



Week of March 9, 2009

What's Going On...

Monday, March 9-
 Thursday, March 12
 School Book Fair

Tuesday, March 10
 In-school Purim celebration

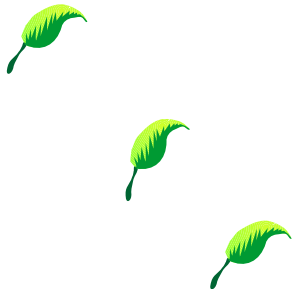
Thursday, March 12
 Sixth Grade Play
 Multipurpose Room, 6:00 p.m.

Friday, March 20
 Eurythmy Assembly
 for grades 2, 4, 5, and 7
 Multipurpose Room, 1:45 p.m.

Sunday, March 22
 Student Recitals
 Eurythmy Room
 1:30 and 3:30 p.m.

Tuesday, March 24
 WCA Meeting
 Music Room, 7:00 p.m.

Saturday, March 28
 Family Bingo
 Multipurpose Room,
 noon-3:00 p.m.



Next year's first grade teacher announced

Dear Waldorf Parents,

It is with very great pleasure that we announce that Carol Steil will be our First Grade teacher for the Class of 2021. Ms. Steil has taught at the Waldorf School of Baltimore as a Class Teacher since 1977. During this time she has graduated three 8th grade classes, and looks forward to graduating our present 8th grade this June.

As a master Waldorf Teacher, Carol has taught Waldorf Teacher Training courses, acted as mentor teacher for a number of pioneering Waldorf Schools, has been a mentor to many of our own teachers over the years, and run workshops at many different educational institutions. Ms. Steil received her Bachelor of Arts degree (Art Education) from the University of Maryland at College Park and her Master of Arts degree (Elementary Education) from Towson University. Carol also has her Waldorf teacher certificate.

Ms. Steil brings a wealth of experience, great insight, and understanding to her position. She is looking forward to returning to the lower grades, where she will help your child lay the foundations needed to move successfully into the adult world of reading, writing, and math. As a seasoned teacher, Carol values the Waldorf educational approach that honors childhood and allows her to teach in a developmentally appropriate way.

We are delighted that Carol will be the guiding light for our newest class of First Graders.

Sincerely,
 Noris Friedman
 Lower School Chair

Book Fair extends hours

The Scholastic Book Fair has begun. The library has been transformed and students have been having a great time window shopping. Parent time has been extended to 8:30-10:00 a.m. on Wednesday and Thursday. And don't forget after school on Wednesday, 3:30-5:00 p.m. I look forward to seeing you at any of these times. There are

lots of books for preschool, and some cookbooks that busy parents might be interested in, also.

At their window-shopping classes, students are marking the books they are interested in; the titles and prices are going home with them so you can discuss their purchases. Some will have to whittle down their

lists, I'm sure. This is an opportunity for your family to discuss the criteria for a book to own, rather than to borrow and return.

When students return to purchase, they will need cash or a check to pay for their books.

Happy reading!

Charlotte Snyder

Contact information for School Chairs

Upper School Chair: Donald Bufano, dbufano@twsb.org; 410-367-0647
 Middle School Chair: Ed Meade, emeade@twsb.org; 410-367-6808 ext 365
 Lower School Chair: Noris Friedman, nfriedman@twsb.org; 410-367-6808 ext 371
 Children's Garden Chair: Charlotte Landgraf, cdlandgraf@hotmail.com; 410-664-7714
 Administrative Chair: Larry Snyder, lsnyder@twsb.org; 410-367-6808 ext. 201

Enrollment: Let us know what you think—bring your ideas!

The Waldorf Community Alliance and the WSB Enrollment Committee warmly invite you to a thought-provoking evening of consultation and discussion on Tuesday, March 24, at 7:00 p.m. in the Music Room.

The Enrollment Committee will present the WSB enrollment strategy, give an update of admissions and enrollment work, and consult with you about enrollment work for next

year. We will be working on planning the next steps.



B-I-N-G-O
Fun for the Whole Family

\$ 5.00 Admission per family

Includes one card per game for 12 games! Additional card packs are \$2.00 each. BINGO markers for sale: \$2.00 each

All children must be accompanied by an adult—no drops-offs please!

What: BINGO helps to benefit all class trips

When: Saturday, March 28, 2009

Where: Multipurpose Room, Waldorf School of Baltimore

Time: 12:30 p.m. .-doors open, 1:00-3:00 p.m.-games

Yumm: Baked goods and drinks for sale

Prizes: Best prizes in town!



March Birthdays

Say a quick “Happy Birthday” to these students, who are celebrating being a year older this month:

Ninth Grade: Asmayt Berhe.

Eighth Grade: Alexandra Cruz-Wright.

Seventh Grade: Miles McCauley, Christopher Frick, and Naji Rodes.

Sixth Grade: Sarah Goodman.

Fourth Grade: Catie Turner.

First Grade: Julia Lipchin.

Dandelion Room: Ethan Thompson.

Rose Room: Ava Huddleston.

SCRIP News

Scrip sales from week ending 02/27/09

Total value of cards sold: \$1,185

Profit from these cards: \$52.50

Total profit to date for the school year: \$1,960.91

Are you wondering how close we are to matching SCRIP profits for last year? Profit for 2007-2008 was \$2,150.68. We are **\$189.77** away from matching that. It's pretty certain that we will match last year's profit. The question is: How much will we *surpass* that profit? The answer will be up to you!

Participants in our Scrip program for week ending 02/27/09:

Boys Basketball Team
Sharon Elder
Jean Engelke
June Fletcher-Hill
Sherry Frick

Rachel & Mark Garner
Sherry Kasky
Gail Kurek
Rosalyn Lisberger
Gretchen Maxwell
Cate Mulvihill
Larry Snyder
Jane Wolfrum

These participants contributed **\$52.50** to the WCA funds by purchasing Scrip for grocery shopping, school events, and dinners out. And they did not spend any more money than they would have to do these same things without Scrip. Remember: The wonderful thing about Scrip is that it gives to the school without stressing your pocketbook. Simply deciding to change your habits with everyday shopping can enrich the curriculum for our children without you spending any more money. Will your name be added to our recognition list? *Think about it.*

Earn money for our school while using the Internet

You can help Waldorf School of Baltimore earn money every time you search the Internet—not only on your home computer but at work as well! Here's how: The search engine [GoodSearch.com](http://www.GoodSearch.com) donates about a penny per search to the charities its users designate. You use it like you would any search engine, and because it's powered by Yahoo!, you get great results. Just go to www.goodsearch.com. Be sure to enter Waldorf School of Baltimore as the charity you want to support. Every penny helps! And make sure you spread the word!

Thanks for all you do to support WSB's fund-raising efforts!

*Gail Kurek,
Sherry Frick,
and Claire Dorsey,
your Scrip Team*

Fourth Grade Puffin Project

The Atlantic Puffin is a seabird that lives in the cold northern waters of the Atlantic Ocean. They spend most of their time on the open ocean, but breed and nest on sea-coasts and rocky islands. They were nearly extinct on one of their

nesting grounds, Eastern Egg Rock Island off the coast of Maine. In 1973, Audubon created Project Puffin to restore the birds to this former habitat.

The fourth grade class at the Waldorf School of Baltimore wants to

help keep the Atlantic Puffin on Maine's coast by adopting a puffin. Please help us! Collect and bring in box tops from any Barbara's Bakery Puffins cereal. Thank you!

Everybody Cooks!

We are excited and pleased to announce a new after-school activity, Culinary Kids Cooking School. Children will cook, eat, receive a printed recipe, and take home leftovers while having a great time. The food

prepared is nut-free, and the menu can be modified for children with dietary restrictions. The class is taught by Nikki McGowan. Ms. McGowan holds a degree in psychology with a concentration in

Child Development from Towson University. When not teaching children the art of cooking, she cooks at Iron Bridge Wine Company in Columbia, Maryland. Please see the next page for the registration form.

Eurythmy News

Greetings Waldorf Community from the world of eurythmy! Besides class teaching Nursery through Grade 8, I have also offered courses on the eurythmy curriculum and an adult course. This has been inspiring and fun for me to do. It is always very exciting and rewarding when more people learn about and experience eurythmy. Coming to eurythmy assemblies is yet another way to learn about and experience eurythmy.

This year the first Eurythmy Assembly will be on Friday afternoon, March 20, at 1:45 p.m. in the Multipurpose Room of the Yellowwood Building. It will feature Grades 2, 4, 5, and 7. Each family in the grades performing will be receiving an email from me explaining the assembly dress code for students performing. It is different for eurythmy assemblies, since everyone wears a eurythmy tunic. Please look for that information in the coming days.

Grade 2 has been having fun in class with many stories. They are becoming quite adept with their gestures as well as their movements in the different geometric forms. The latest story has been about how the turtle's shell got its cracks. The students enjoy all the challenges in class, and are especially engaged when they get to do a verse or exercise all on their own.

Grade 4 has many challenges in eurythmy lessons. This year they meet twice a week for eurythmy and once a week for eurythmy form drawing. They have enjoyed learning to beautifully draw many of the

different geometric forms that they have been moving in class. They have also been learning to do rounds in eurythmy with both stepping and gesturing. The students learned a German song both on recorder and with eurythmy gestures. Their biggest treat has been learning more complex exercises with the copper rods.

Grade 5 already successfully performed a dramatic Persian poem at the Holiday Assembly in December. Their work with copper rods becomes more demanding as they add new exercises to their repertoire. In speech eurythmy they are working with humor. They use gestures and movements with body, hands, and feet to portray the different moods and characters in the poem. We will keep the title of the poem as a surprise for the assembly. In tone eurythmy beat, tones, rhythm, and dynamics will be evident in a piece of music from Mozart's "The Magic Flute." The students' skills in working together as a group are evident in all of their work. They continue to hone their skills in freehand geometric drawing once a week, in addition to their regular eurythmy lessons.

Grade 7 is working on difficult pieces in music, poetry, and with copper rods. The music and poetry pieces have parts for both small group and for the whole group to perform. The copper rod exercises will be highlighted with the music of Scott Joplin. In eurythmy, each individual is responsible to learn his or her own part well and to be able to move accurately in harmony with

the whole group.

I received an article from Ruth Levine (Sarah, 6th and Eli, 4th) about how gestures help children to learn. The article is from *The Economist* magazine, February 21, 2009. Here are a couple of quotes from the article.

Susan Goldin-Meadow of the University of Chicago . . . studies gestures carefully—and not out of idle curiosity. Introspection suggests that gesturing not only helps people communicate but also helps them to think. She set out to test this, and specifically to find out whether gestures might be used as an aid to children's learning. It turns out . . . that they can.

Her experiments had to do with solving mathematical puzzles and being able to use gestures when solving the problems, or not using them. "Gesturing . . . clearly does help thought," she concluded. We certainly experience that in eurythmy lessons.

I look forward to your coming to this assembly so that you can see the students perform, and how well they learn through gesture and movement.

Noris Friedman



Afterschool Chamber Group Returns This Month

The after school chamber music program for brass and woodwind instruments will begin on Monday, March 23, and continue on Mondays, 3:30-5:30 p.m., until June 1. There will be 10 meetings, including a year-end concert in this session, with no meetings on Monday, April 6 or April 13. The cost will be \$200.

The program leader will again be Nick Skinner, a graduate of the Peabody Conservatory and a prominent music educator in Baltimore. He has taught in Baltimore and Howard Counties and has been a private music instructor for many years. He is currently working with the Baltimore Symphony Orches-

tra's Orchkids program.

Instruments needed are: trumpet, trombone, baritone, tuba, French horn, clarinet, flute, oboe and saxophone. See the registration form in this issue.

An invitation from the Raphael Branch

The Raphael Branch of the Anthroposophical Society extends a warm invitation to all for a performance of *The Tragedy of Mephistopheles: The Story of Faust*, told by actor and storyteller Glen Williamson and based on the drama by Johann Wolfgang von Goethe. It's a tragic love story, a battle for the human soul, a search for a goddess, a pa-

rade of natural, human, and divine events—it's more than a devil bargained for. Saturday March 28, 2009, at 7:30 p.m. in the Music Room. Glen Williamson is a wonderful actor who performs internationally. Admission: \$10; Upper school students \$6; Raphael Branch members: free admission. (Branch membership includes free

admission to Branch events and supports the activities of the Branch. Yearly dues \$15- individual and \$25- family.) For more information and to RSVP, please contact Els Woutersen at #410-563-3791 or Els_Woutersen@yahoo.com . Information about Glen and the play are available on his website: <http://mysite.verizon.net/GlenWilliamson/>



Culinary Kids Cooking School is coming to Waldorf School of Baltimore!



Classes taught by Chef Nikki, co-host of "Child Life TV Cooking Show" at

We incorporate science, math, nutrition, and kitchen safety into the preparation of fun and delicious culinary specialties.

Mondays beginning March 16th (3/16, 3/23, 3/30, 4/20)

For those 3rd graders unable to attend on 4/20 due to the Farm Trip – there will be a makeup class in the following session

3:30– 5:00 pm, Grades 1–5

\$130 per chef

*Aprons and chef hats provided

*Leftovers taken home after each class along with a printed recipe



Learning to cook never tasted so good...



Next session's menu includes:

Roasted Red Pepper Hummus and Pita

Homemade Rice Pudding

Mediterranean Pasta Salad

Thai Ginger Noodle Salad and Dessert Sushi

Student's Name(s): _____ Birthdate: _____

Grade/Teacher: _____ Allergies: _____

Parent/Guardian: _____ Home phone: _____

Address: _____ Cell phone: _____

Email: _____

After class my child will: (circle one) *Be picked up in the 3rd grade room *Go to aftercare

Please make checks payable to: Culinary Kids Cooking School, LLC

Send checks to: CKCS

8419 Church Lane Rd.

Ellicott City, MD 21043

* In signing this form, you waive any right to claim against CKCS owner, staff, or your Child's school in the event of accident or injury. Refunds not given once session has begun, but credit can be applied to future classes. You hereby authorize the release of your child's photo for use by CKCS.

**To find out more about Culinary Kids Cooking School, LLC:
visit us at CulinaryKidsCookingSchool.com
or call 978-223-3068**

After School Chamber Music Registration

The after school chamber music program for brass and woodwind instruments will begin on Monday, March 23. It will run on Mondays from 3:30 p.m. until 5:30 p.m. from March 23 until June 1. There will be 10 meetings, including a year-end concert in this session, with no meetings on Monday, April 6 or April 13. The cost will be \$200. The program leader will again be Nick Skinner, a graduate of the Peabody Conservatory and a prominent music educator in Baltimore. He has taught in Baltimore and Howard Counties and has been a private music instructor for many years. He is currently working with the Baltimore Symphony Orchestra's Orchkids program.

Instruments needed are: trumpet, trombone, baritone, tuba, French horn, clarinet, flute, oboe and saxophone.

Registration Form

Name _____

Grade _____

Instrument _____

Please return the completed registration form with your payment to Jean Engelke

Community notes

Monthly Peace Circle: Next Circle on March 8, 3-5 p.m. Beginners welcome. Dances of Universal Peace are heart-felt, healing, fun, community-building, with simple movements. Looking for more musicians to play as we move—written sheet music available (call Peggy to arrange). Near Catonsville at the Westchester Community Center; 2414 Westchester Ave., Ellicott City, MD 21043. Wear layers: outside Circles held when weather allows. Followed by pot-luck dinner, optional, around the corner at our home. For directions, see www.oella.org. For more information see www.peacedance.org. For questions, call Peggy (Naji, 7th) 410-465-1914. ♦

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The Baltimore Folk Music Society presents a Family Dance on the second Saturday of the month, 5-6:30 p.m., followed by a potluck, at St. Mark's on the Hill, 1620 Reisterstown Road. On March 14, Susan Taylor and Looney Tunes will play and call—there is no better way to celebrate National Pi Day! Admission is \$5, members; \$20, member family; \$7, non-members; \$28, non-member family. For more information: 410-366-0808 (BFMS hotline) or 410-321-8419 (Diane). ♦

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Lee Woodruff, co-author of The New York Times bestseller *In an Instant: A Family's Journey of Love and Heal-*

ing, will speak at Friends School of Baltimore on Thursday, March 12, at 7:30 p.m. in the School's Forbush Auditorium. Admission is free and all are welcome. Doors open at 7 p.m.; seating is first-come, first-seated. Ms. Woodruff garnered critical acclaim for the compelling and humorous chronicle of her family's journey to recovery following her husband's, former ABC World News Tonight anchorman Bob Woodruff, roadside bomb injury in Iraq. Appearing together on national television and radio since the February 2007 publication of their book, the couple has helped put a face on the serious issue of traumatic brain injury among returning Iraq war veterans. ♦♦

Marketplace

Waldorf Summer Camp/vacation in Costa Rica! Unique opportunity for the whole family to become involved in an organic farm in Costa Rica. The Caribbean coast is only 1 ½ hour drive away, so a trip to the beach would be part of the experience. Waldorf-based activities for each age level, as well as a terrific bilingual community experience. Contact Gina Baker at waldorfcostarica@yahoo.com for brochure. Registration deadline is May 15th. ♦

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Victoria Mansuri (former WSB class teacher) has two large rooms for rent in her furnished or partially furnished, sunny house in quiet tree-lined Arcadia, part of Greater Lauraville. Smaller room 12'x13': \$575/month; Larger Room 13.5'x15.5': 650/month. Each tenant pays \$150 for all utilities, including gas, electric, water, internet, and professional house cleaning once per month. Security deposit: 1 month's rent; can be paid over 2 or 3 months. 6 month or 1 year lease, with option to renew. No dogs; cats considered

on a case-by-case basis. Available Immediately. I and my 11-year-old cat come home some weekends and possibly for longer periods in the summer. Call or e-mail for more information: 410-925-8532; frecklenosed-cat@gmail.com. ♦

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Professional grade Essence portable massage table. Skillfully crafted of select hardwoods; includes premium fully adjustable headrest and deluxe carrying case. Navy Blue. Like NEW! Very little use. \$140. Go to <http://www.earthgear.com/essence.htm> for more information. Interested? Please call or email me: Yadira R. Martinez ; 410-960-9080 or martinez_yadirarosa@hotmail.com (mother of Diego and Dante Andaluz, Children's Garden). ♦♦

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Free Video and Report From Dr. Lenny Shefts (Lexi, 2nd) on How You Can Eliminate Back Pain, Neck Pain, Headaches, Wrist Pain, and More...Without Drugs or Surgery! Go to www.MarylandPainRelief.com. ♦

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WINDSPIRE YOGA: Yoga for Children, Teens & Adults! New yoga studio in Towson opened by Jane Vogel, former Waldorf parent. Come home to yourself and feel *good* in your body! Ongoing classes in a warm and friendly environment. Relax, renew, energize & increase strength and flexibility. Children integrate the experience of balance naturally through yoga as they explore their potential in a space that is secure, fun and creative. *March mini-session for children and teens starting now!* We are located in the heart of Towson at 26 W. Susquehanna Ave, Towson, MD 21204 (above *The Health Concern*). Please visit our website at <http://mysite.verizon.net/windspire> or call 410-377-4229. ♦♦

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Dragon Turtle Arts Presents: Bob Darlington will be teaching 4-Minute Qigong and Beginning Tai Chi at the

continued on p. 7

Marketplace (continued)

Ruscombe Mansion Community Health Center Hill House Community Room. Classes are now Tuesday evenings, 7-8 p.m., and Thursday mornings, 10:30-11:30 a.m. There is no longer a Tuesday morning class. There are no contracts or obligations. Each hour class is \$10. Please email howlinfido@aol.com, or call 410-340-5551 for more information.♦♦♦

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Educational Opportunity: Learn reflexology for personal enrichment or income potential. Classes 2-4 hours/week in Lutherville with Danette M. Shue, CMT. If interested, contact Eileen Silverman (Landon, 4th), (410) 493-8894.♦♦♦

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Are taxes taxing your patience? Get your taxes done locally by a WSB neighbor. Kenneth Morris, a Woodlands resident, has an office in the stone mansion. Give him a call—and mention that you heard it at WSB. 410-664-6100; kwmcpa@verizon.net.♦♦♦

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Now is a great time to get fresh paint to protect and uplift your home. Mikko Goodhill (Class of 2000 and UMBC music student) comes with high recommendations from many WSB faculty and families as a professional, personable and affordable house painter. Contact Mikko at mikko@goodhill.net or 410-971-8696 to get on the winter/spring schedule. You and your home will be glad you did!♦♦♦♦

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Is the tough economy propelling you to make significant changes in your life, career, finances, relationships, personal growth? Working with a personal coach is an effective and empowering process to get unstuck, move beyond limitations, and blossom from plans to reality. For a free consultation with a certified professional coach, contact Jaana Myllyluoma, Ph.D, CPCC at 410-292-8788 or email janamy@comcast.net.♦♦♦♦

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Babysitting: Celia Friedman (Noris's daughter) is available for babysitting on weekends and some weekday nights. Celia is 18 years old and a senior at McDonogh. She lives ten minutes from WSB, can drive, and loves kids! Please call 443-413-5212 (cell) or 410-358-3008 (h).♦♦♦♦♦

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Healing, Relaxing, Meditative, Incredible! Hot Stone Massage with Bill Good, LMT, RMP. Husband of Christine Good, 3rd Grade Teacher. Bikram Yoga, Hampden, 410-243-2040; JHCP at Canton Crossing, 410-522-9940 Ext. 0.♦♦♦♦♦

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Need that deck repaired? Trim work done inside? Woodworking specialist; inside or outside work; repairs, door hanging; artistic work. Plenty of WSB references. Mark Chmura (uncle of Lucretia, 5th), 410-366-5033.♦♦♦♦♦

