



Week of November 2, 2009

## What's Going On...

Sunday, November 8  
 All School Open House  
 2:00-4:00 p.m.

Monday, November 9  
 AIMS Conference  
 School Closed

Friday, November 13  
 Lantern Walks  
 Children's Garden, 5:00 p.m.  
 (Rain date: November 20)  
 Elementary, 6:30 p.m.

Tuesday, November 17  
 Pennsylvania Eurythmy  
 Ensemble performances for  
 students

Thursday, November 19 and  
 Friday, November 20  
 Upper School Closed  
 for Parent-Teacher  
 Conferences  
**Elementary and Children's  
 Garden Open**

Sunday, November 22  
 Festival Choir Rehearsal  
 Music Room, 6:00-8:00 p.m.

Wednesday, November 25  
 Assembly, 10:45 a.m.  
**Half day: 12:15 dismissal**

Thursday, November 26 and  
 Friday, November 27  
 School closed for  
 Thanksgiving holiday



## From the desk of the Administrative Chair

On October 21 we had a visit from the Association of Waldorf Schools of North America's (AWSNA) accreditation coordinator, Carol Fulmer. She met with representatives of the Central Team and with the entire faculty and staff to describe the re-accreditation process in which we will be engaged over the next 18 months. This process will be done jointly with AWSNA and the Association of Independent Schools of Maryland (AIMS). It is a process that we must undergo every ten years with our accrediting associations. A year long self-study of all aspects of our school will involve input from all of our constituencies. At different times during the study different groups will be asked for input which will be included in the final report. In March of 2011 a team of seven to eight educational professionals, representing both accrediting associations, will visit the school for 3 days to review our self study. I have included an article about accreditation with this edition of the *Weekly*. There will be periodic updates throughout the study.

On Sunday, November 8 we will hold our all school Open House at 2:00 p.m. This is an important event in the enrollment season. If you know of a family that is considering an independent school education for their child, please encourage them to come and visit the school on this occasion. We are recruiting students for the Children's Garden and the Lower, Middle and Upper Schools.

On Monday, November 9th, the school will be closed to all students so that faculty and staff can attend the annual conference of the Association of Independent Maryland Schools. It is an opportunity for our faculty and staff to attend a number of different workshops and presentations.

Again, please encourage friends and neighbors to attend our open house next Sunday.

Larry Snyder

## Did you know . . . ?

- The 6<sup>th</sup> Grade visited the Museum of Natural History in Washington, D.C. for their Geology block.
- The Student Council sponsored a Middle School Dance on October 23<sup>rd</sup> which was well attended by students from the Washington Waldorf School.
- The 5<sup>th</sup> Grade visited Sri Shiva Vishnu, a Hindu temple as part of its Main Lesson studies.
- The Rose and Dandelion Rooms visited Farmer Tom's pumpkin patch on Monday.
- 6<sup>th</sup> Grade will attend the performance of *Julius Caesar* at Goucher College on November 3<sup>rd</sup>.
- The middle school boys fought to win their October 26 soccer game 3-2, even though they were one or two men down during the game.
- The 11<sup>th</sup> Grade is working on a production of *Our Town* for December.

Submit by Friday noon via e-mail: [csnyder@bcpl.net](mailto:csnyder@bcpl.net)

**Contact information for School Chairs**

Upper School Chair: Donald Bufano, dbufano@twsb.org; 410-367-0647

Middle School Chair: Ed Meade, emeade@twsb.org; 410-367-6808 ext. 365

Lower School Chair: Laura Trosch, ltrosch@twsb.org; 410-367-6808

Children's Garden Chair: Noris Friedman, nfriedman@twsb.org; 410-367-6808 ext.371

Administrative Chair: Larry Snyder, lsnyder@twsb.org; 410-367-6808 ext. 201

*Scrip* News

**SCRIP Sales**

**Week ended 10/23/09:**

Value of cards sold: \$1,320

Profit from these cards: \$62.80

**Total profit (YTD): \$753.75**

We would like to give a special thanks to **Lucretia Field** for thinking of the WSB SCRIP program for her holiday gifts. Lucretia is a 6th grader in Ms. Arnold's class and daughter of Kimberly and Christopher Field.

Speaking of gift-giving: Gift our

school by ordering your holiday gift cards through WSB SCRIP program. Our holiday preorder deadlines are **November 13** and **December 11**. Cards ordered by November 13 will be delivered in more than enough time to celebrate Hanukkah.

And don't forget that you can also order SCRIP at the **Holiday Fair**. All orders placed by the December 11 preorder deadline will be delivered prior to the holiday break. You won't be able to miss our booth at the fair—just inside the double doors of the Multipurpose Room.

**Standing Weekly Orders (WSO)**

Would you like to become a WSO customer? It's easy to get into the weekly delivery cycle: just e-mail us at [wsbscrip@gmail.com](mailto:wsbscrip@gmail.com). We will pull your order each week and make sure you get your SCRIP either every Friday on the plaza or every Monday at the Spring Garden Store.

*Thank you, Waldorf Families. Every little bit counts, and you are making it happen.*

**SCRIP PARTICIPANTS**

(WEEK ENDED OCTOBER 23, 2009)

June Fletcher-Hill, Sherri Kasky, Roslyn Lisberger, Kathy MacMillian, Brooke Redgrave, Laura Trosch, Alex Williams

**Thanks a bunch, parents!**

We thank all the parents who provided sustaining lunches and yummy desserts during the two-day parent-teacher conferences. Brown-

ies! Pot roast! Conference days are very long for most of us, and we really look forward to your generous meals.



## Accreditation

Accreditation is a commitment to ongoing school improvement in a structured, systematic manner. The structure and validation are supplied by an outside group, such as the Association of Waldorf Schools of North America and/or other state and regional accrediting organizations. Some schools choose to seek dual accreditation from more than one group. Others have been accredited by an organization before AWSNA offered this service and are adding the AWSNA accreditation to the other organization's as the term of accreditation expires.

AWSNA, as an accredited member of the National Council for Private School Accreditation (NCPA), has joined with the regional accrediting groups in a co-accrediting agreement. This means that a school may seek accrediting from AWSNA using its protocol and materials. The appropriate regional organiza-

tion recognizes this accreditation through a simplified and easily-managed procedure. In addition, AWSNA works out an agreement with a state/country organization as is needed by a school.

There are two facets to the accreditation process: the school's self-evaluation and an evaluation by a team of peers. It is the process that the entire school community experiences together that is the greatest benefit. The visit by a group of Waldorf and non-Waldorf people to ascertain if the school is doing what it says it is doing in the Self-Study is the accrediting step. Is this school creditable in what it says about itself? Has it discovered through the self-study process its strengths and challenges?

When a school applies to enter the accreditation process, it is saying to its community that this is an institution that is committed to a formal

program of self-improvement. Through the reflective stage of self-study the school redefines its purpose and how it will continue to manifest. Thus, it is a step that informs the community and increases confidence, credibility, and accountability. The self-study process and the resulting document can become the basis for long range planning and development work. Accreditation can also be helpful when Waldorf students apply for college admissions and when there is a possibility of government intervention.

Twice a year new cycles begin. February 15 and September 28 are the deadlines for applying to enter a cycle. It is approximately two years from the time of applying to the formal granting of accreditation.

Accreditation benefits students and a school's status in the community and enhances the entire Waldorf movement.

## What has the upper school been doing? See it here!

**Geophysics:** Ninth and tenth grade students visited Smith Island with Tom Horton, nature writer and former environmental journalist for the *Baltimore Sun*, to learn about the dynamic processes involved in the geology and ecology of the marshy islands and coastal regions of the Chesapeake Bay. [See photos on p.7.]

**Art History:** Ninth grade students journeyed through the artistic expression of western civilization from the Paleolithic era to the 21st cen-

ture. Students visited Washington, D.C., on two different occasions to view representative works in the East and West Wings of the National Gallery of Art.

**Trigonometry and Surveying:** Tenth grade students learned properties of right and oblique triangles, sines and cosines, and worked with guest engineer Larry Snyder to learn surveying techniques for finding elevation and to use the Vernier scale to measure transits for mak-

ing maps.

**Projective Geometry:** Eleventh grade students were transported to "infinity and beyond," working with conics, dualizing shapes, and finding points at infinity.

**20<sup>th</sup> Century: America and the World:** Eleventh grade students will visit the Reginald Lewis Museum of Maryland African American History in conjunction with their readings in *Here Lies Jim Crow: Civil Rights in Maryland*, by C. Fraser Smith.

Time to order for the next Graul's lunch session. Orders will be taken beginning November 6.

## Holiday Fair planning is in full swing!

### Gifts and wrapping paper needed for Children's Shopping Room

Aren't you tired of looking at the same old wrapping paper in your attic or basement year after year? Please donate wrapping paper, gift bags, tissue paper, and clear tape to the Holiday Fair shopping room. Donation boxes will be in the main

lobby of the Yellowwood and Tamarind Buildings. The 4<sup>th</sup> grade thanks you!

Old, new, and gently-used items are also needed. Here's your chance to offload those well maintained games, household items,

jewelry, artwork, pottery, etc., you'd like to donate for others to enjoy. The Holiday Fair shopping room will recycle items for you. Please place all donations in the labeled boxes in the Yellowwood and Tamarind Building lobbies. The 4<sup>th</sup> grade thanks you!

### Help bring music to the fair!

Bring forth your family's musical talents for this year's Holiday Fair. The live music in the Multi-Purpose Room and in the Tamarind lobby are an important part of this

annual event. We want to show off our talents! If you, your children, or your friends would like to donate 15-60 minutes of your time, please

contact Brent Flickinger at [brentflick@verizon.net](mailto:brentflick@verizon.net) or 410-367-1777 (Sequoia, 8th; Emmie, 11th). See you at the Fair.

### Holiday Fair book sale needs your help

It is that time of year again--time to go through your library and find books you or your children have outgrown and bring them to school. All money raised by Book Sale will go to the WCA. The WCA purchases items the classes need for the classroom and funds events

throughout the year for the children and community. Examples of these are: the Civil Rights Brunch, Special Eurythmy Scholarships, sewing machines, maps for the middle school, the Buddhist monks sand painting, the Pennsylvania Eurythmy Ensemble performance coming in Novem-

ber, and many others, too. There will be boxes in both lobbies to receive your books. If you could bring your books already in a box this will help with display at the fair and storage during collection!

Thanks.

Gail Kurek (Adam, 7th)

### Calling all crafty students!

Would you like to sell your goods and crafts at the holiday fair? This is your chance to show off your

masterpieces for fun and profit! Applications for student vendors are available at the front desk and can

be returned to Jean Engelke or Vicki D'Anna (Elias, 4th).

### Winter Fairies' Grotto

Do you enjoy physical work, teamwork, and having fun while creating magic? Then here is the job for you: join the Winter Fairies Grotto Team

(formerly known as "Winter Walk"). We're looking for a core group of people who will become the creative backbone in pulling this magical

winter wonderland together. Please contact Tia Thompson (Ethan, 1<sup>st</sup>)

continued on p. 4

## Why I Give to the Annual Fund

In addition to taking care of all of us—students, teacher, staff, and parents—Jean Engelke is a parent of two graduates of the Waldorf School of Baltimore. Her son, Travis, Class of 2000, attended Bucknell University, where he majored in political science and economics. Travis now works for a recruitment and placement company. Mia, Jean's daughter, graduated in 2002 and is in her third year at the University of St. Andrew's in Scotland. Mia is majoring in art history and English.

Here are Jean's thoughts about

why she gives to the Annual Fund.

*I am grateful that Travis and Mia's education began at the Waldorf School of Baltimore. All the things which we promote Waldorf Education as being about are true. Travis and Mia are creative, flexible thinkers in that they will tackle whatever is in front of them with the belief that they have the ability to do anything. They are lifelong learners, and both are developing strong interests outside of school. Their confidence comes from the foundation they received at Waldorf.*

*I support the Annual Fund because*

*of my children's experiences here. And I believe in the benefits of Waldorf education for today's children and for future students. I love the school and the teachers who work here. I honor the tasks that the teachers and administrators do. Bringing the curriculum to the students requires an extraordinary commitment to teaching and to personal growth.*

*Giving to the Annual Fund is one way I show my gratitude for my children's education, my support for my colleagues, and my belief in Waldorf Education.*

**The Boot Swap trunks in both buildings are currently brimming over with winter and rain boots in excellent condition. Bring a pair, take a pair! It's a win-win opportunity!**

## Holiday Fair Silent Auction is looking for items

This year our upcoming Holiday Fair (Saturday, December 5th) will again feature a fabulous silent auction. For this effort the committee is looking for donations of good and services to auction. This is your opportunity to be really creative! New items of most any kind are, of course, gratefully accepted. BUT...are you a wizard at cutting hair; baking cakes; changing oil in a

car; preparing a gourmet meal; babysitting; dog training or pet sitting; guitar, knitting, or language lessons? Does your employer make or sell something which could be donated (tax deductible!)? Hand-made items have been particularly popular in the past—so those creative folks who would be so kind as to donate their creations would be greatly appreciated. You get the

idea! Questions? E-mail Holiday Fair Coordinator Jo Keller (jojomauk@gmail.com) or Upper School Class Parent Christa Athas (collcourt@aol.com) for answers or guidance. Get ready for the best Holiday Fair ever!



## Winter Fairies' Grotto (continued)

at [Tiallama@yahoo.com](mailto:Tiallama@yahoo.com).

Also: **Wanted: Fairies:** Remember when you were a child and wanted to become a fairy? Well, now you

can! We're looking for magical people to be the Winter Fairy in the Winter Fairies' Grotto. These highly-sought-after time slots do fill up

very quickly! Payment: witnessing the wonder in a child's eyes! Please contact Tia Thompson (Ethan, 1<sup>st</sup>) at [Tiallama@yahoo.com](mailto:Tiallama@yahoo.com).

## Lantern Walk, Grades 1-4

The days are growing shorter, frost has covered the ground, and the garden is nearly ready for its winter sleep. With the dimming light and chilling air, we now must kindle a spark of light within so that we may meet the coming winter with warmth of heart and soul. We celebrate this transitional season by remembering the heart warming story of St. Martin of Tours, a Roman soldier who reputedly cut his large cloak in half to clothe a freezing beggar on a bitterly cold winter night. During this season of Martinmas, we celebrate

his selfless deed and recognize the inner light that shines within each one of us.

Please join the children of the Waldorf School grades 1-4 as we reenact the story of St. Martin with a short play presented by the Fourth Grade. The festival will take place on November 13 at 6:30 in the evening. Classes will gather in their rooms before the walk begins, prepare to process outdoors singing, watch the Martin play, and then proceed with lighted lanterns to the

woodland path. There we will be serenaded by groups of woodland gnomes and follow a trail of brightly lit luminaries, all the while inhaling the crisp autumn air and reflecting on Martin's acts of kindness and love.

Class teachers will be in touch with you if there are any special directions or responsibilities. See you then!

Christine Good  
Chair, Festivals Committee

## Lantern Walk, Children's Garden

November 13, 5:00 p.m.

Rain date: November 20, 5:00 p.m.

The dark of autumn is setting in. The fiery colors will fade and fall in November. The mood of autumn turns inward. This is the time for festivals that greet the darkness with courage, and give confidence that there is a light which guides and protects us.

In many countries, there exist mid-autumn traditions connected with the theme of light and fire. Tihar festival in Nepal, more commonly known as Dewali or Deepavali in the West, is one such festival. The people of Nepal decorate their

homes and businesses with colorful lanterns. The Lantern Festival or Moon Cakes Festival in China is celebrated around the time of the autumnal equinox when the moon is the brightest. Halloween, Guy Fawkes, and St. Martin's are a few European traditions. They all include an element of lighting a fire, a candle or a lantern.

Halloween, a tradition within this season of autumn and Michaelmas, dates back to Celtic times when it was thought that the departed souls returned to Earth. In the 10<sup>th</sup> century, it became a Christian festival, All Hallows Eve, the Eve of All Saints' Day, November 1. (*Festivals, Family and Food*, Haw-

thorne Press).

The spookiness of our modern Halloween is very real for the young children. Halloween gives us the opportunity to meet fears we carry about the dark and dark things through fun within the safety of our family. It is only fitting that after chasing the spooks of Halloween we celebrate the victory of the goodness and light. The **Lantern Walk** is a wonderfully positive and light-filled follow-up. With family and friends we parade our lanterns through the darkness.

If weather is questionable, please call 410-664-7714 to find out if we will postpone until the rain date.

## New teacher needs apartment

Hello, my name is Gail Langstroth. I have gladly accepted the part-time high school eurythmy teaching position at the Waldorf School of Baltimore. I will be in Baltimore on October 29<sup>th</sup> beginning the search for an

apartment. My preference is for two bedrooms, in a safe and quiet neighborhood. If you have any leads or ideas, or can help in any way please call me on my cell 727-656-4087, or contact me [gplcam-](mailto:gplcam-)

[postella@gmail.com](mailto:postella@gmail.com).

Looking forward to being a part of your community,

Thank you,  
Gail

## Upper School on Smith Island with Tom Horton



## Festival Choir now forming

I am delighted to announce our rehearsal schedule for the Festival of Light. Please come to the two rehearsals on Sunday evenings, and the dress rehearsal just before the concert. Bring a snack on Festival Night because you will have a little wait after the dress rehearsal be-

fore the festival begins. It will be a joy to work with you and share this lovely festival with all of you!!!

**Rehearsal I:** Sunday, November 22, 6:00-8:00 p.m.—Music Room

**Rehearsal II:** Sunday, December 6, 6:00-8:00 p.m.—Music Room

**Rehearsal III:** Thursday, December 10<sup>th</sup>, 5:30-6:00 p.m.—pre-concert dress rehearsal in Multi-purpose Room

**Performance:** Thursday, December 10<sup>th</sup>, 7:00 p.m.

Kim Weisheit

## Community notes

Monthly Peace Circle: November 8 and December 13, 3-5 p.m. Beginners welcome. Dances of Universal Peace are heart-felt, healing, fun, community-building, with simple movements. Near Catonsville at the Westchester Community Center; 2414 Westchester Avenue, Ellicott City, MD 21043. Wear layers: outside Circles held when weather allows. Followed by pot-luck dinner, optional, around the corner at our home. For directions, see [www.oella.org](http://www.oella.org). For questions, call Peggy (Naji, 7th) 410-465-1914.

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Join us for Baltimore's 14th annual

celebration of the ancient art of storytelling, Tellabration 2009! on Saturday, November 21. We proudly present 10 of the region's finest storytellers. Their stories are guaranteed to entertain and delight you, to touch your heart, to bring tears to your eyes, and make you laugh uproariously. 25 Stevenson Lane (off Charles Street). Plenty of free parking, wheelchair accessible. Family stories 7-8:15, adult stories 8:30-10:30. Doors open at 6:30 p.m. Refreshments available, Please bring canned goods for The Towson Assistance Center. Admission: Adults, \$8 members, \$10 non-members, Children and full-time students: \$5. Group

discounts available. For more information: [specialevents@bfms.org](mailto:specialevents@bfms.org) or Diane at 410-321-8419.

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Jennifer Downs, RN, Licensed Acupuncturist, is now accepting Blue Cross/Blue Shield and EHP insurance for Acupuncture treatment: I am now billing for insurance from Blue Cross Blue Shield and EHP (Hopkins). Find out if you are eligible by sending information to billing service from the website [jennifer-downs.com](http://jennifer-downs.com), and/or for more information call 410-542-5441, or email [jdownslac@gmail.com](mailto:jdownslac@gmail.com). Also offering group ear acupuncture sessions at your site or mine.

## Marketplace

Pain Relief, Finally! Back Pain, Neck Pain, Joint Pain, Headaches, Migraines, Digestive Problems, Sleeplessness . . . For the next 3 weeks Dr. Leonard R. Shefts is offering to all Waldorf Friends, Families, and Faculty a Free Consultation and Examination. (X-rays, if necessary, are only \$25 and \$15 will be donated to WSB!). Chiropractors are experts in the care of the bones, nerves, muscles, and connective tissue that makes up about 60% of your body .

Instead of covering up your symptoms with medication, Chiropractic can correct the underlying causes! To make an appointment call 410-560-0333.◆

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Grobag for sale: Organic cotton, imported from England, quilted for cooler weather, size 18-36 months. Keep your toddler warm the European way! A Grobag is a sleeping bag/blanket a child wears in bed so

you know they are warm and cozy while they sleep (no worries about blankets having been kicked off!). Grobag is gently used, and is cream colored with a gentle teddy bear pattern. \$35. Contact Aimee at [abealer@comcast.net](mailto:abealer@comcast.net).◆◆

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FREE Irlen Method Training on Sunday, November 22, 2009, 10-11 a.m. in Timonium, MD. Simple, low cost intervention for ADD/ADHD, dyslexia, chronic headaches/migraines, anxieties, and learning challenges will be

## Marketplace (continued)

presented and explained. Dr. Joseph Annibali, neuropsychiatrist and director of the Amen Clinic in Washington, D.C., and Shoshana Shamberg, occupational therapist, special educator and certified Irlen diagnostician, will speak about visual stress and the brain, as well as sensory processing and learning. Call Irlen Visual Learning Center of MD at 410-358-7269, or email IrlenVLCMD@yahoo.com, or register at [www.aotss.com](http://www.aotss.com). ♦♦

In-home, personal child care available: Victoria Mansuri (former WSB

class teacher) is looking for a daytime child care/babysitting/nanny position for two to three days per week, Wednesday, Thursday, and Friday. I have extensive experience with children from infants to teens and am a consummate favorite with children and parents alike. References provided. Please call 410-925-8532 or e-mail [frecklenosedcat@gmail.com](mailto:frecklenosedcat@gmail.com). ♦♦

For Sale: Beautiful birchwood mini kitchen set. For children 3-6 years old. Includes sink, stovetop, cupboard, oven, and 23 wooden pieces

of play cookware and food. Very compact: 31" tall, 22" wide, 13" deep. Designed in Switzerland. Purchased from Magic Cabin for \$99. Perfect condition. \$60 or best offer. Call Laura Kessler (410) 889-4181. ♦♦

Clothing alterations: men's, women's, or children's. Charge by hour or by garment; rates competitive with dry cleaner. Call Kimberly Field (former handwork assistant and mother of Lucretia, 6th), 410-366-5033. ♦♦



**Waldorf School of Baltimore Zeke's Coffee Fundraiser**

Name \_\_\_\_\_ Total Due \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ Class \_\_\_\_\_

**Please enter order on form below. Payment is due in full with the order form. Please make checks payable to "WSB" and write "Zeke's Coffee" in the memo line. The payment and order form must be returned to the Tamarind Road office by 3:30 pm on the Monday before scheduled Friday delivery, except as noted on the schedule. See the schedule on the back of the order form for scheduled due dates and delivery dates. Coffee will be sent home at pick up on scheduled Fridays. Fifty percent of the proceeds will benefit the school. The sixth grade will oversee this project as part of their Business Math course.**

		<b>Zeke's Coffee</b>							
		Name and Origin	Green Designation	Whole Bean	Coarse Grind	Percolator Grind	Auto Drip Grind	Cone Drip Grind	Espresso Grind
<b>Caffinated</b>	<b>\$12</b>	Colombian Mesa de los Santos	OFT						
		French Roast	OFT						
		Hippie Blend	OFT						
		Ethiopian Yirgacheffe	OFT						
		Guatemalan Huehuetenango	OFT						
		Mexican Chiapas	OFT						
		Montebello Reserve	OFT						
		Papua New Guinea	OFT						
		Peru Norte	OFT						
		Sumatra Gayoland	OFT						
		Tanzanian Peaberry	OFT						
		Nicaragua Selva Negra	RA						
		El Salvador Santa Rita	RA						
		\$12 Sub-Total							
<b>1/2 &amp; 1/2</b>	<b>\$13</b>	French Roast	OFT						
		Mexican Chiapas	OFT						
		Peru Norte	OFT						
		Sumatra Gayoland	OFT						
<b>Decaffinated</b>	<b>\$13</b>	French Roast	OFT						
		Market Blend	OFT						
		Mexican Chiapas	OFT						
		Peru Norte	OFT						
		Sumatra Gayoland	OFT						
				\$13 Sub-Total					

Organic Fair Trade- OFT

Rainforest Alliance- RA

**Waldorf School of Baltimore 2009-2010-Zeke's Coffee Fundraiser**

**Payment and Order Form Deadlines and Coffee Delivery Schedule**

<b>Payment and Order Form Due Dates</b> (Every 2 weeks)		<b>Coffee Delivery Date</b> (at Pick-up)	
Monday	10/26/2009	Friday	10/30/09
Tuesday	11/10 – Due by 9am	Friday	11/13
Monday	11/23	Monday	11/30
Monday	12/7	Friday	12/11
Monday	1/11/2010	Friday	1/15/2010
Monday	1/25	Friday	1/29
Monday	2/8	Friday	2/12
Monday	2/22	Friday	2/26
Monday	3/8	Friday	3/12
Monday	3/22	Friday	3/26
Monday	4/12	Friday	4/16
Monday	4/26	Friday	4/30
Monday	5/10	Friday	5/14
Monday	5/24	Friday	5/28