



Week of February 23, 2009

What's Going On...

Tuesday, February 24
 Ninth Grade Bake Sales
 8:00 a.m. at the
 Children's Garden
 12:45 p.m. at the Upper School
 3:00 p.m. at the Tamarind
 Building

Wednesday, February 25
 WCA meeting
 Music Room, 7:00 p.m.

Monday, March 2
 Experience Sixth Grade Art with
 Edna Emmet
 Art Room, 8:30 a.m.

Tuesday, March 3
 Ninth Grade Bake Sales
 8:00 a.m. at the
 Children's Garden
 12:45 p.m. at the Upper School
 3:00 p.m. at the Tamarind
 Building

Friday, March 6
 Board President's Coffee
 8:15-9:00 a.m.

Monday, March 9-
 Thursday, March 12
 School Book Fair

Tuesday, March 10
 In-school Purim celebration

Sunday, March 22
 Student Recitals
 Eurythmy Room
 1:30 and 3:30 p.m.



From the desk of the Administrative Chair

While we were on our winter break, Charlotte and I were observers at the second annual marshmallow and pasta tower-building contest held by the Johns Hopkins University's Society of Engineering Alumni. The contest was held at the Glass Pavilion of Levering Hall on President's Day. Our interest in this event was piqued because Kathy Breen, middle school mathematics teacher, and her husband, Joe McClintock, both graduates of Johns Hopkins, had formed a team with some friends to compete in the contest. The contest involved building a structure using only thin spaghetti and marshmallows; the tallest tower would win. Kathy spent time thinking about how one might construct such a structure and decided that one designed around the shape of a tetrahedron (a pyramid with three triangular sides and a triangular base) would be the strongest. She even spent time practicing with the materials.

On the evening of the competition, there were more than 30 teams competing, made up mostly of current students. Each team was given 30 minutes to build their structure. Team Breen/McClintock began assembling their structure with well-practiced precision. It was not long before their tower began to take shape, and they had several levels up before many competitors had one. Soon it became apparent that their structure was going to be one of the tallest, and a crowd began to gather around it. At the end of the competition their structure was measured at 74 inches—more than 8 inches taller than their nearest competitor. They won in the alumni category. Congratulations to Team Breen/McClintock!

Last fall, Kathy worked with several ninth and tenth grade students on a bridge made of toothpicks and glue in the 2008 Maryland TRAC Design Bridge Challenge held at Morgan State University. Our students' design won in their category when their bridge supported 82 pounds before it collapsed. It demonstrated for many other schools the creativity and talent of our students. We intend to enter this contest in the fall again with at least two teams.

Larry Snyder

Condolences

Susan Bowers, mother of Sara (Waldorf 8th-grade class of '95) and Brigit Bowers (8th-grade class of '01), and a former manager of the school store, passed away recently. Susan was respected and admired for her commitment to the Waldorf School and her children, for her sense of style, her openness and for her courage. The Waldorf School of Baltimore

extends its heartfelt condolences to the Bowers family. Cards may be sent to Sara and Brigit at 1010 Kingston Road, Baltimore, 21208.

Contact information for School Chairs

Upper School Chair: Donald Bufano, dbufano@twsb.org; 410-367-0647

Middle School Chair: Ed Meade, emeade@twsb.org; 410-367-6808 ext 365

Lower School Chair: Noris Friedman, nfriedman@twsb.org; 410-367-6808 ext 371

Children's Garden Chair: Charlotte Landgraf, cdlandgraf@hotmail.com; 410-664-7714

Administrative Chair: Larry Snyder, lsnyder@twsb.org; 410-367-6808 ext. 201

Purim in-school celebration

On Tuesday, March 10, WSB will have its in-school celebration of the Jewish holiday Purim. The students will gather for a festive play by the 3rd grade, singing, and dancing.

Two grades are paired up together for snack time. The students should bring a treat to share with each other. Everyone will also have a Hamantaschen as a snack treat. Hamantaschen are a traditional food for Purim and are supposed to look like the hat that the tyrant Haman wore. We want to have enough Hamantaschen for everyone in the school. Therefore, we are asking for volunteers from our community to bake a batch. If 12 people each bake a batch, that will be enough to give everyone a Hamantaschen.

Please let Noris Friedman, of the Festivals Committee, know if you will bake a batch (410-367-6808, ext. 371) or email me at nfriedman@twsb.org. We need your reply

by FRIDAY, MARCH 6, 2009 AT THE LATEST, so that we can plan accordingly. Thank you so much for your help.

If you bake a batch of Hamantaschen, please bring it to school no later than 8:15 a.m. on Tuesday, March 10. Leave it with Jean Engelke at the front desk.

Here's a good recipe:

HONEY DOUGH

4 c. flour; 1 teaspoon baking soda; 1/2 teaspoon salt; 4 eggs; 1 cup honey; 1/4 pound butter, melted.

Preheat the oven to 350° F. Sift the dry ingredients together into a large bowl. Add the eggs, honey, and butter, and mix. Roll out on a lightly floured board. This is a very sticky dough; you might need to add a little flour to get the dough flat. With a glass of a diameter of 3 or 4 inches, cut circles in the dough, rolling it out again and again until it is all in circles. Put a little filling in the center of each circle, and fold

the edges to make 3 corners. Bake for 30 minutes. Let the Hamantaschen cool, and then give them away to friends and family. Makes about 48 cookies.

FILLINGS

Any fruit preserves, such as apricot or raspberry jam or orange marmalade, can be used. Poppy seed filling comes already made, in a can. You might find it in a store with international foods or at a kosher butcher. Other suggested fillings: vegetarian mincemeat, stewed apple, chocolate chips. Note about the pastry dough: This recipe produces a "cakey" pastry. Ready made, frozen pastry dough can also be used.

We are looking forward to this joyous celebration, and thank you for your help.

Noris Friedman
Festivals Committee

More ninth grade bake sales coming up

The ninth grade is planning bake sales on the 24th of February and March 3rd. Please look for them at

the Children's Garden entrance at 8:00 a.m., the Upper School at 12:45 p.m., and at the Tamarind

Building plaza at 3:00 p.m. on those days.

SCRIP News

Scrip sales from week ending 02/6/09: \$1,261.00

Profit: \$74.81

Profit to date for the school year: \$1,882.71

Participants in our Scrip program for week ending 02/6/09:

June Fletcher-Hill, *Parent and Faculty*

Rachel Garner, *Parent*

Chaddie Hughes, *Alumni parent and Board member*

Gail Kurek, *Parent*

Charlotte Landgraf, *Faculty*

Susan Manning, *Parent*

Cate Mulvihill, *Parent and Faculty*

Graciela Pasion, *Parent and Faculty*

Rüdiger Ruckman, *Faculty*

Karen Vanderheyden, *Parent*

These participants contributed **\$74.81** to the WCA funds by purchasing Scrip for grocery shopping, school events, and dinners out. And they did not spend any more money than they would have to do these same things without Scrip. Remember: The wonderful thing about Scrip is that it gives to the school without stressing your pocketbook. Simply deciding to change your habits with everyday shopping can enrich the curriculum for our children without you spending any more money. *Think about it.*

Earn money for our school while using the Internet

You can help Waldorf School of Baltimore earn money every time

you search the Internet—not only on your home computer but at work as well! Here's how: The search engine [GoodSearch.com](http://www.GoodSearch.com) donates about a penny per search to the charities its users designate. You use it like you would any search engine, and because it's powered by Yahoo!, you get great results. Just go to www.goodsearch.com. Be sure to enter Waldorf School of Baltimore as the charity you want to support. Every penny helps! And make sure you spread the word!

Thanks for all you do to support WSB's fund-raising efforts!

*Gail Kurek,
Sherry Frick,
and Claire Dorsey,
your Scrip Team*

Library and Book Fair News

The library thanks Skyler Kessenich (3rd grade) for his timely gift of *Encyclopedia Brown Finds the Clues*, by Donald Sobol. The third grade is enjoying many chapter books and Encyclopedia Brown is a favorite.

Thank you also to Julian Dorsey-Ruffin (5th grade) for her gift of *The Ersatz Elevator* and *The Austere Academy*, both by Lemony Snicket and part of the *Series of Unfortunate Events*. The library's copies are getting a bit tattered, so it is nice to have

these new ones to fill readers' desires.

Thanks to Sarah Goodman (6th grade), a reader *par excellence* and a student who has given often to the library, for her gift of Brian Jacques' *Doomwyte*, the latest Redwall adventure.

In other news, get ready for the Waldorf School's Book Fair, happening the week of March 9-12. Instead of regular library classes that week,

students can shop for their own books. Scholastic Book Fairs is providing the books, and there will be things available at all prices for students to choose from. Additionally, the book fair will be open after school on Wednesday, March 11, for parents and community members to shop. Remember, books make great gifts! Read the *Weekly* next week for more information.

Charlotte Snyder

Family Bingo is coming up next month!

Family bingo returns on **Saturday, March 28, 12:30-3:00 p.m.** in the Multipurpose Room. This fun event

is also a fundraiser for class trips. We hope to see you all there!

Rosemary Scavullo Flickinger
shiatsuacupressure@verizon.net
(Sequoia, 7th)

Waldorf School Annual Student Recitals

Every year, the Waldorf School of Baltimore presents a series of recitals. They are designed to give our students an opportunity to share their musical prowess with their friends, family, and the entire Waldorf community. Students of the

Fifth, Sixth, Seventh and Eighth Grades will perform on the first series of recitals. These will be held on March 22nd and March 29th at 1:30 and 3:30. If anyone has a preference for a specific time or date, please let me know and I will

schedule in that manner. My thanks to all.

Larry Cione
lcione@twsb.org
 410-366-6683

Upper School foreign exchange experiences

The high school students and faculty greatly enjoyed the presence of foreign exchange students Fabian von Lutterotti and Manuel Razona. Following are their comments about their experience at WSB:

“Hier in der WSB hatte ich eine sehr gute Zeit. Jeder ist sehr nett und ich fühlte mich sehr willkommen in dieser wunderbaren Klasse. Ich hoffe alle wiedersehen zu können wenn ich im Sommer zurückkomme.”

“I had a very good experience here in WSB. Everyone is very nice and I felt very welcome in this wonderful class. I hope to meet everyone

again when I come back in summer.”)

Fabian von Lutterotti
 Waldorf School Bolzano, Italy

“Fue una fantástica experiencia y es una muy buena escuela para hacerlo. Hay muchos excelentes maestros y muchos nuevos amigos. Todos ellos son cariñosos y muy amables con los estudiantes extranjeros de intercambio estudiantil. Ven aquí porque es una de las mejores escuelas para hacer intercambio y es una de las mejores ciudades de Estados Unidos.”

Gracias por toda su hospitalidad. Muchas gracias.”

“It was a fantastic experience and it is a great school to do it. There are excellent teachers and a lot of new friends. Also, they are kind to foreign exchange students. Come here because it is one of the best schools to do it and one of the best cities in the United States.

Thank you for your hospitality. Thank you very much.”)

Manuel Razona
 Escuela Rudolf Steiner, Buenos Aires, Argentina

A few words from the upper school basketball coach

Our season has ended just one game short of the championship game and that is OK by me. This year's record wasn't as good as last year's, but we faced better overall competition. Our conference recognized John Richardson (10th) as a second team All Conference Player, and Leo Kern (10th) worthy of Honorable Mention.

I want to personally thank you for your support. We consistently had a

strong cheering section, and that is a testament to you. I truly believe that the message you related to your sons at home helped me in getting my point across on the court. Remember, the goal was to compete (win or lose), for the guys to respect their responsibility to a group that depended on them (with seemingly strict rules to reinforce the point), to enjoy the benefits of good physical conditioning, and to

win or lose with dignity. I sincerely hope that each and every player learned something beyond basketball and left this season better in some way.

Go Wolves—and "Keep Your Hands Up!"

Mike Richardson
 (John, 10th)

Friendship Games 2009—Middle School basketball

On February 6th and 7th the WSB middle school boys' and girls' basketball teams traveled to New York to compete in the annual Friendship games. They were held at the Green Meadow Waldorf School.

The tournament has typically been an event that only 7th and 8th graders participated in, but this year we were able to include our 6th graders.

The boys' team faced tough compe-

tion, but they played well and rallied to the occasion; with each game they gained confidence and really played well as a team. They should all be proud of their performance.

The girls' team also faced tough competition. The girls played well and all the games were close, and on the final game they were victorious vs. Kimberton. The win was memorable and significant, as it has been many years since our girls

have won at this tournament. WAY TO GO GIRLS!!

Many thanks to all the coaches that helped our teams—Steve and Seth Gelblum (Jason, 6th), Micah Hartman (Matthew, 7th), and Graciela Pasion (Valerie, 8th). Also many thanks to all the parents and students who helped cheer the teams on.

GO WOLVES!

Caroline Jones

Patronize our Waldorf community businesses

In these difficult times, we should work together and, as a community, support each other's businesses as much as we are able. If you have a business we should know about, please email csnyder@bcpl.net with your information; note "Weekly business listing" on the subject line. Look for the business page again next month.

What is Shiatsu Acupressure?

It is one of the most well respected forms of complementary and alternative bodywork therapy available. Traditionally it has been used in households to care and maintain health for family members. Rosemary specializes in helping eliminate allergies, manage pain, and establish health maintenance for the whole family. She has a passion for teaching about natural solutions to age-old imbalances through hands-on Asian body work and nutritional remedies.

www.ruscombe.org

Rosemary Scavullo Flickinger
shiatsuacupressure@verizon.net

J. Brough Schamp (Paul Newill-Schamp, 11th) is a commercial photographer specializing in architectural and aerial photography. To see samples of my work please visit: <http://www.Schamp.com>. Please call: 410-769-8016, or Brough@Schamp.com.

Stories By Hand: Kathy MacMillan (JK, Children's Garden) offers unique storytelling programs teaching basic American Sign Language through music, movement, and stories for schools, libraries, camps, and birthday parties, as well as ASL classes and private tutoring for all ages. Kathy is also a nationally certified American Sign Language interpreter. WSB families receive a 10% discount on all services! Check out the many programs, classes, and workshops available at www.storiesbyhand.com.

Kathy MacMillan ~ Stories By Hand
American Sign Language Services
www.kathymacmillan.com ~

Friedman Family Fisheries: Avi J. Friedman (Celia, Class of 2005, and Noris, Eurythmy teacher) offers wild Alaska salmon, freshly frozen and smoked, 410-358-3008.

An invitation from the Raphael Branch

Please join the Raphael Branch on Friday, February 27, at 7:30 p.m. in the Music Room for a lecture by Rev. Patrick Kennedy on *"The Seven Heavens: how concrete knowledge of our journey after*

death changes everything about our life on earth." Rev. Kennedy is a priest in the Christian Community, a movement for religious renewal that was inaugurated in 1922 and received essential help in its founding from Rudolf Steiner.

Suggested admission: \$8.00 (free for Raphael Branch members). For more information and to RSVP, please contact Els Woutersen at 410-563-3791 or Els_Woutersen@yahoo.com.

Community notes

The Walters Art Museum presents an African-American Family Festival, Saturday, February 28, 10:00 a.m.-4:00 p.m., with dance, theater, and art activities. There will be live performances, clay portrait making, and giant collages, as well as museum tours. It's worth a trip! ♦

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On Friday, February 27, the Baha'is of Baltimore invite you to celebrate Ayyam-i-ha, the Baha'i time of hospitality, fasting, charity, service, gift-giving, and spiritual preparation for the 19 days of fasting which follow these days. There will be a potluck dinner starting at 6:30 p.m. in the Yellowwood Building Multipurpose Room. Dinner is followed by a brief talk, talent show, gift exchange, and dancing. ♦

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The Baltimore Folk Music Society presents a Family Dance on the second Saturday of the month, 5-6:30 p.m., followed by a potluck, at St. Mark's on the Hill, 1620 Reisterstown Road. On March 14, Susan Taylor and Looney Tunes will play and call—there is no better way to celebrate National Pi Day! Admission is \$5, members; \$20, member family; \$7, non-members; \$28, non-member family. For more information: 410-366-0808 (BFMS hotline) or 410-321-8419 (Diane). ♦

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Chelsea Paradiso (Class of 2007) will be appearing in *Joseph and the Amazing Technicolor Dreamcoat* with the Loyola Blakefield Players on February 27, 28, and March 5, 6, and 7 at 7:30 p.m., and March 1 at 3 p.m. at Loyola Blakefield School, 500 Chestnut Avenue, Towson. For more information, call 443-841-3224. ♦♦

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Lee Woodruff, co-author of The New York Times bestseller *In an Instant: A Family's Journey of Love and Healing*, will speak at Friends School of Baltimore on Thursday, March 12, at 7:30 p.m. in the School's Forbush Auditorium. Admission is free and all are welcome. Doors open at 7 p.m.; seating is first-come, first-seated. Ms. Woodruff garnered critical acclaim for the compelling and humorous chronicle of her family's journey to recovery following her husband's, former ABC World News Tonight anchorman Bob Woodruff, roadside bomb injury in Iraq. Appearing together on national television and radio since the February 2007 publication of their book, the couple has helped put a face on the serious issue of traumatic brain injury among returning Iraq war veterans. ♦♦

Marketplace

Dragon Turtle Arts Presents: Bob Darlington will be teaching 4-Minute Qigong and Beginning Tai Chi at the Ruscombe Mansion Community Health Center Hill House Community Room. Classes are now Tuesday evenings, 7-8 p.m., and Thursday mornings, 10:30-11:30 a.m. There is no longer a Tuesday morn-

ing class. There are no contracts or obligations. Each hour class is \$10. Please email howlinfido@aol.com, or call 410-340-5551 for more information. ♦

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Educational Opportunity: Learn reflexology for personal enrichment or income potential. Classes 2-4

hours/week in Lutherville with Danette M. Shue, CMT. If interested, contact Eileen Silverman (Landon, 4th), (410) 493-8894. ♦

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Are taxes taxing your patience? Get your taxes done locally by a WSB

continued on p. 7

Marketplace (continued)

neighbor. Kenneth Morris, a Woodlands resident, has an office in the stone mansion. Give him a call—and mention that you heard it at WSB. 410-664-6100; kwmcpa@verizon.net. ♦

Now is a great time to get fresh paint to protect and uplift your home. Mikko Goodhill (Class of 2000 and UMBC music student) comes with high recommendations from many WSB faculty and families as a professional, personable and affordable house painter. Contact Mikko at mikko@goodhill.net or 410-971-8696 to get on the winter/spring schedule. You and your home will be glad you did! ♦♦

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Is the tough economy propelling you to make significant changes in your life, career, finances, relationships, personal growth? Working with a personal coach is an effective and empowering process to get unstuck, move beyond limitations, and blossom from plans to reality. For a free consultation with a certified professional coach, contact Jaana Myllyluoma, Ph.D, CPCC at 410-292-8788 or email janamy@comcast.net. ♦♦

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Babysitting: Celia Friedman (Noris's daughter) is available for babysitting on weekends and some weekday nights. Celia is 18 years old and a senior at McDonogh. She lives ten minutes from WSB, can drive, and loves kids! Please call 443-413-5212 (cell) or 410-358-3008 (h). ♦♦♦

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Experienced Arborist available for your tree care needs—proper prun-

ing, removals, storm damage, and prevention. Affordable rates. Contact Brandon (uncle of Zoe Moon in the Dandelion Room) at 443-797-7915 or treezaregood@yahoo.com. ♦♦♦

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Jennifer Brown, LCSW-C (Chaz 10th, Grace 6th, and John 3rd) is pleased to announce that, in addition to her Baltimore County home office, she will be expanding to a new location at Ruscombe Mansion. Jennifer is a psychotherapist with nearly 20 years experience providing play therapy for children (as young as 2 ½) and psychotherapy for adolescents, individual adults and families. She has extensive experience working with children and adults regarding social, emotional, relational, and behavioral and mood issues. Trained in a variety of theoretical orientations, Jennifer believes strongly in starting where the individual is and utilizing appropriate treatment methods based on each clients unique needs. For more information call 410-459-3885. ♦♦♦

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Please join us in the Music Room for some Gentle Yoga Stretching! The stretching, breathing exercises and stress-reduction, relaxation poses we are doing in this class are suitable for anyone who would like a gentle, easy, balancing, and relaxing class. We will combine warm-ups, restorative yoga, and supported yoga postures that can be modified for any condition. More experienced students may enjoy the more relaxed pace in this class. All the postures will be suitable for pregnant women! Teens and up welcome. Drop in and try a class, or join up for 4 sessions. Meeting now on Monday evenings, 6-7:15 p.m. Please let me know if you want me to

bring a yoga mat for you to use! Call me with any questions you may have! I look forward to seeing you on Monday evenings at Waldorf! Jeanne Deignan, 410-833-6067(h), or breathofjoy@hotmail.com www.breathofjoy.com. ♦♦♦♦

♦♦♦
Healing, Relaxing, Meditative, Incredible! Hot Stone Massage with Bill Good, LMT, RMP. Husband of Christine Good, 3rd Grade Teacher. Bikram Yoga, Hampden, 410-243-2040; JHCP at Canton Crossing, 410-522-9940 Ext. 0. ♦♦♦♦

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Caring for Our Own at Death: Saturday, February 28, 9-5: A workshop on Home-based After-death Care, including a focus on green burial options. Includes practicalities, simple rituals adaptable to family and community, state laws, expenses, experiences. Cost: \$125 (includes workshop, resource guide, lunch, and snacks). Crossings is dedicated to renewing simplicity and sanctity to death care, demonstrating that home funeral care is still legal and possible. Contact Jennifer Downs, 410-367-8242; jdownslac@gmail.com; www.jenniferdowns.com. ♦♦♦♦♦

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Clothing alterations: men's, women's, or children's. Charge by hour or by garment; rates competitive with dry cleaner. Call Kimberly Field (former handwork assistant and mother of Lucretia, 5th), 410-366-5033. ♦♦♦♦♦

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Need that deck repaired? Trim work done inside? Woodworking specialist; inside or outside work; repairs, door hanging; artistic work. Plenty of WSB references. Mark Chmura (uncle of Lucretia, 5th), 410-366-5033. ♦♦♦♦♦

**Don't forget the Waldorf Community Association meeting,
Wednesday, February 25, 7:00 p.m. in the Music Room**