



Week of December 8, 2008

## What's Going On...

Thursday, December 11  
 Festival of Light  
 Multipurpose Room,  
 7:00 p.m.

Friday, December 12  
 St. Lucia Day  
 Second Grade Play

Monday, December 15  
 Experience Fourth Grade  
 Painting with Edna Emmet  
 Art Room, 8:30 a.m.

Friday, December 19  
 Holiday Assembly  
 Multipurpose Room, 10:45 a.m.  
 12:15 dismissal

Monday, January 5, 2009  
 School reopens

Monday, January 5, 2009  
 Experience Fifth Grade  
 Eurythmy with Noris Friedman  
 Eurythmy Room, 8:30 a.m.

Monday, January 12, 2009  
 Experience Fifth Grade Painting  
 with Edna Emmet  
 Art Room, 8:30 a.m.

Saturday, January 17, 2009  
 Annual Civil Rights Brunch  
 Noon-3:00 p.m.  
 Multipurpose Room



## From the desk of the Administrative Chair

One of the busiest weeks of the school year is over, and I hope that everyone who contributed to the successful Holiday Fair is resting in the knowledge of a job well done in all aspects. Often, when engaged with the preparations for an event such as this, we tend to feel overwhelmed by the task, but when it is over we need to look back and recognize that all of the hard work was worth the effort. I am especially thankful for the leadership offered by Jo Keller (Ben, Rose room) and Alex Williams (Daphne, Rose Room, and Asher, Grade 6). They took on the job of organizing all aspects of the fair, and their dedication over the last 3 months led to great success. The success of such an event at our school relies on the cooperation of all the classes in working on the various activities. Again, thank you to all who helped make the Holiday Fair a success again this year.

This week we will have our Festival of Light on Thursday evening beginning at 7:00 p.m. in the Multi-purpose Room in the Yellowwood building. Come and enjoy a musical presentation honoring the many festivals celebrated at this time of year. It will include music by the middle school orchestra, the choruses from the middle and upper school, and the community choir. It is always an enjoyable presentation.

There is an article in this edition asking you to help the middle school student council in their efforts to make the holidays more enjoyable for several single parent families. This is a big undertaking by the middle school students so please offer your support.

Larry Snyder

## Festival of Light is this Thursday

In the midst of ever-lengthening nights, candle lights remind us that an ever-present light shines for us in the midst of darkness, colder temperatures, and a season ripe for inner reflection. For centuries celebrations of the mystical and nourishing qualities of light during winter have provided hope and joy for people all over the world. On Thursday evening, December 11<sup>th</sup>, at 7:00 p.m., you and your family

are invited to come to share the Festival of Light, which will take place in the Multi-Purpose Room of the Yellowwood Building. Music and candle lighting traditions are interwoven into a joyful celebration of light, music, spirit and song. The Middle School choruses and orchestra (sixth, seventh and eighth grades) and the Upper School Chorus will sing and play music from the medieval, baroque, romantic, and

contemporary periods, as well as traditional songs and carols for Hanukkah, Kwanzaa and Christmas. Students are joined by the Festival Choir, an adult community choir comprised of faculty, parents, alumni parents, friends and family. Come experience the joyful and heart-filled singing and instrumental playing of our Middle and Upper School Ensembles and Festival Choir.

Kim Weisheit

### Contact information for School Chairs

Upper School Chair: Donald Bufano, dbufano@twsb.org; 410-367-0647

Middle School Chair: Ed Meade, emeade@twsb.org; 410-367-6808 ext 365

Lower School Chair: Noris Friedman, nfriedman@twsb.org; 410-367-6808 ext 371

Children's Garden Chair: Charlotte Landgraf, cdlandgraf@hotmail.com; 410-664-7714

Administrative Chair: Larry Snyder, lsnyder@twsb.org; 410-367-6808 ext. 201

## Many thanks to our Silent Auction donors

The Waldorf School of Baltimore would like to thank the following people and businesses for their generosity in providing such a bounty of wonderful items and services for our Silent Auction. (In no particular order)

The Brewer's Art; Anne Kern; Edna K. Emmet; Dana DiCarlo & Scott Plank; Melissa Bunce, Storyteller; Larry Snyder; Rebecca Hanson and Reid LaClair (Rebec Vineyards); Michael Raitzyk, Guitar Teacher; Rüdiger Ruckmann; The Dandelion Room Parents; Friedman Family Fisheries; Hank Bauer; J. Brough Schamp, Photographer; Diane Hra-

bal; The Keller Family; GOfor-Change; Virginia Efta & Gretchen Maxwell; Paris Kern; Noris S. Friedman, Eurythmy teacher; Jennifer Downs RN, Licensed Acupuncturist (PA); Mark Chmura, Peggy Adams; Liora B. Hill, Zoetic Workshops Founder; Karen VanderHeyden; KSM Design; Baltimore Symphony Orchestra; Chesapeake Shakespeare Company; 3 Sistahs Press, LLC; Nina Noble; The National Aquarium in Baltimore; Pat Whitehead; Stories by Hand with Kathy Macmillan; Marc Silverman; Double Dutch Boutique; Port Discovery Children's Museum; Jen Baumgartner; Charlotte Snyder,

School Librarian; Connie Prigg; Shelly Hackman; Kevin Fitzgerald; Cheryl Moore; Rizing Son Glass Works; The Waldorf School of Baltimore's Crafts & Conversation Club 2008; Kimberley Field; Gail Kurek, Eco Cleaning Service; Lenny Shefts; Jeannine Olsen; Gina Campbell; Laura Stauffer; Sara Eisenberg; Dr. Stacey Kargman; Lucy Hagan; Heather Dorst; Christa Papiano; Brenda Doetzer; Sara Eisenberg; Erika Grant; Joan Gelblum, Certified Stott Pilates Instructor; KCL Auto Services; Laura Stauffer; Sharon Solow; Rosemary Scavullo; Linda M. Grand; Helen Baylin.

## Change for Change

We kicked off our new fundraising campaign at the Holiday Fair with the debut of our beautiful treasure chest. Heartfelt thanks to Christa

Athas (Collin 9<sup>th</sup>, Courtney 6<sup>th</sup>) and her father, Paul Marvenko, who painstakingly and magically gave new life to a very old and rickety

chest. It is now located in the lobby of the Tamarind Building ready to accept donations of change for change.

## Holiday Assembly

You are cordially invited to the Holiday Assembly on Friday, December 19, at 10:45 a.m. Grades 1-5 are eager to perform for you.

Students in grades 1, 2, 3, and 5 should wear assembly dress: collared

shirt and dress pants, belt, and dress shoes for boys; dressy blouse or shirt (with sleeves) and dress pants or skirt; or a dress; and dress shoes for girls.

Students in grade 4 should wear or-

chestra dress: white collared shirt, black pants, belt, and dress shoes for the boys; white dressy blouse or shirt (with sleeves), black pants or skirt, and dress shoes for the girls.

We hope to see you all at the assembly on the 19th.

## Thanks, everyone, for a great Holiday Fair!

This year's Holiday Fair coordinators, Alex Williams and Jo Keller, offer a sincere and heartfelt thank you to everyone who pulled a shift (or two) at the Fair, and especially to the following people, who volunteered to work a little or a lot extra to help make this year's Fair a success. We are truly grateful.

- **Peggy Adams** and **Kimberly Field** for taking on the Peace Print project and bringing it to life.
- **Jen & Joel Baumgartner** for wrapping all the gems for the Pocket Person.
- **Charlotte Landgraf, Lisa Bechmann, Brooke Redgrave,** and **Jane Emory** for the enchanting and beloved Marionette Show.
- **Lesley Malin** and **Sherilyn Brinkley** for the amazing effort required of Rudolf's Diner.
- **Tia Thompson** and **Cassie Carroll** for another phenomenal Winter Walk.
- **Liora Hill**, who in the wake of family emergency, continued to be the Volunteer Coordinator.
- **Chaddie Hughes** for working so hard to help green the Fair by finding linens.
- **Vicki D'Anna** for her donation to Rudolf's Diner, all the work that goes into the Children's Shopping Room and making it beautiful, and setting up and working the Spring Garden Store. Wow!
- **Dana DiCarlo** for her marketing and media relations skills, and her continuous offers to help in any way that we needed.
- **Edna Emmet** for supporting the 8<sup>th</sup> graders in creating their scarves and for generously donating her time to creating a mural (which we will see next year).
- **Jean Engelke** for fielding a myriad of phone calls, inquiries, and emails, for helping with the Silent Auction, collecting forms, and all of her general help—always with a beautiful attitude.
- **Kimberley Field, Sujung Kim, Lynn Bufano, Diane Rafferty, Yadira Martinez, Jen Gaither,** and **Jo Keller** for the community effort of Crafts & Conversation in creating the beautiful play rug for the Silent Auction.
- **Brent Flickinger** for graciously taking on the role of Music Coordinator and for accomplishing everything on his own.
- **Noris Friedman** for generously allowing us to create the Gnome costumes from her closet.
- **Sherry Frick** and **Anne Townsend** for all the work making the Afghan Raffle successful.
- **Alejandra Lorenzo-Chang** and **Julie Gabrielli** of the Green Committee for putting forth a monumental effort to green the Holiday Fair. You did it!
- **Bill Good**, our Holiday Fair massage therapist, for not only relieving a lot of stress but also for donating 100% of the profit to WSB!
- **Christine Good** for all the time she spent on the Afghan Raffle and for facilitating the 3<sup>rd</sup> grade children in harvesting their crops and selling their seeds.
- **Terry Williams** and **Alton Greenfield** for working so hard weeks prior to the Fair getting it ready for the big day.
- **Brenda Gustin** for proactively and with great competence leading the 5<sup>th</sup> grade in fulfilling its responsibilities.
- **Shelly Hackman** for organizing the 1<sup>st</sup> grade parents to staff the Spring Garden Store all day.
- **Diane Hrabal** for scheduling, organizing, problem-solving, and leading the 9<sup>th</sup> and 10<sup>th</sup> grades in their fledgling efforts to execute the Children's Activities Room.
- **Alice Ike**, who with great spirit of community led the 6<sup>th</sup> grade through the clean-up process.
- **Caroline Jones** for organizing the 2<sup>nd</sup> grade decorations and really setting a beautiful scene for the Fair.
- **Sherri Kasky** and **Ulrike Schlichte-Oelke** for all the hard work and enormous planning effort that is required to make the Spring Garden Store lovely and successful.
- **Gail Kurek** for all the time and energy she put into the Book and Scrip Sale, for helping sign up volunteers, and most important, providing her guidance and expertise in organizing the Fair.
- **Gretchen Maxwell** for also offering her guidance and expertise in organizing the Fair. This would've felt like an impossible task without all your previous work.
- **M'Lissa** and **Michael Moss** for getting supplies for, signing people up to help with, and actually working in the Children's Activities Room.
- **Kathy Breen** and **Joel Shurkin** for answering a panicky phone call and being willing to help.
- **Cate Mulvihill** for supporting the 3<sup>rd</sup> grade students and working on the beautiful afghan, and for gathering the children's work and setting up the display in the Student Handwork Gallery.
- **Kathy Niager** for all the organizing and work that goes into the Children's Shopping Room, and for also being a part of bringing together the Dessert Cafes.
- **Charlotte Snyder** for editing and for keeping track of our flurry of emails.
- **Randi Reiss-McCormack** for her part in the Dessert Cafes
- **Phil and Laurel Vincenty** for

continued on p. 4

## Thanks for the Holiday Fair (continued)

donating the waffle irons, making the waffles happen, and driving up from NC to be the Waffle Chef.

- **Tara Thomas** for, at the last minute, generously providing all of the dry ingredients for the waffles.
- **Stacia Huddleston** (with a 1-month-old) for, also at the last minute, generously providing all the wet ingredients and all the toppings. Go Rose Room parents! And they asked what else they could do.
- **Matt Williams** for all the time and work that went into creating all the tabletop sign holders for the eating tables and the Silent Auction.
- **Rob Reichel** for jumping in when we needed help creating the Fair program and for meeting an impossible deadline.
- **Kathi Paradiso** for all kinds of things too numerous to mention here.
- **Anita Shefts** for helping Liora get volunteers and for general support.
- **Marc Silverman** for helping Liora get volunteers and for general support.
- **Larry Snyder** for general support, being so generous with his time and answering our endless questions.
- **Pat Whitehead** for being such an excellent gnome, and handling the postcard
- **Jen Gaither** for her administrative help with the auction certificates.
- **Rianti Woodward** for creating a magical experience in the Children's Fishing Game
- **Linda Zandler** and **Kathy Lewis** for their money collecting and counting.
- Thank you to all of our musicians and singers: **Brent Flickinger, Mel Eisenstein & Steve**

**Rafferty, Swing States Road Show, Larry Cione, John Hope, The Flying Eyes, Michael Raitzyck, Judith Geller & Co., Kim Weisheit, Stuart Rodes**

We also thank **our children** for their patience and **our husbands** for their support and picking up our slack at home.

Companies in our community who also donated goods and services:

- **The Classic Catering People and Let's Do It!**
- **Whole Foods Market, Mt. Washington**
- **Starbucks**
- **Trader Joe's**
- **Mars Supermarkets**
- **Deer Park Water**
- **Eddie's of Roland Park**
- **Common Ground Bakery on 36th St.**
- **BJ's Wholesale Club**
- **Baltimore Coffee and Tea**

## WSB student artwork on display at the Chameleon Café

The following Upper School students have their artwork on display at The Chameleon Café, one of Baltimore's best restaurants: Chaz

Brown, Chelsea Connor, Garrett Denzler, Emmie Downs-Flickinger, and Leo Kern. The restaurant is located at 4341 Harford Road, just

south of Cold Spring Lane. Check [www.thechameleoncafe.com](http://www.thechameleoncafe.com) for more information!

## One way to support each other in tight financial times

The Board of Trustees encourages all members of our school community to bring real consciousness to caring for one another in the financially challenging days ahead. One way we can support one another is to shop/dine/ give gifts/ hire from businesses where our parents, grandparents, part-time staff, teachers' spouses ... everyone in our community in its broadest

sense ... work. By consciously directing our spending dollars in the coming months in this way, we can act in the interest of one another and play a small part in keeping our Waldorf community's "economy" going.

Please let our Weekly editor at [csnyder@bcpl.net](mailto:csnyder@bcpl.net) know how you, or someone in our extended Waldorf family, would like to be listed in a spe-

cial section in the Weekly where those who would like to bring attention to their services or places of business can let all of us know where we can spend our financial capital so that we support our close community. By supporting all of the people who are committed to WSB, we also support our School. If you have other ideas, please put them in the suggestion boxes in the school lobbies.

## Student Council Holiday Care Project

The Student Council, on behalf of the 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grades, is working with a local center to support several families for the holidays.

We are asking the whole school community to join with us to help provide gifts of new clothes, toys, and nonperishable food items to these families. We also need lots of wrapping paper and gift tags so we can wrap the gifts in a festive and attractive way.

Please bring donations to Jean Engelke at the front desk by December 17<sup>th</sup>.

Our families need:

Clothes and toys for boys aged 2 months, 2, 3, 4, 7, and 8; and girls aged 2, 7, 9, and 11. Toys that would be appreciated include Rubik's Cube, dinosaurs, jungle animals, Lego Robotics, craft items, and materials for drawing. Other toys should have movement and be educational, but not have lots of small parts and pieces or batteries. For example: wooden stacking blocks, simple jigsaws, books, games, wooden animal and human figures, play silks. Toys should not be electronic, or associated with war/violence.

The children need underclothing, pants, shirts, and dresses, and

warm outerwear in sizes 2T to boys' and girls' size 10. The girls would like barrettes and scrunchies. The parents would appreciate diapers in sizes 2, 5, and 6, as well as diaper wipes.

We would like to give each family a basket of non-perishable food items, both festive foods and everyday foods.

If we collect more gifts than the families need, we will pass them on to other families.

For more information, please contact Pat Whitehead or Charlotte or Larry Snyder.

## Annual Civil Rights Brunch to be held January 17

The Annual Civil Rights Brunch will be held on Saturday, January 17, 2009 from 12:00 noon until 3:00 p.m. This year's speaker is a member of our own community, Michelle Wright (Alexandra, Grade 8). Ms. Wright is an author and

educator, and will speak on the topic of "History as a Tool for Empowerment." We are very happy to have Ms. Wright for this year's event.

As always, the Civil Rights Brunch is a community event free to any-

one registered by January 12, 2009. Please contact Jean Engelke (410-367-6808 extension 200) to make your reservations. Child care will be available for children under 9 years. We hope to see you there!

## ATHENA (Association of Therapeutic Eurythmists in North America) workshop to be held here in January

### SAVE THE DATE!

On January 13<sup>th</sup>, 2009, ATHENA, the Association of Therapeutic Eurythmists in North America, is sponsoring a workshop by Dr. Peter Hinderberger and Virginia Efta, therapeutic eurythmist on Nutrition and Therapeutic Eurythmy. The workshop will be held in the Eurythmy

room in the Elementary building. It will run from 7:00 p.m.-10:00 p.m. that Tuesday evening.

Dr. Hinderberger will speak on Nutrition, and Ms. Efta will elaborate on therapeutic eurythmy related to nutritional challenges. There will be time for questions, and also time for participation in the eurythmy exer-

cises.

Coffee, tea and light refreshments will be offered compliments of ATHENA, as well.

Please come for an informative and interactive evening to learn more about the therapeutic eurythmy program here at WSB.

## Looking back at the Bioneers Conference

WSB was a Thought Leader Sponsor for the 2nd Annual Baltimore Bioneers conference, held at MICA from November 7-9th. Many members of the WSB community helped to make our participation happen. We provided two panelists, Donald Bufano (Humanities teacher and Upper School Chair) and Cate Mulvihill (Handwork teacher). Marian Perry-Tamburrino (Upper School science teacher) led the 9th and 10th graders as volunteers. A core group of student leaders made up of Collin Athas, Grace McClintock, Leo Kern, and Emmie Downs-Flickinger helped to plan the students' participation. Thanks go out to all of the students and their

teachers for their time and interest in participating in this city-wide event for social and environmental activism.

Special thanks go to Julie Gabrielli (parent of Tobias, 1st, WSB Green Committee member) who, as Bioneer Conference co-chair, led us through the exploration of how our School might become participants to learn about and cultivate sustainable practices in Baltimore. Much thanks also goes to Jennifer Downs who was evident everywhere, from the planning of speakers at the School, to writing Weekly articles with me, to manning the WSB table to promote WSB. Pat Whitehead

squeezed time out of Admissions work to help with the design of a beautiful page in the conference brochure. Larry Snyder and Pat gave guidance and assistance along the way. Others who helped were Alejandra Lorenzo-Chang (Upper School Spanish teacher and WSB Green Committee member), and Rosemary and Brent Flickinger. Warm thanks go to all of them. As we review the event and think about how our participation met our pedagogical, social, and development goals, we will be crafting future plans with the Bioneers.

Chaddie Hughes  
VP of Development, BOT

## Financial Aid applications for the 2009-2010 school year

The Waldorf School of Baltimore is committed to seeking a diversity of backgrounds and incomes within its community and offers a financial aid program to help accomplish this goal. Awards are made to students whose families qualify for aid on the basis of financial need. Families who are committed to providing a Waldorf education for their children but are concerned about their ability to pay the tuition should consider applying for financial aid. It is not possible to determine if a family qualifies for aid without the information provided by the application process; however, families currently receiving grants have average incomes between \$60,000 and \$120,000. Some families receiving grants fall outside this range. Many

factors impact a family's eligibility for a grant and the size of the grant, including number of dependents, number of tuitions, assets, extraordinary circumstances, the amount of financial aid available, and the school's needs.

The deadline for applying for financial aid for the 2009/10 academic year is January 5, 2009. Instructions for applying, supplemental forms, and the link ([www.nais.org/go/sss](http://www.nais.org/go/sss)) to the NAIS School and Student Service Online PFS (Parent Financial Statement) are available on the school's website [www.waldorfschoolofbaltimore.org](http://www.waldorfschoolofbaltimore.org). On the Admissions homepage, click on Admissions, then Financial Aid to reach the financial aid informa-

tion. FAMILIES CURRENTLY RECEIVING FINANCIAL AID-PLEASE NOTE THE FOLLOWING CHANGE: PAPER VERSIONS OF THE APPLICATION FOR FINANCIAL AID WILL NOT BE MAILED THIS YEAR UNLESS REQUESTED. PLEASE GO TO THE SCHOOL'S WEBSITE TO APPLY FOR FINANCIAL AID.

Families who require a paper version of the application may contact Kathy Lewis at [kewis@twsb.org](mailto:kewis@twsb.org) or 410-367-6808 ext. 205 prior to December 18. Be sure to review the application as soon as possible and contact Linda Zandler [lzandler@twsb.org](mailto:lzandler@twsb.org) (ext. 206) or Kathy Lewis [kewis@twsb.org](mailto:kewis@twsb.org) (ext.205) prior to the December break if you have any questions.

**Sports Update.** The middle school boys beat Jemicy 35-30. Jason Gelblum and Grant Hardy were the high scorers. The team played well and it was an exciting game. GO WOLVES!!

## Community notes

Annual Festival of Nine Lessons and Carols at the MSB Center for the Arts, 3400 Norman Avenue, Baltimore, MD 21213, on Sunday, Dec. 14 at 4 p.m.; Saturday, Dec. 20 at 7 p.m., and Sunday, Dec. 21 at 4 p.m. Come hear all of our performing choirs in a Baltimore holiday classic! Featuring a world premiere by Canadian composer Eleanor Daley, this event will surely put you in the holiday spirit! Tickets range in price from \$12 to \$22, depending on seating preference. Call 410-668-2003, or e-mail: [info@marylandstateboychoir.org](mailto:info@marylandstateboychoir.org), to order your tickets. (Joshua Frick, 3rd grade, will perform in all 3 concerts.)◆◆◆

Monthly Peace Circle: Second Sunday of the Month, with the next Circle on December 14. Time is 3 -5 p.m.. Beginners welcome. Dances of Universal Peace are heart-felt, healing,

fun, community-building, with simple movements. Words to the simple songs come from many spiritual traditions around the world and from Sufi poetry by Rumi and Hafiz. Singing circle or live hammer dulcimer tunes during the break. Looking for more musicians to play as we move -- written sheet music available (call Peggy to arrange). Near Catonsville at the Westchester Community Center; 2414 Westchester Ave: Ellicott City, MD 21043, 30 minutes from the Waldorf School. Young people are welcome to play quietly or weave in and out of the Circle, or play in the outdoor playground and fields. Wear layers: outside Circles held when weather allows. Followed by pot-luck dinner, optional, around the corner at our home. For directions, see [www.oella.org](http://www.oella.org). For more information see [www.peacedance.org](http://www.peacedance.org). For ques-

tions, call Peggy (Naji, 7th) 410-465-1914.◆◆

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Honor and celebrate the winter season and water element: When aligned with the season and nature's rhythms we are more in harmony with ourselves. Come hear about the blessings of the winter season and the element of water according to Chinese Medicine. There will be practical information about foods, practices and good habits that will benefit you in the season as well as time for contemplation and reflection. Increase your awareness of how the seasons affect your body, mind and spirit. All are welcome. Home office of Jennifer Downs RN, Licensed Acupuncturist (Emmie Downs Flickinger Grade 10). No charge. Please rsvp to [jdownslac@gmail.com](mailto:jdownslac@gmail.com) or 410-542-5441. Bring a friend.◆◆

## Marketplace

For rent: Spacious EOG brick home on Gilman Terrace in Wyman Park/Hampden area; easy walk to JHU and the Avenue. Four bedrooms, 1 1/2 baths, large covered front porch and fenced in rear deck, family friendly basement. Worth the \$1,500/month to month lease. Available in January. Owned by WSB alum parent. Call agent at 410-444-6401.◆◆◆

Introduction to The Virtues Project: Awakening the Gifts of Character ([www.virtuesproject.com](http://www.virtuesproject.com) for more information). Date: Saturday and Sunday Jan 10-11, 2009 8:30-4:30 p.m., at the Waldorf School of Baltimore. To register, contact: Geri Lynn Peak (facilitator): [geri@twogemsconsulting.com](mailto:geri@twogemsconsulting.com) or 410-323-7212. Workshop Fee: \$250.◆◆◆

Dragon Turtle Arts Presents: Pre-lunch *Tai Chi For Busy People and*

*Four Minute Qigong* at Ruscombe. Bob Darlington is teaching *Tai Chi For Busy People* and *Four Minute Qigong* every Tuesday morning and Thursday morning from 10:30 a.m. until 11:30 a.m. in the Ruscombe Mansion Community Health Center Community Room. Come and learn Tai Chi and Qigong in a relaxed environment and stay at Ruscombe for a terrific vegetarian lunch. Each class in only \$10 and there are no contracts or commitments required. Home practice DVD's are available. Spend two hours a week learning how to improve your health and reduce your stress. For more information, or to make an appointment for a private or group class, please email: [howlin-fido@aol.com](mailto:howlin-fido@aol.com), or call 410-340-5551.◆◆◆

Come celebrate the winter season with the twinkling white lights, snow covered trees and crisp air of Keene,

New Hampshire. Our beautiful apartment is available for short-term rental. We are located in a family friendly neighborhood that is within walking distance of MWS, downtown Keene, pond ice skating, sledding and snow shoeing, and within an hour's drive of some of New England's greatest skiing and shopping. This could be perfect for those looking for a winter getaway. Apartment is available for all or part of the time between Dec. 20 through Feb. 12. Please contact Amy or Nils for more details at either (603) 352-1617 or (410) 279 -5296, or email us at: [amyspryt@hotmail.com](mailto:amyspryt@hotmail.com).◆◆◆

Wooden doll house w/ some wooden & plastic furniture: 3 stories high (2 main floors & attic w/ roof door), 5 rooms, H: 28"x W:24", D:151/2"; \$80. Email Lisa at [lisa-dmt@pchs.net](mailto:lisa-dmt@pchs.net) or call 410-480-0024.◆◆◆

## Marketplace (continued)

Classic Kodiak Wood stove for sale! Very large, complete with 2 blowers, grill front and heavy doors. Used only 2 years then stored for 20. Needs cosmetic rust treatment but sound. Best offer, you haul. Call Jes, 410-336-0333. ♦

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Annette Laugel-Schloss, LMT of **Gardening Angels Flower Essence Therapy** will be a vendor providing services and information this Saturday at the Holiday Fair! She will be offering four deeply-discounted flower essence therapy appointments at the fair itself, as well as time to talk about her approach to flower essence work. If you are interested in one of the four appointments, don't wait! Call now to reserve a time, 443-570-7859. Happy Holidays! ♦♦

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Ruscombe Mansion Community Health Center will offer a CPR class on January 17, 2009, 1-5 p.m.; cost: \$50. Location: Hill House Community Hall, 4801 Yellowwood Avenue. Registration required by December 23, 2008. For more information, contact Helen: 410-367-7300. Come update your certificate or learn something new and helpful. Class is offered by

American Red Cross. ♦♦♦

♦♦♦

Wanted to buy: your gently used Playmobil stuff for our 7-year-old. Interested in figures and props—especially knights, Roman soldiers, pirates, cowboys, and Indians. Boats, horses, accessories, whatever! Email [julie.gabrielli@verizon.net](mailto:julie.gabrielli@verizon.net), or call 410-530-0389. Thanks! Julie Gabrielli (Toby Garver, 1st grade). ♦♦♦♦

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Free guinea pig supplies! Cage, bedding, food dish, and lots of food. Call Kerrie Hartman (Matt, 7th; Jake, 5th) at 410-466-5475. ♦♦♦♦

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Infant Care: Respectful, loving tending by highly-qualified grandmother available up to 30 hours per week. Call 410.381.7413. License #153609, Howard County, MD. My interest in caring for infants is grounded in a will to further observe earliest soundings of the human being, soundings that I believe will support my position that human beings are naturally musical in/from the earliest beginnings. In a LifeWays session in Maine this past summer, Suzanne Downs, a well-known puppeteer-storyteller within our Waldorf community, cited Rudolf

Steiner in affirming my understanding. The work I expect to do within my caring for infants will fulfill partial requirements for the LifeWays training, including the writing of a paper that I expect to publish. ♦♦

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Pregnancy Yoga Class starting at the Waldorf School of Baltimore on January 12, 2009. Classes include: special stress management breathing exercises, warm-ups, flows and special postures for pregnancy, toning to help prepare for labor and birth, exercises to help eliminate common prenatal complaints, pelvic floor (Kegels) exercises, guided relaxation, support, sharing and discussions, and Yoga exercises to relieve tension, fatigue and stress. I have two classes to announce: Sundays at St. Joseph's Medical Center in the St. Claire Building, 5:30 -6:45p.m.(rolling admissions) and Mondays at WSB beginning January 12, 2009. Contact Jeanne Deignan-Kosmides, E-RYT-500 (Ariana, Class of 1998; Justin, Class of 2001), 410-833-6067, or [breathofjoy@hotmail.com](mailto:breathofjoy@hotmail.com) to answer questions and more information. Please share this information with all your pregnant friends. ♦♦♦♦



Let it snow, let it snow . . .



Waldorf School of Baltimore  
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