



Week of January 12, 2009

What's Going On...

Thursday, January 15
 Budget Process Meeting
 Eurythmy Room, 7:00 p.m.
(Please note change of venue)

Saturday, January 17, 2009
 Annual Civil Rights Brunch
 Noon-3:00 p.m.
 Multipurpose Room

Monday, January 19, 2009
 Martin Luther King, Jr. Day
 School closed

Wednesday, January 21
 All School Parent Evening
 6:30 p.m.

Monday, January 26
 Experience Sixth Grade
 Eurythmy with Noris Friedman
 Eurythmy Room, 8:30 a.m.



From the desk of the Administrative Chair

There have been a few calls to the office in the last week wanting to know if the school is going to close on January 20th for the presidential inauguration. School will be in session that day. The Upper School and Elementary School meetings are planning activities related to the events that day, which includes having the ceremony in Washington being shown on a big screen in the multipurpose room. The students will visit the multipurpose room to see the swearing in of the President and Vice President, and hear the President's inaugural address.

I also want to make you aware of some exciting events in the Upper School. Earlier in the fall, we announced that the school had been approved to accept foreign exchange students. At the beginning of this month, two students joined the Upper School for the next two months: Fabian von Luterotti, from the Waldorf Oberstufe Bozen-Scuola Superiore Waldorf in Bolzano-Bozen, Italy, and Manuel Razona, from Escuela Rudolf Steiner in Buenos Aires, Argentina. (Just in case you were wondering if we had introduced Italian into the curriculum, Fabian comes from a town in Italy near the Austrian border where German is the language used in the school.) Two of our students will be attending school in these two countries after the winter break in February—Leo Kern will be going to Italy, and Garrett Denzler and Chelsea Connor will be going to Argentina. Later in the year, another student from Buenos Aires will be joining us. If you see these students around the school, please welcome them.

You may also have noticed that the Upper School is smaller; that is because the entire ninth grade is attending school at the Waldorf School of Saratoga Springs in New York State. The students will be there attending classes until the end of January. Their main lesson is on thermodynamics, and is being taught by Michael D'Aleo, an experienced Waldorf upper school science teacher. Michael D'Aleo was one of the visiting master teachers who worked with our pioneer class last year. This year, his schedule would not allow another visit to our school, so arrangements were made for our students to go to his school. While they are there, our students are staying with the families of students in Saratoga

continued on p. 2

Look for pizza and bagel order forms on pp. 7 and 8!

Budget meeting: Thursday, January 15, 7:00 p.m.

As previously announced there will be a meeting to explain the budget process at the school. At this meeting, the Finance Committee will be

explaining how the budget is developed and what are critical issues in developing the budget for the 2009-2010 school year. **Please note that**

the meeting will be in the Eurythmy Room of the Tamarind Building and not in the multipurpose room of the Yellowwood Building.

Contact information for School Chairs

Upper School Chair: Donald Bufano, dbufano@twsb.org; 410-367-0647

Middle School Chair: Ed Meade, emeade@twsb.org; 410-367-6808 ext 365

Lower School Chair: Noris Friedman, nfriedman@twsb.org; 410-367-6808 ext 371

Children's Garden Chair: Charlotte Landgraf, cdlandgraf@hotmail.com; 410-664-7714

Administrative Chair: Larry Snyder, lsnyder@twsb.org; 410-367-6808 ext. 201

Therapeutic Eurythmy Block III

School has just begun and we must think of the next block of therapeutic eurythmy.

It will begin on February 23 and end on April 1 (no fooling!). There will be 11 sessions in the block for a

total cost of \$330. First payments will be due by February 9.

Financial aid is available and must be requested in writing (note or e-mail). My contact information is below. If you would have any ques-

tions, please feel free to contact me. I would be happy to speak with you.

Virginia Efta
410-367-6808 x 373

An invitation to reach out to hospitalized children

In celebration of our daughter's birthday we are asking our community to help **make life a little easier for the children on CMSC-6** of the Johns Hopkins Hospital. This is one of several pediatric units where our daughter has been treated and we'd like to show our appreciation by **remembering the children currently there**. Here is CMSC-6's **Wish List**:

*Good toys

- *New DVDs
- *Stickers (the big kind on a roll, like at the doctor's office)
- *Slippers
- *Underwear for toddlers and pre-schoolers
- *Bubbles and no-spill bubble tumblers
- *Doctor kits
- *Finger paints, markers, watercolors
- *Hair clips, ponytail holders, barrettes

- *Nail polish for little girls
- *Jewelry kits for little girls
- *Shampoo for kids
- *No-tangle hair spray

Please drop-off any items to **Jean Engelke or Sherri Kasky until the end of January.**

With gratitude,
A WSB Family
(Daphne Williams, CG)

From the desk of the Administrative Chair (continued)

Springs' upper school and attending all of the classes offered as well as the main lesson. This should be an exciting experience for our students

to visit and participate in an established upper school, so that they can see what our school will be like in a couple of years.

Larry Snyder

The Civil Rights Brunch is this Saturday—register now!

The Annual Civil Rights Brunch will be held on Saturday, January 17, 2009, from 12:00 noon until 3:00 p.m. This year's speaker is a member of our own community, Michelle Wright (Alexandra, Grade 8). Ms. Wright is an author and

educator, and will speak on the topic of "History as a Tool for Empowerment." We are very happy to have Ms. Wright for this year's event.

As always, the Civil Rights Brunch is a community event free to any-

one registered by January 12, 2009. Please contact Jean Engelke (410-367-6808 extension 200) to make your reservations. Child care will be available for children under 9 years. We hope to see you there!

Rudiger Ruckmann,

Upper School is looking for a television

The Upper School needs a television set for educational videos. If you have a decent set that you want to contribute, we would be glad to have it. It should be large for group viewing. Flat screen, even if not LCD, would be nice. We are asking for budgetary reasons as

well as because of the environmental impact of recycling electronics.

Additionally, we are looking for a copy of the PBS video "The Story of English" narrated by Robert McNeil of the McNeil-Lehrer Report. If you

have a copy, we would love to borrow it. Thanks.

Please contact Donald Bufano: dbufano@twsb.org or 410-367-0647.

Please note changes to Eurythmy and Watercolor classes

Ms. Friedman and Ms. Emmet are continuing to offer the sessions of Eurythmy and Watercolor painting experience through the grades. However, we have needed to make some changes in the schedule, due to Ms. Emmet's teaching responsibilities in the Upper School.

The course continues to take place in the Tamarind Building in the Eurythmy and Art rooms, Mondays, January to March, 8:30-9:30 a.m.

- January 5: 5th grade - Eurythmy
- January 12: 5th grade - Painting
- January 19: MLK Jr. holiday, no school, no class

- January 26: 6th grade - Eurythmy
- February 2: 7th grade - Eurythmy
- February 9: 8th grade - Eurythmy
- February 16: No school, no class
- February 23: No class
- March 2: 6th grade - Painting
- March 9: 7th grade - Painting
- March 16: 8th grade - Painting

Upper School basketball games coming up

The Wolves will be playing at Jemicy on Thursday, January 15, at 3:45 p.m.; Friday at home against the Washington Waldorf School,

time to be announced; and an extra weekend game against Gilman's Fresh-Soph team (at Gilman) on

Saturday, January 31, 3:30 p.m. Come cheer on our Wolves!

Eurythmy Assembly reminder

Just a reminder so people can mark their calendars. There are 2 eurythmy assemblies. The first one is on Friday, March 20, 2009, at 1:45

p.m. in the multi-purpose room. Grades 2, 4, 5, and 7 will perform. The second is on Friday, April 3, 2009, at 10:45 a.m. in the multi-

purpose room. The Upper School and Grades 1, 3, 6, and 8 will perform.

Thank you,
Noris Friedman

Put on your thinking caps for these puzzles! Ms. Breen brings you a Challenge Math Anagram

Take the phrase "counting down the days," remove four letters and rearrange the rest to spell the name of a 4-digit number.

If you would like to try a simpler

example, try the phrase "wet elves. Remove 2 letters and rearrange the rest to form a 2-digit number.

The first puzzle is from Weekend Edition and Will Shortz on NPR; the

second was created by Ms. Breen. Send in your answers to Ms. Breen through the office—you may get your name in the Weekly!

The Waldorf Community Alliance (WCA) will hold its next monthly meeting on Tuesday, January 20, 2009 at 7:00 p.m. in the Music Room of the Tamarind Building. All are welcome to attend.

Community notes

Dr. P.M. Forni, a well-known "civility guru" and an award-winning Johns Hopkins University professor, will speak on Thursday, January 29, at 7 p.m. in Gilman School's Alumni Auditorium. The event, sponsored by the Gilman Parents Association, is free and open to the public. Forni's remarks will offer practical advice on how to limit the occurrence of rudeness and its potential negative impact on everyday life. Among the topics covered will be the major arguments for choosing to be civil, the root causes of incivility and the ways to use civil behavior on the path to suc-

cess in life. Forni's 2008 book, *The Civility Solution: What to Do When People Are Rude*, has been described as a "self-defense manual" against rudeness. "Civility and good manners are areas of human behavior where altruism and self-interest merge," says Dr. Forni. "If we teach youngsters in all walks of life how to manage conflict with civility-based relational skills, we will have a less uncivil society and a less violent one."

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See Victoria Mansuri (former WSB class teacher) in Neil Simon's *London Suite* at Spot lighters Theatre. Friday

and Saturday, January 16-31, at 8:00 p.m., Sunday, January 19-February 1, at 2:00 p.m., and Thursday, January 29, at 8:00 p.m. This comedy promises a hearty guffaw. Adult language makes it appropriate for high school and up.

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Discover Engineering Family Day, February 21, 2009: Fun, with the thrill of engineering success! The annual Washington D.C. Engineering Family Day is enjoyed by over six thousand visitors to the National Building Museum every February. The festival features dozens of hands-on activities

Community notes (continued)

provided by local engineering chapters and national organizations. Every year at the start of Engineer's Week, the impressive main hall of the National Building Museum is taken over by thousands of children of all ages experiencing the excitement of engineering, not to mention slime!

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Monthly Peace Circle: Second Sunday of the Month with the next Circles on January 11 and February 8. Time is 3 -5 p.m.. Beginners welcome.

Dances of Universal Peace are heartfelt, healing, fun, community-building, with simple movements. Words to the simple songs come from many spiritual traditions around the world and from Sufi poetry by Rumi and Hafiz. Singing circle or live hammer dulcimer tunes during the break. Looking for more musicians to play as we move—written sheet music available (call Peggy to arrange). Near Catonsville at the Westchester Community Center; 2414 Westchester Ave: Elli-

cott City, MD 21043, 30 minutes from the Waldorf School. Young people are welcome to play quietly or weave in and out of the Circle, or play in the outdoor playground and fields. Wear layers: outside Circles held when weather allows. Followed by pot-luck dinner, optional, around the corner at our home. For directions, see www.oella.org. For more information see www.peacedance.org. For questions, call Peggy (Naji, 7th) 410-465-1914.

Marketplace

Healing, Relaxing, Meditative, Incredible! Hot Stone Massage with Bill Good, LMT, RMP. Husband of Christine Good, 3rd Grade Teacher. Bikram Yoga, Hampden, 410-243-2040 JHCP at Canton Crossing, 410-522-9940 Ext. 0. ◆

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For sale: LifeTime brand portable adjustable height basketball backboard system with large acrylic backboard. Only 1 year old and not used much (seriously, maybe 6 times). Sells new for \$300 +/-, but will sell for \$100! Presently partially disassembled for convenient moving; should take 2-3 hours to reassemble (assembly manual included). Please call Jim Denzler (Garrett, 10th), 410-831-1690. ◆

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For sale: Panasonic component stereo with turntable, CD player, tape player, radio, and speakers, plus case for the components. Old but has no problems (we got a new one). \$35 or best offer. Call Larry Snyder, 410-426-4069. ◆◆

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For sale: Ergo Baby Carrier: good condition, black with beige head cover; \$50 or best offer. Contact Kathy Vizachero, 443-552-7958. ◆◆

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Caring for Our Own at Death: two events at WSB. First, on Tuesday, February 3, 7-8:30 p.m.: A free introductory evening with Beth Knox of crossings.net. Includes a film made for Public Television, *A Family Undertaking*. Second, on Saturday, February 28, 9-5: A workshop on Home-based After-death Care, including a focus on green burial options. Includes practicalities, simple rituals adaptable to family and community, state laws, expenses, experiences. Cost: \$125 (includes workshop, resource guide, lunch, and snacks). Crossings is dedicated to renewing simplicity and sanctity to death care, demonstrating that home funeral care is still legal and possible. Contact Jennifer Downs, 410-367-8242; jdownslac@gmail.com; www.jenniferdowns.com. ◆◆

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Clothing alterations: men's, women's, or children's. Charge by hour or by garment; rates competitive with dry cleaner. Call Kimberly Field (former handwork assistant and mother of Lucretia, 5th), 410-366-5033. ◆◆◆

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Need that deck repaired? Trim work done inside? Woodworking specialist;

inside or outside work; repairs, door hanging; artistic work. Plenty of WSB references. Mark Chmura (uncle of Lucretia, 5th), 410-366-5033. ◆◆◆

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Free: 6 month old puppy to a good home. Tan, short-haired mutt who will grow to about 40 lbs. is friendly, does not damage property, and is good with children. He has shots, is neutered, and is house and crate trained. Owner is moving and can't take him with him. Please call 410-746-2177 and ask for Gyaltsen. ◆◆◆

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For rent: Spacious EOG brick home on Gilman Terrace in Wyman Park/Hampden area; easy walk to JHU and the Avenue. Four bedrooms, 1 1/2 baths, large covered front porch and fenced in rear deck, family friendly basement. Worth the \$1,500/ month to month lease. Available in January. Owned by WSB alum parent. Call agent at 410-444-6401. ◆◆◆◆



ATHENA

Sponsored Workshop

Nutrition and Therapeutic Eurythmy

Tuesday, January 13, 2009

From 7:00 p.m. to 10:00 pm in the Eurythmy Room

Presenters:

Peter Hinderberger, MD, PhD.

Virginia Efta, TE

This workshop is oriented towards parents concerned about their children's healthy food choices. We will discuss different forms of nutrition, the role of supplements, and the relationship between nutrition and school performance. We will look at nutrition related topics like leaky gut syndrome, hypoglycemia, glycemic index, glycemic load, genetically modified foods (GMO's), allergies, etc. There will be ample time for questions and answers.

The workshop will begin with a presentation on nutrition given by Dr. Hinderberger followed by participation in, and a discussion of, therapeutic eurythmy.

Everyone is welcome!

There will be light refreshments
courtesy of ATHENA.

(ATHENA is the Association for Therapeutic Eurythmists in North America. The Association has given a grant to make this workshop possible.)



BAGEL FUNDRAISER
ORDER FORM

FRIDAYS – 2/13/09 – 6/5/09

DUE FRIDAY, 1/23/09

Looking for a way to support the school and save time in the process? Well, we have the answer for you!!

The **Bagel Fundraiser** is an easy, convenient way for you to help raise money for the school's class trip fund by purchasing a bagel lunch for your child(ren) every Friday. Again, we've broken the school year into two pay periods to reduce paperwork. Bagels are \$2 each and there are 13 Fridays during the second pay period (we've thrown in one free day in case of absence.)

Order Forms For This Pay Period Are Due By FRIDAY, JANUARY 23RD! Please submit forms to either Jean Engelke (Tamarind Road Building) or Sherri Kasky (Yellowwood Road Building.)

BAGEL ORDER FORM (2/13/09 – 6/5/09)

\$2 each x # BAGELS X 12 FRIDAYS (1 bagel = \$24; 2 bagels = \$48)
(PL= Plain; CC = Cream Cheese; CR = Cinnamon Raisin)

Parent's Name: _____ Date: _____

Child's Name: _____ Date: _____

___ PL w/butter ___ PL w/CC ___ PL Dry ___ CR w/butter ___ CR w/CC ___ CR Dry

Child's Name: _____ Date: _____

___ PL w/butter ___ PL w/CC ___ PL Dry ___ CR w/butter ___ CR w/CC ___ CR Dry

Child's Name: _____ Date: _____

___ PL w/butter ___ PL w/CC ___ PL Dry ___ CR w/butter ___ CR w/CC ___ CR Dry

TOTAL ENCLOSED \$ _____ Please make check payable to "Waldorf School of Baltimore."
(You may combine payment for pizza and bagels.)

Submit by Friday noon via e-mail: csnyder@bcpl.net



PIZZA FUNDRAISER
ORDER FORM

WEDNESDAYS

2/4/09 – 6/10/09

DUE FRIDAY, 1/23/09

**Looking for a way to support the school and save time in the process?
Well, we have the answer for you!!**

The **Pizza Fundraiser** is an easy, convenient way for you to help raise money for the school's class trip fund by purchasing a cheese pizza lunch for your child(ren) every Wednesday. Again, we've broken the school year into two pay periods to reduce paperwork. Pizza is \$2 per slice and there are 17 Wednesdays during the second pay period (we've thrown in one free day in case of absence.)

Order Forms For This Pay Period Are Due By FRIDAY, JANUARY 23RD! Please submit forms to either Jean Engelke (Tamarind Road Building) or Sherri Kasky (Yellowwood Road Building.)

PIZZA ORDER FORM (2/4/09 – 6/10/09)

\$2 PER SLICE X # SLICES X 16 WEDNESDAYS (1 slice = \$32; 2 slices = \$64; 3 slices = \$96)

Parent's Name: _____ Date: _____

Child's Name : _____ CLASS: _____ # Slices _____ \$ _____

Child's Name : _____ CLASS: _____ # Slices _____ \$ _____

Child's Name : _____ CLASS: _____ # Slices _____ \$ _____

TOTAL ENCLOSED \$ _____

Please make check payable to "Waldorf School of Baltimore."

(You may combine payment for pizza and bagels.)