



Week of March 16, 2009

## What's Going On...

Friday, March 20  
 First Eurythmy Assembly  
 for grades 2, 4, 5, and 7  
 Multipurpose Room, 1:45 p.m.

Sunday, March 22  
 Student Recitals  
 Eurythmy Room  
 1:30 and 3:30 p.m.

**Wednesday, March 25**  
**All School Parent Evening**  
**Combining WCA and**  
**Enrollment Committee**  
**Multipurpose Room, 7:00 p.m.**

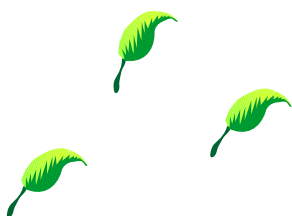
Saturday, March 28  
 Family Bingo  
 Multipurpose Room,  
 12:30 p.m.-3:00 p.m.

Friday, April 3  
 Second Eurythmy Assembly  
 Multipurpose Room, 10:45 a.m.

Friday, April 3  
 Dismissal at 12:15 p.m.

Monday, April 6-  
 Monday, April 13  
 School Closed  
 Spring Break

Tuesday, April 14  
 School reopens



## From the desk of the Administrative Chair

On Friday, March 13th, two representatives from the United Nations Educational, Scientific, and Cultural Organization (UNESCO), Ms. Emily Spencer, U. S. Coordinator and André Varchaver, U. S. Commissioner, visited the school to present the school and in particular the Upper School students and faculty with our certificate of membership in the UNESCO sponsored Associated Schools Project Network (ASPnet). The objective of this organization is to promote cooperation and understanding between schools throughout the world. There are over 8,000 schools throughout the world who are members of this organization. We will be joining only 32 other schools in the United States who participate in this program. The Upper School hopes to work with other schools in the program on a variety of projects. This program should enrich the curriculum in the Upper School and allow our students to learn about the experiences of students in many other countries. A special thank you goes out to Alejandra Lorenzo-Chang for doing the legwork necessary for us to be able to join this organization. For more details, please read the article on page 4.

On Saturday, March 14th, the Admissions Office sponsored two events. The first was for potential newly enrolled families in our Children's Garden program. The parents and students worked on making felt balls and turning them into necklaces. After that they shared a snack and had an opportunity to ask questions about our program. A little later on Saturday morning, rising middle school students and their parents were treated to a sample of what middle school will like. The session began with Ed Meade, middle school chair, and Gail Ann Kuderko, second grade class teacher, discussing the differences between the lower school and the middle school. After that the students went with Matthew Thurber, sixth grade class teacher, for a typical lesson in the science curriculum in which they explored the effects of heat and cold on various materials. The parents met with Ed and Gail Ann, who explained and answered questions about the expectations in the middle school program. After the sessions, everyone enjoyed lunch and further opportunities to meet with the middle school faculty.

There is an All School Parent Evening scheduled for Wednesday, March 25. There was also a Waldorf Community Alliance (WCA) meeting scheduled for the Tuesday, March 24. It has been decided to combine the meetings and hold them on Wednesday, March 25th beginning at 7:00 p.m. in the Multi-purpose Room of the Yellowwood building. At this meeting, the WCA and the WSB Enrollment Committee will conduct a discussion of the WSB enrollment strategy, give an update of admissions and enrollment work, and consult with you about enrollment work for next year. We will be working on planning the next steps.

## First eurythmy assembly is this Friday

On Friday, March 20, at 1:45 p.m., the 2nd, 4th, 5th, and 7th grades will present the first eurythmy assembly in the Multipurpose Room.

Everyone is heartily invited to join us in hearing and seeing what the students have been doing in eurythmy. Please read more eurythmy news in the article on the following pages.  
 Noris Friedman, Eurythmy teacher,  
 N-Grade 8

### Contact information for School Chairs

Upper School Chair: Donald Bufano, dbufano@twsb.org; 410-367-0647

Middle School Chair: Ed Meade, emeade@twsb.org; 410-367-6808 ext 365

Lower School Chair: Noris Friedman, nfriedman@twsb.org; 410-367-6808 ext 371

Children's Garden Chair: Charlotte Landgraf, cdlandgraf@hotmail.com; 410-664-7714

Administrative Chair: Larry Snyder, lsnyder@twsb.org; 410-367-6808 ext. 201

## Special Eurythmy Block IV

The final block of Special Eurythmy for this year will begin on April 20th and continue till May 28<sup>th</sup>. There are 6 weeks in this block and 12 sessions comprising the whole series. The cost will be \$360 and financial aid available by request. First payments are due prior to the spring break.

Many parents have indicated interest in having their child enter this program. Please contact me if you are interested or if your child's teacher has suggested it at any point this year. A conversation is not a commitment to enter the program. It can be an informative discussion or a simple reminder that I

may have suggested your child continue.

I can be contacted via phone (410-358-7274) or internet ([vefta@twsb.org](mailto:vefta@twsb.org)). I look forward to hearing from you.

Virginia Efta

## B-I-N-G-O

### Fun for the Whole Family

**\$ 5.00 Admission per family**

*Includes one card per game for 12 games! Additional card packs are \$2.00 each. BINGO markers for sale: \$2.00 each*

All children must be accompanied

by an adult—no drops-offs please!

**What:** BINGO helps to benefit all class trips

**When:** Saturday, March 28, 2009

**Where:** Multipurpose Room, Waldorf School of Baltimore

**Time:** 12:30 p.m. -doors open, 1:00-3:00 p.m.-games

**Yumm:** Baked goods and drinks for sale

**Prizes:** Best prizes in town!

### Bingo prizes needed

Help support the school by donating a prize for the community BINGO event on March 28. Prizes can be gift certificates, lessons, tickets to a

special event, a special knitted scarf, a beautiful children's book. Please contact June Fletcher-Hill at [fletcher-hill@msn.com](mailto:fletcher-hill@msn.com)

[hill@msn.com](mailto:hill@msn.com) if you would like to donate a prize. Thank you.

## SCRIP News

### Scrip sales from week ending 03/06/09:

Total value of cards sold: \$2,025

Profit from these cards: \$103.20

### Total profit to date for the school year: \$2,064.11

Are you wondering how close we are to matching Scrip profits for last year? We are **\$86.57** away from matching our 2007-2008 Scrip profit—\$2,150.68. We are extremely close to matching last year's profit. The question is: By how much will we *surpass* that profit? The answer will be up to you!

### Participants in our Scrip program for week ending 03/06/09:

Laurie Anderson  
Melanie Birch  
June Fletcher-Hill  
Rosemary and Brent Flickinger

Sherry Frick  
Rachel and Mark Garner  
Joan Gelblum  
Rebecca Hanson  
Jane Hardy  
Chaddie Hughes  
Jo Keller  
Charlotte Landgraf  
Cate Mulvihill  
Brooke and Graham Redgrave  
Rudiger Ruckmann

These participants contributed **\$103.20** to the WCA funds by purchasing Scrip for grocery shopping, school events, and dinners out. And they did not spend any more money than they would have to do these same things without Scrip. Remember: Scrip gives to the school without stressing your pocketbook. Simply deciding to change your habits with everyday shopping can enrich the curriculum for our children without you spending any more money. Will your name be added to our recognition list? *Think about it.*

### Earn money for our school while using the Internet

You can help Waldorf School of Baltimore earn money every time you search the Internet—not only on your home computer but at work as well! Here's how: The search engine [GoodSearch.com](http://www.GoodSearch.com) donates about a penny per search to the charities its users designate. You use it like you would any search engine, and because it's powered by Yahoo!, you get great results. Just go to [www.goodsearch.com](http://www.goodsearch.com). Be sure to enter Waldorf School of Baltimore as the charity you want to support. Every penny helps! And make sure you spread the word!

Thanks for all you do to support WSB's fund-raising efforts!

*Gail Kurek,  
Sherry Frick,  
and Claire Dorsey,  
your Scrip Team*

## All School Parent Evening will discuss enrollment strategy

At the All School Parent Evening on Wednesday, March 25, the Waldorf Community Association (WCA), and the Enrollment Committee will

jointly conduct a discussion of the WSB enrollment strategy, update the parent body on admissions and enrollment work. This will be a

thought-provoking evening of consultation and discussion. Please bring your ideas to help us plan our next steps.

## The face of Baltimore and beyond . . . including Malawi

For the third time, the WSB students are participating in a joint photographic project and show with 7<sup>th</sup> grade students from around the world. The show will feature our seventh graders' photography with that of students from Malawi. Baltimore Gallery supplies the students

with disposable cameras to use for the project and asks: "Who has the face of your community?" Students are encouraged to look around and photograph the face of their city. Is the face familiar or new? Young or old? How does it represent the city? Photos will be developed and on

display at the Baltimore Gallery, 4519 Eastern Avenue, Baltimore 21224, from March 25 to April 16. The opening reception is Wednesday, March 25, 6:00-8:00 p.m. See you there.

Edna Emmet

## Purim day, Purim day, it's a happy holiday!

We had a lovely in-school celebration of Purim with the 3rd grade performing the Purim story in a play, complete with singing and dancing. The students performed once for the older students and again for Kindergarten through Grade 4. At that second performance, there was singing and dancing with all the stu-

dents after the play. Then the grades joined together in pairs and shared special snacks and hamantaschen!

Thank you! Thank you to everyone who baked hamantaschen! We had plenty and more than enough. There was so much variety that

everyone got to enjoy many different flavors. Again, thank you bakers one and all! We also heartily thank Terry Williams for setting up the flats that made the room into a stage for the play.

Noris Friedman  
For the Festivals Committee

## WSB becomes an affiliate of UNESCO

We are pleased to announce that UNESCO (the United Nations Educational, Scientific and Cultural Organization) has granted the Waldorf School of Baltimore affiliation status with its world-wide organization.

This status, initiated and orchestrated by Alejandra Lorenzo-Chang and the Upper School, is conferred on the whole school in recognition of its international and inter-cultural activities. WSB is now part of the UNESCO Associated Schools Project Network (ASPnet), a global network of some 8000 educational institutions in 177 countries promoting quality education. Waldorf schools around the globe are also affiliated with UNESCO.

As stated in the letter sent by Sigrid Niedermayer, International Coordinator of UNESCO associated schools:

Joining ASPnet is an important decision and commitment to conduct pilot projects to promote quality education by reinforcing the humanistic, cultural and international dimension of education. ASPnet schools are considered as centers for innovations.

Two UNESCO representatives, Ms. Emily Spencer, U.S. coordinator and Mr. André Varchaver, U.S. commissioner, visited our school Friday. Ms. Spencer and Mr. Varchaver talked to Upper School students about UNESCO and opportunities being a UNESCO-affiliated school brings: working and sharing experiences on joint projects with students all over the world and the opportunity to take on responsibilities and develop different skills as an excellent preparation for adult

citizenship.

After the talk, Ms. Spencer and Mr. Varchaver enjoyed a delightful lunch prepared by Bonny Eisenbise and delicious coffee provided by Vicki D'Anna and Sherri Kasky. Lastly, they enjoyed a tour of the school lead and left very pleased with our school and its practices.

Our special thanks to the following people for making this happen: Vicki D'Anna, Donald Bufano, Bonny Eisenbise, Jean Engelke, Diane Hrabal, Chaddie Hughes, Sherri Kasky, Alejandra Lorenzo-Chang, Jim Mesevage, Marian Perry-Tamburrino, Rüdiger Ruckmann, Larry Snyder and Pat Whitehead.

Donald Bufano  
Upper School Chair

## Dress code correction

In this year's edition of the Parent-Student Handbook for Children's Garden, Lower School, and Middle School, the Dress Code states that

shorts may not be worn between October 31 and April 30. After looking at our records, the school realizes that we meant **between Octo-**

**ber 31 and March 31.** Please note this on your copy of the handbook. Students are welcome to wear modest shorts after March 31.

## It's recital time!

Here are the times and dates for all the performers at our annual WSB music recitals.

March 22, 1:30 p.m.

Jeremy Davis  
Henry McCormack  
Rosie Redgrave  
Alexandra Cruz-Wright  
Kathryn Bruce  
Julian Dorsey-Ruffin  
Susan Gittelsohn  
Vincent Robinson  
Isabeau Rea  
Austin Mitchell-Goering  
Miles McCauley  
Alexander Hill

March 22, 3:30 p.m.

Austin Lating  
Cecelia Rafferty  
William Fletcher-Hill  
Stanasha Hall  
Monu Kunkel  
Phoebe Reichel  
Sheilah Rubin-Wylie  
Rosalena Casciero  
Lucretia Field  
Jason Gelblum  
Sarah Goodman

Anders Culiner  
Grey Clemson  
Asher Williams-Gruver  
Jada Fogg

March 29, 1:30 p.m.

Christopher Frick  
Jason Noble  
Kayla Hug  
Lucia Verdery-Weimer  
Olivia Albenze  
Aspen Gustin  
Jacob Hartman  
Brendan Trosch  
Cameron Bechmann  
Rita Eisner  
Miranda Fitzgerald  
Chesapeake Gustin  
Emma Hedgecock  
Sophia Scanlon  
Valerie Pasion  
Katherine Trosch

March 29, 3:30 p.m.

Becky Rawle  
Grant Hardy  
Adam Kurek  
Thomas Schneider

Jadzia Floyd  
Talia Floyd  
Gaia Bethel-Birch  
Michael Paradiso  
Courtney Athas  
Sequoia Flickinger-Scavullo  
Christopher Jones  
Naji Rodes  
Alexandria Adams  
Matthew Hartman

The recitals will take place in the Eurythmy Room. Assembly dress code should be followed.

All performers are required to check in at least thirty minutes before their recital. This will provide adequate time to warm up and settle in.

As always, if anyone has any questions, my home phone is: 410-366-6683 and my e-mail is [lcione@twsb.org](mailto:lcione@twsb.org)  
Larry Cione



## Fourth Grade Puffin Project



The Atlantic Puffin is a seabird that lives in the cold northern waters of the Atlantic Ocean.

They spend most of their time on the open ocean, but breed and nest on seacoasts and rocky islands. They were nearly extinct on

one of their nesting grounds, Eastern Egg Rock Island off the coast of Maine. In 1973, Audubon created Project Puffin to restore the birds to this former habitat.

The fourth grade class at the Waldorf School of Baltimore wants to

help keep the Atlantic Puffin on Maine's coast by adopting a puffin. Please help us! Collect and bring in box tops from any Barbara's Bakery Puffins cereal. Thank you!

## Book Fair thanks

I cannot thank the community enough for your response to the first book fair I have held! It was a fundraiser for the library and I had modest hopes of being able to increase the book budget by \$200-\$300. Instead, we will probably be able to order at least an extra \$800 worth of books, and possibly more.

Thank you to all the teachers who supported me by providing extra

time for their classes at the book fair. Also, many thanks to Kim Weisheit (music teacher) and Larry Snyder (Administrative Chair) for helping to ring up customers on Wednesday after school. Thanks to John Emory for calling Larry when we were overwhelmed by book buyers.

I was pleased to see how many parents came with their children (and grandchildren) to look at the

children's choices and discuss them. Your involvement in your children's reading is the best thing you can do to keep them excited about the written word.

Finally, thank you to Claire Dorsey (Julian, 5<sup>th</sup>) for her donation of three books from the sale—*Every Soul a Star*, *A Crooked Kind of Perfect*, and *The Demigod Files*—for the school library.

Charlotte Snyder

## Upper School Masquerade Ball was a hit

The 9<sup>th</sup> grade planned and hosted the fabulous Upper School Masquerade Ball on Friday March 6<sup>th</sup>. The multipurpose room was stunningly transformed, draped with a Renaissance flair under the crea-

tive guidance of Ms. Edna Emmett. A large gathering of students from area schools, with an especially good showing from the Washington Waldorf School, arrived in semi-formal and formal attire don-

ning Renaissance masks. The proceeds from the dance will support the Class of 2012 Senior Service Weeks.



Left: Upper school students at the Masquerade Ball.  
Above: Ms. Emmet and students transformed the Multipurpose Room.

## Eurythmy News

Greetings Waldorf Community from the world of eurythmy! Besides class teaching Nursery through Grade 8, I have also offered courses on the eurythmy curriculum and an adult course. This has been inspiring and fun for me to do. It is always very exciting and rewarding when more people learn about and experience eurythmy. Coming to eurythmy assemblies is yet another way to learn about and experience eurythmy.

This year the first Eurythmy Assembly will be on Friday afternoon, March 20, at 1:45 p.m. in the Multipurpose Room of the Yellowwood Building. It will feature Grades 2, 4, 5, and 7. Each family in the grades performing will be receiving an email from me explaining the assembly dress code for students performing. It is different for eurythmy assemblies, since everyone wears a eurythmy tunic. Please look for that information in the coming days.

Grade 2 has been having fun in class with many stories. They are becoming quite adept with their gestures as well as their movements in the different geometric forms. The latest story has been about how the turtle's shell got its cracks. The students enjoy all the challenges in class, and are especially engaged when they get to do a verse or exercise all on their own.

Grade 4 has many challenges in eurythmy lessons. This year they meet twice a week for eurythmy and once a week for eurythmy form drawing. They have enjoyed learning to beautifully draw many of the

different geometric forms that they have been moving in class. They have also been learning to do rounds in eurythmy with both stepping and gesturing. The students learned a German song both on recorder and with eurythmy gestures. Their biggest treat has been learning more complex exercises with the copper rods.

Grade 5 already successfully performed a dramatic Persian poem at the Holiday Assembly in December. Their work with copper rods becomes more demanding as they add new exercises to their repertoire. In speech eurythmy they are working with humor. They use gestures and movements with body, hands, and feet to portray the different moods and characters in the poem. We will keep the title of the poem as a surprise for the assembly. In tone eurythmy beat, tones, rhythm, and dynamics will be evident in a piece of music from Mozart's "The Magic Flute." The students' skills in working together as a group are evident in all of their work. They continue to hone their skills in freehand geometric drawing once a week, in addition to their regular eurythmy lessons.

Grade 7 is working on difficult pieces in music, poetry, and with copper rods. The music and poetry pieces have parts for both small group and for the whole group to perform. The copper rod exercises will be highlighted with the music of Scott Joplin. In eurythmy, each individual is responsible to learn his or her own part well and to be able to move accurately in harmony with

the whole group.

I received an article from Ruth Levine (Sarah, 6th and Eli, 4th) about how gestures help children to learn. The article is from *The Economist* magazine, February 21, 2009. Here are a couple of quotes from the article.

Susan Goldin-Meadow of the University of Chicago . . . studies gestures carefully—and not out of idle curiosity. Introspection suggests that gesturing not only helps people communicate but also helps them to think. She set out to test this, and specifically to find out whether gestures might be used as an aid to children's learning. It turns out . . . that they can.

Her experiments had to do with solving mathematical puzzles and being able to use gestures when solving the problems, or not using them. "Gesturing . . . clearly does help thought," she concluded. We certainly experience that in eurythmy lessons.

I look forward to your coming to this assembly so that you can see the students perform, and how well they learn through gesture and movement.

Noris Friedman



## Library news

The library has many generous people to thank. Jakob Raitzyk (3<sup>rd</sup>) donated Margaret Peterson Haddix's *Among the Free*, the last of a series, and *Return to Howliday Inn*, by James Howe, part of the Bunnicula series, which has been very popular among his class this year.

Thank you also to Sarah Goodman (6<sup>th</sup>), who gave us *Lost and Found*, by Andrew Clements, about twins who take advantage of the fact that everyone treats them as a single person. Clements is a popular author among our students, who will be happy to see this new title on the shelf. Thanks go to Grace Brown (6<sup>th</sup>), who donated a copy of Lois

Lowry's *Number the Stars*, a moving novel about World War II in Denmark.

Thank you to The Woodward family (Sasha, Rose Room), who gave the library a copy of Beatrix Potter's *Jemima Puddle-Duck* in honor of Max Keller's first birthday. Thanks also to the the Riescher family of Parkville, who also donated books in honor of Max's birthday. Their gifts are *The Little Red Fish*, by Taeun Yoo, and *The Three Silly Billies*, by Margie Palatini, a crazy mishmash of well-known fairy tales as only Palatini can create.

Many thanks to Claire Dorsey

(Julian, 6<sup>th</sup>), who donated three books from the book fair: *Every Soul a Star*, by Wendy Mass; *A Crooked Kind of Perfect*, by Linda Urban; and something for all the Percy Jackson fans, *The Demigod Files*, by Rick Riordan. Students will be delighted!

The gift of a book for the library is one of the best ways to celebrate a special event in a family, whether a birthday or other anniversary. If you are wondering about what would be suitable and/or needed, see the Waldorf School wish list on Amazon. Thanks to everyone, and happy reading!

Charlotte Snyder

## Dear Masquerade Ball Dream Team—

—the Ninth Grade students whose dream came alive in an amazing event and your faithful cadre of adult supporters—staff, faculty and parents—

I have to commend you all on an amazing event. Being a parent sometimes I don't fully tune in to what is going on during the day at school. When I walked into the transformed Multi-purpose Room at 10:30 on Friday night I was impressed and delighted. The room was transformed with great care

and attention to detail. It took a lot of work and it showed. Everyone was relaxed and having fun. It was so impressive how many students came from other schools. Hundreds of yards of cloth hung from the ceiling, the lighting was perfect. There was plenty of food and beverages. Dress was formal or semi-formal and everyone looked great! Wow. On Monday morning I noticed one other impressive detail. On Yellowwood road, tied to a street sign, was a fluttering ribbon and a sign with "masquerade ball" written on it. This was such a nice detail, to

put something outside for people who had never been here before to find the place. This is just the kind of event that expands our school and community. You took what we have and you made it special. Clean-up went well and the room was ready for a community event the next day.

Keep up the good work. This kind of taking initiative and making something happen creates a great momentum. Let's keep on rolling!

A Delighted Parent  
Jennifer Downs



## Community notes

Gerry Paradiso (Michael, 6th) will have his film, "Where's Duff?" shown at the Frederick Film Festival on Saturday evening, March 28. The film, which was partially shot here at the Waldorf School, centers on the last 48 hours in the life of an Alzheimer's patient and is shown from the patient's perspective. ♦♦♦

Joshua Frick (3rd grade) will perform with the Maryland State Boychoir at the Young Voices of Maryland Festival on Saturday, March 21st, 7:30 p.m. at the MSB Center for the Arts, 3400 Norman Ave, Baltimore, MD 21213. Concert will include Children's Chorus of Annapolis and Children's Chorus of Carroll County. This is a free concert open to the public. A free will offering will be taken. ♦♦♦

Christopher Frick's (7th grade) two bands, The Modes and The Sequels, will perform on Sunday, April 5<sup>th</sup>, at the Recher Theatre in Towson as part of The Music Workshop's

Kidz Rock concert. The concert runs 3:30-8:30; The Sequels are scheduled to go on at 6:55, followed by The Modes at 7:20. Tickets are \$5 plus an additional \$5 surcharge at the door for those who are under 21. Call Sherry Frick for tickets, 410-433-2970. Tickets also available at The Music Workshop and at the door if not sold out. Please come support Christopher. ♦♦♦

Joshua Frick (3rd grade) will perform in a joint concert with the Maryland State Boychoir and Grove City College Choir on Monday, April 6th at 7:30 p.m. at the MSB Center for the Arts, 3400 Norman Ave., Baltimore 21213. This concert is free and open to the public. ♦♦♦

The Baltimore Folk Music Society presents a Family Dance on the 2nd Saturday of the month running from 5:00 'till 6:30 pm. The potluck is from 6:30 to 7:30. Admission is: \$5 members; \$20 member family; \$7 non-

members; \$28 non-member family. Children 2 and under are admitted free. No experience necessary; you don't need to bring a partner. For more information call the BFMS hotline at 410-366-0808 or 410-321-8419. The dance is held at St. Marks on the Hill, 1620 Reisterstown Road. ♦♦♦

Summer Camp Wilderness Style! *Woodland Ways*, located in Harlemville, NY, brings young people on exciting journeys into the world of wilderness survival and rites of passage. We offer separate courses for ages 7-16. Camp Director, Michael Pewterer; Head Instructor, Paul-Ivan Derramaux; and camp staff, share their techniques like fishing with hand and spear, shelter building, friction fires, camouflage, and many other skills. For program dates, prices, and information go to: [www.woodlandways.com](http://www.woodlandways.com) or call 845-486-7092 for a brochure. ♦

## Marketplace

Waldorf Summer Camp/vacation in Costa Rica! Unique opportunity for the whole family to become involved in an organic farm in Costa Rica. The Caribbean coast is only 1 1/2 hour drive away, so a trip to the beach would be part of the experience. Waldorf-based activities for each age level, as well as a terrific bilingual community experience. Contact Gina Baker at [waldorfcostarica@yahoo.com](mailto:waldorfcostarica@yahoo.com) for brochure. Registration deadline is May 15th. ♦♦

Victoria Mansuri (former WSB class teacher) has two large rooms for rent in her furnished or partially furnished, sunny house in quiet tree-lined Arcadia, part of Greater Lauraville. Smaller room 12'x13': \$575/month;

Larger Room 13.5'x15.5': 650/month. Each tenant pays \$150 for all utilities, including gas, electric, water, internet, and professional house cleaning once per month. Security deposit: 1 month's rent; can be paid over 2 or 3 months. 6 month or 1 year lease, with option to renew. No dogs; cats considered on a case-by-case basis. Available Immediately. I and my 11-year-old cat come home some weekends and possibly for longer periods in the summer. Call or e-mail for more information: 410-925-8532; [frecklenosed-cat@gmail.com](mailto:frecklenosed-cat@gmail.com). ♦♦

Professional grade Essence portable massage table. Skillfully crafted of select hardwoods; includes premium fully adjustable headrest and deluxe

carrying case. Navy Blue. Like NEW! Very little use. \$140. Go to <http://www.earthgear.com/essence.htm> for more information. Interested? Please call or email me: Yadira R. Martinez ; 410-960-9080 or [martinez\\_yadirarosa@hotmail.com](mailto:martinez_yadirarosa@hotmail.com) (mother of Diego and Dante Andaluz, Children's Garden). ♦♦♦

Free Video and Report From Dr. Lenny Shefts (Lexi, 2nd) on How You Can Eliminate Back Pain, Neck Pain, Headaches, Wrist Pain, and More...Without Drugs or Surgery! Go to [www.MarylandPainRelief.com](http://www.MarylandPainRelief.com). ♦♦

WINDSPIRE YOGA: Yoga for Chil-

continued on p. 10

## Marketplace (continued)

dren, Teens & Adults! New yoga studio in Towson opened by Jane Vogel, former Waldorf parent. Come home to yourself and feel *good* in your body! Ongoing classes in a warm and friendly environment. Relax, renew, energize & increase strength and flexibility. Children integrate the experience of balance naturally through yoga as they explore their potential in a space that is secure, fun and creative. *March mini-session for children and teens starting now!* We are located in the heart of Towson at 26 W. Susquehanna Ave, Towson, MD 21204 (above *The Health Concern*). Please visit our website at <http://mysite.verizon.net/windspire> or call 410-377-4229.♦♦♦

♦♦♦  
Dragon Turtle Arts Presents: Bob Darlington will be teaching 4-Minute Qigong and Beginning Tai Chi at the Ruscombe Mansion Community Health Center Hill House Community Room. Classes are now Tuesday evenings, 7-8 p.m., and Thursday mornings, 10:30-11:30 a.m. There is no longer a Tuesday morning class. There are no contracts or obligations. Each hour class is \$10. Please email [howlinfido@aol.com](mailto:howlinfido@aol.com), or call 410-340-

5551 for more information.♦♦♦♦

♦♦♦

Are taxes taxing your patience? Get your taxes done locally by a WSB neighbor. Kenneth Morris, a Woodlands resident, has an office in the stone mansion. Give him a call—and mention that you heard it at WSB. 410-664-6100; [kwmcpa@verizon.net](mailto:kwmcpa@verizon.net). ♦♦♦

♦♦♦

Now is a great time to get fresh paint to protect and uplift your home. Mikko Goodhill (Class of 2000 and UMBC music student) comes with high recommendations from many WSB faculty and families as a professional, personable and affordable house painter. Contact Mikko at [mikko@goodhill.net](mailto:mikko@goodhill.net) or 410-971-8696 to get on the winter/spring schedule. You and your home will be glad you did!♦♦♦♦

♦♦♦

Is the tough economy propelling you to make significant changes in your life, career, finances, relationships, personal growth? Working with a personal coach is an effective and empowering process to get unstuck, move beyond limitations, and blossom from plans to reality. For

a free consultation with a certified professional coach, contact Jaana Myllyluoma, Ph.D, CPCC at 410-292-8788 or email

[janamy@comcast.net](mailto:janamy@comcast.net). ♦♦♦♦

♦♦♦

Babysitting: Celia Friedman (Noris's daughter) is available for babysitting on weekends and some weekday nights. Celia is 18 years old and a senior at McDonogh. She lives ten minutes from WSB, can drive, and loves kids! Please call 443-413-5212 (cell) or 410-358-3008 (h).♦♦♦♦

♦♦♦

Healing, Relaxing, Meditative, Incredible! Hot Stone Massage with Bill Good, LMT, RMP. Husband of Christine Good, 3rd Grade Teacher. Bikram Yoga, Hampden, 410-243-2040; JHCP at Canton Crossing, 410-522-9940 Ext. 0. ♦♦♦♦

♦♦♦

Need that deck repaired? Trim work done inside? Woodworking specialist; inside or outside work; repairs, door hanging; artistic work. Plenty of WSB references. Mark Chmura (uncle of Lucretia, 5th), 410-366-5033.♦♦♦♦♦

