



Week of January 5, 2009

## What's Going On...

Friday, January 9  
 Board President's Coffee  
 Tamarind Building Lobby  
 8:15-9:00 a.m.

Monday, January 12, 2009  
 Experience Fifth Grade Painting  
 with Edna Emmet  
 Art Room, 8:30 a.m.

Thursday, January 15  
 Budget Process Meeting  
 Multipurpose Room, 7:00 p.m.

Saturday, January 17, 2009  
 Annual Civil Rights Brunch  
 Noon-3:00 p.m.  
 Multipurpose Room

Monday, January 19, 2009  
 Martin Luther King, Jr. Day  
 School closed

Wednesday, January 21  
 All School Parent Evening  
 6:30 p.m.

Monday, January 26  
 Experience Sixth Grade  
 Eurythmy with Noris Friedman  
 Eurythmy Room, 8:30 a.m.



## From the desk of the Administrative Chair

The month of January will be another busy month for activities at the school. On Friday, January 9, the Board President's monthly coffee will be held from 8:15 a.m.-9:00 a.m. On **Thursday, January 15**, we will be having a meeting to discuss the budget process at 7:00 p.m. in the multi-purpose room of the Yellowwood Building. The Finance Committee will be explaining how the budget is developed and what the critical issues are in developing the budget for the 2009-2010 school year.

On **Saturday, January 17**, we will be having our annual Civil Rights Brunch from 12 noon-3:00 p.m. This year the featured speaker will be Michelle Wright, an author, educator, and a parent at the school. She will be talking on the use of history as a tool for empowerment. This annual event is put on by the Office Meeting and the WCA. There is no charge for attending this event, but you need to contact Jean Engelke (410-367-6808) so that we can get a count for providing the meal for the event. Please contact her before January 13th.

On **Wednesday, January 21, at 6:30 p.m.**, we will have our second All School Parent Evening of the year. This year we will repeat the program from last year that gives you the opportunity to participate in a typical day at the school. Further information will be forthcoming in the next edition of the Weekly.

Finally, as we enter the heart of the winter I am including the routine for closing and late opening of the school due to inclement weather. For emergency school closings or delayed openings due to snow or inclement weather, the Waldorf School of Baltimore will notify WBAL radio, WBAL-TV, and WMAR-TV to make an announcement under the name of "Baltimore Waldorf School" on radio and "Waldorf School of Baltimore" on TV. If you register with [www.wbal.com](http://www.wbal.com), a message will be sent to you if school is closed. In addition, the school answering machine provides the latest information about closings or late openings.

In the case of a school delay, children who are enrolled in the Full Day program in the Children's Garden, the Elementary School (lower and middle schools) and the Upper School should arrive at the specified time. Children who are enrolled in the half-day program in the Children's Garden are welcome, but are not required, to attend. In the Elementary School, there will be a shortened morning schedule and normal afternoon schedule.

Larry Snyder

## Happy January birthday!

Kathryn Bruce, 5th;  
 Miranda Fitzgerald, 7th;  
 Brendan Trosch, 5th;  
 Christopher Prigg, 3rd;  
 Elias D'Anna, 4th;

Daphne Williams, Rose  
 Room; Drew Hackman,  
 1st; Rachel Albenze,  
 2nd; Nathan LaClair,  
 Dandelion Room; Justin

Alston, 6th; Chelsea  
 Moss, 10th; Kevin Dunn,  
 10th; Katie Connors,  
 Dandelion Room; and  
 Jenna Lating, 4<sup>th</sup>.

### Contact information for School Chairs

Upper School Chair: Donald Bufano, dbufano@twsb.org; 410-367-0647

Middle School Chair: Ed Meade, emeade@twsb.org; 410-367-6808 ext 365

Lower School Chair: Noris Friedman, nfriedman@twsb.org; 410-367-6808 ext 371

Children's Garden Chair: Charlotte Landgraf, cdlandgraf@hotmail.com; 410-664-7714

Administrative Chair: Larry Snyder, lsnyder@twsb.org; 410-367-6808 ext. 201

## Volunteer to help at the Civil Rights Brunch

Waldorf School of Baltimore's Annual Civil Rights Brunch will be held Saturday, January 17, 2009, and adult helpers are needed (and much appreciated)! Many areas to choose from are available if you would like to volunteer for the brunch.

Set-Up will take place on Friday, January 16, right after school, and entails setting up tables and chairs and bedecking those tables with cloths, table settings, and programs. Depending on the number of helpers, this could be done in an hour or two.

On the day of the brunch some-

one(s) is needed to sit at the Reservations Table by 11:15 and check guests in. The event is free to those pre-reserved. If someone arrives without a reservation, a \$10 fee should be collected.

The brunch is catered, but some of it needs to be semi-prepared (salad tossed, some items heated, etc.) in the kitchen prior to its start. Kitchen volunteers (adults) will do this as well as prepare portions on plates which student servers will deliver to their tables. Kitchen helpers need to arrive by 10:30 a.m.

Students from grades 7-10 will be asked to be servers managed by an

adult Server Supervisor. That person will be responsible for the students—organizing their efforts and sitting with them as they eat their meal and listen to the speaker. That person needs to arrive by 11 a.m.

Finally, the most glamorous of jobs, Clean-Up, entails clearing tables, collecting trash, taking down tables, and sweeping the MPR floor. Many hands are needed for this!

If you are ready, willing, and able to assist with the brunch, please contact Linnea Worthington (Darius, Grade 4) linneaworthington@gmail.com or 443-562-6336.

## Our students made holiday cards for seniors

This past holiday season, residents of the Levindale nursing home located in Mt. Washington received holiday cards made by the students from grades 1 through 10 in the

Spanish class. The staff member who received the cards for distribution was very impressed by the work and generosity of the students. Thanks to all the students for

the beautiful work!

Les deseamos un buen año.

Sra. Pasión  
y Sra. Lorenzo



## Holiday Fair greening a great success!

The entire fair—all food preparations, dining, and dessert—sent one bag of trash to the landfill! We generated 9 bags that were taken to a commercial composter and turned into soil by hard-working worms who do it all for free. There were also umpteen bags and boxes of mixed recycling for the City. Many people stepped up to help. Overall corporate sponsorship is thanks to the generosity of Sky Garden, which is owned by Emlyn Stancill Whitin, mother of Rhys in the Dandelion Room. Sky Garden is a green-roof company. You can learn more about them by asking Emlyn or visiting their website, <http://www.stancills.com/skygarden/>

All of our organic waste—food, paper plates, paper cups, napkins, and corn-based utensils—was collected by local business, Waste Neutral Group. They gave us a very

special rate, so consider using them at your next event – or your place of business. <http://www.wasteneutralgroup.com/>

The corn-based utensils were purchased from Greenline Paper Company, up in Southern Pennsylvania. Greenline gave us a special discount and is a wonderful company to work with. They carry high recycled-content office products and other items. <http://www.greenlinepaper.com/>

The tablecloths come to us though our relationship with Classic Catering People. Normally, renting linens is prohibitively expensive, but they worked a very special price for us. Last year, if you remember, the tablecloths were plastic. So this was a vast improvement! The green committee is looking into purchasing our own tablecloths when cater-

ers sell off their old ones in February.

The green committee has lots of ideas on how to support the further greening of all our events, including the upcoming Civil Rights Brunch, the All-Parent Meeting, Earth Day, and May Day. We will also work with the Holiday Fair Committee for 2009, to improve on the solid foundations we built this year.

Thanks to those in our school community who helped organize and carry out this effort, particularly: The Board of Trustees, Alejandra Lorenzo-Chang, Marc Silverman, Kathy Niager, Jo Keller, Chaddie Hughes, Jennifer Downs, Julie Gabrielli, Larry Snyder, Alex Williams, Matt Williams, Jean Engelke, Kimberly Fields, Brent Flickinger, and several of our students.

## Register now for the Civil Rights Brunch

The Annual Civil Rights Brunch will be held on Saturday, January 17, 2009, from 12:00 noon until 3:00 p.m. This year's speaker is a member of our own community, Michelle Wright (Alexandra, Grade 8). Ms. Wright is an author and educator, and will speak on the topic of "History as a

Tool for Empowerment." We are very happy to have Ms. Wright for this year's event.

As always, the Civil Rights Brunch is a community event free to anyone registered by January 12, 2009. Please contact Jean Engelke (410-

367-6808 extension 200) to make your reservations. Child care will be available for children under 9 years. We hope to see you there!

Rudiger Ruckmann,  
Administrator of Development



# ATHENA

## Sponsored Workshop

### Nutrition and Therapeutic Eurythmy

Tuesday, January 13, 2009

From 7:00pm to 10:00 pm in the Eurythmy Room

#### Presenters:

Peter Hinderberger, MD, PhD.

Virginia Efta, TE

This workshop is oriented towards parents concerned about their children's healthy food choices. We will discuss different forms of nutrition, the role of supplements, and the relationship between nutrition and school performance. We will look at nutrition related topics like leaky gut syndrome, hypoglycemia, glycemic index, glycemic load, genetically modified foods (GMO's), allergies, etc. There will be ample time for questions and answers.

The workshop will begin with a presentation on nutrition given by Dr. Hinderberger followed by participation in, and a discussion of, therapeutic eurythmy.

**Everyone is welcome!**

There will be light refreshments  
courtesy of ATHENA.

(ATHENA is the Association for Therapeutic Eurythmists in North America. The Association has given a grant to make this workshop possible.)

## Community notes

Discover Engineering Family Day, February 21, 2009: Fun, with the thrill of engineering success! The annual Washington DC Engineering Family Day is enjoyed by over six thousand visitors to the National Building Museum every February. The festival features dozens of hands-on activities provided by local engineering chapters and national organizations. Every year at the start of Engineer's Week, the impressive main hall of the National Building Museum is taken over by thousands of children of all ages experiencing the excitement of engineering, not to mention slime!

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Monthly Peace Circle: Second Sunday of the Month with the next Circles on January 11 and February 8. Time is 3 -5 p.m.. Beginners welcome. Dances of Universal Peace are heartfelt, healing, fun, community-building, with simple movements. Words to the simple songs come from many spiritual traditions around the world and from Sufi poetry by Rumi and Hafiz. Singing circle or live hammer dulcimer tunes during the break. Looking for more musicians to play as we move—written sheet music available (call Peggy to arrange). Near Catons-

ville at the Westchester Community Center; 2414 Westchester Ave: Ellicott City, MD 21043, 30 minutes from the Waldorf School. Young people are welcome to play quietly or weave in and out of the Circle, or play in the outdoor playground and fields. Wear layers: outside Circles held when weather allows. Followed by pot-luck dinner, optional, around the corner at our home. For directions, see [www.oella.org](http://www.oella.org). For more information see [www.peacedance.org](http://www.peacedance.org). For questions, call Peggy (Naji, 7th) 410-465-1914.

## Marketplace

For sale: Panasonic component stereo with turntable, CD player, tape player, radio, and speakers, plus case for the components. Old but has no problems (we got a new one). \$35 or best offer. Call Larry Snyder, 410-426-4069.◆

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For sale: Ergo Baby Carrier: good condition, black with beige head cover; \$50 or best offer. Contact Kathy Vizachero, 443-552-7958.◆

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Caring for Our Own at Death: two events at WSB. First, on Tuesday, February 3, 7-8:30 p.m.: A free introductory evening with Beth Knox of crossings.net. Includes a film made for Public Television, *A Family Undertaking*. Second, on Saturday, February 28, 9-5: A workshop on Home-based After-death Care, including a focus on green burial options. Includes practicalities, simple rituals adaptable to family and community, state laws, expenses, experiences. Cost: \$125 (includes workshop, resource guide, lunch, and snacks). Crossings is dedicated to renewing simplicity and sanctity to death care,

demonstrating that home funeral care is still legal and possible. Contact Jennifer Downs, 410-367-8242; [jdownslac@gmail.com](mailto:jdownslac@gmail.com); [www.jenniferdowns.com](http://www.jenniferdowns.com).◆

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Clothing alterations: men's, women's, or children's. Charge by hour or by garment; rates competitive with dry cleaner. Call Kimberly Field (former handwork assistant and mother of Lucretia, 5th), 410-366-5033.◆◆

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Need that deck repaired? Trim work done inside? Woodworking specialist; inside or outside work; repairs, door hanging; artistic work. Plenty of WSB references. Mark Chmura (uncle of Lucretia, 5th), 410-366-5033.◆◆

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Free: 6 month old puppy to a good home. Tan, short haired mutt who will grow to about 40 lbs is friendly, does not damage property, and is good with children. He has shots, is neutered, and is house and crate trained. Owner is moving and can't take him with him. Please call 410-746-2177 and ask for Gyaltzen.◆◆

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For rent: Spacious EOG brick home on Gilman Terrace in Wyman Park/Hampden area; easy walk to JHU and the Avenue. Four bedrooms, 1 1/2 baths, large covered front porch and fenced in rear deck, family friendly basement. Worth the \$1,500/ month to month lease. Available in January. Owned by WSB alum parent. Call agent at 410-444-6401.◆◆◆

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Introduction to The Virtues Project: Awakening the Gifts of Character ([www.virtuesproject.com](http://www.virtuesproject.com) for more information). Date: Saturday and Sunday Jan 10-11, 2009 8:30-4:30 p.m., at the Waldorf School of Baltimore. To register, contact: Geri Lynn Peak (facilitator): [geri@twogemsconsulting.com](mailto:geri@twogemsconsulting.com) or 410-323-7212. Workshop Fee: \$250.◆◆◆

