for your days ahead. I have two classes to announce: Sundays at St. Joseph's Medical Center - in the St. Claire Building from 5:30 - 6:45p.m. (rolling admissions) Mondays at Waldorf School of Baltimore beginning January 12, 2009. Contact Jeanne Deignan-Kosmides, E-RYT-500 (Ariana, Class of 1998; Justin, Class of 2001), 410-833-6067, or [breathofjoy@hotmail.com](mailto:breathofjoy@hotmail.com) to answer questions and more information. Please share this information with all your pregnant friends. ♦

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Do you remember your first day of school? What do I when my child gets anxious each morning? What can parents do to help their children during difficult adjustment times? A group discussion for parents on Tuesday nights 7-8:15 p.m.; \$30 per session. Hilla Keren, LCSW-C, psychotherapy for children and adolescents. For more information and registration call 410-592-6332. ♦

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For Sale: Sunny and charming Cape Cod cottage with wood floors and trim, large windows, high ceilings, front porch and back deck, 3 BR, 1 BA, LR, DR, kitchen, large room for study, craft room, or children's play room, unfinished basement with second full bath, central heat and A/C, detached garage, off-street parking, and low maintenance, tree-lined yard, all tucked in welcoming Arcadia, high on a quiet hill. Walk to Red Canoe, Chameleon Cafe, and more. Asking \$210,000; please contact Victoria

Mansuri, frecklenosed-cat@gmail.com, 410-254-3639 (home), or 410-925-8532 (cell). ♦

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Ina Grundmann, MD, will be practicing Integrative Medicine at Ruscombe Mansion beginning Nov. 3, 2008. She is trained as a Family Physician, board-certified in Holistic Integrative Medicine and certified in Medical Acupuncture. Dr. Grundmann utilizes Functional Medicine, Acupuncture, Herbs, Homeopathy and Anthroposophic Medicine in her treatments. She counsels her patients on nutrition and lifestyle modification with the goal of optimizing health and wellness. Find a more detailed brochure at the Ruscombe Mansion (1st floor display area, main entrance). Office hours M-F. For appointments, call between 10am-1pm, 410-367-4075. ♦♦

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IKEA twin mattress and bed frame with bookshelf headboard, 43" high x 58" wide; two large drawers under bed; heather blue and green finish; excellent condition. Call Holly Howard, 410-664-2408. ♦♦

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For rent: beautiful house near the Waldorf School. This house in Mt. Washington is perfect for a family with three bedrooms and two full baths on Brambleton Road and is available now. Please contact Brent Flickinger of City Life Realty at [bflickinger@cityliferealty.net](mailto:bflickinger@cityliferealty.net) or 410-428-3627. for more information. ♦♦

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Our three year old cat Quincy needs a new home because our new apartment allows only one pet. She is a calico and an absolute baby. She has been fixed and is updated with all of her shots. She loves attention and of course food. She would probably be best as an only cat with someone who can meet her demands for love. Please contact Tami Moon at [TamiHMoon@gmail.com](mailto:TamiHMoon@gmail.com). ♦♦♦

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**WALDORF SCHOOL OF BALTIMORE**  
**Silent Auction Donation Form**

Description of Item(s): \_\_\_\_\_

Any Restrictions?: \_\_\_\_\_

Retail Price: \_\_\_\_\_

Donor Contact Name: \_\_\_\_\_

Daytime Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, and Zip: \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

Name of donor or company as it should appear in the Auction Program:

Please circle one:

- Item or Gift Certificate is enclosed
- Item or Gift Certificate will be delivered to the Waldorf School of Baltimore on \_\_\_\_\_.
- Gift Certificate to be prepared by the Waldorf School of Baltimore (please be sure to include all of the necessary information – restrictions, expiry date, how the item should be collected, etc.)

**We must receive all items and gift certificates no later than November 14<sup>th</sup>. Late items may not make it into the auction.**

Please fax your form no later than November 14<sup>th</sup> to 410-664-4221 Attn: Holiday Fair Auction

Please send items to:

Jean Engelke  
Waldorf School of Baltimore  
4801 Tamarind Road  
Baltimore, MD 21209