



September 22, 2008

## What's Going On...

Tuesday, September 23  
 Waldorf Community Alliance Meeting  
 7:00 p.m.  
 Tamarind Building

Wednesday, September 24  
 Children's Garden Coffee with Lisa Bechmann  
 10:45 a.m.-noon  
 Yellowwood Building Lobby

Thursday, September 25  
 Children's Garden Coffee with Lisa Bechmann  
 1:45 p.m.-3:00 p.m.  
 Yellowwood Building Rose Room

Friday, September 26  
 Michaelmas Pageant 8:45 a.m.  
 Tugs of war 1:45 p.m.

Tuesday, September 30  
 Rosh Hashanah School Closed

Thursday, October 9  
 Yom Kippur School Closed



## From the desk of the Administrative Chair

At the All School Parent Evening last Tuesday we announced that we are introducing another method for members of the community to have questions answered, to express concerns if they feel that an issue has not been addressed adequately, or to let us know that there is something that we are doing well and you would like to see continue. In a few days these forms will be available in both the Yellowwood and Tamarind Buildings. Below is the text from the cover sheet of the form:

### Communicating a concern, a question, a suggestion, or a compliment

We are committed to communication within our school community. We recognize that effective and timely communication is important for the health of the school community. The attached form is designed to supplement and strengthen our parent/school communications as described in the Parent Student Handbook.

### Communicating Questions and Concerns

*Open and thoughtful conversation between members of the community is fundamental to the healthy working of a Waldorf School. The first and most important place for dialogue is the relationship between parent and teacher. Questions or concerns should be resolved in person or by phone with the teacher. Should further discussion be necessary, the chair of the respective school can be contacted. All parents and teachers are encouraged to enter into a full and honest dialogue around any questions, suggestions, or concerns in order to develop the conscious and respectful relationship needed to support the child.*

*Your child's teacher can answer most questions or concerns. From time to time, a meeting with all of a child's teachers may be useful. Any time you need further discussion of an issue, you can contact the respective school chair, either in person, by phone, mail, or e-mail. Generally, issues will be resolved with this direct communication. Should either the parent or*

continued on p. 2

## Waldorf Speaker Series Continues

Saturday's workshop on the importance of play was the beginning of our fall speaker series. We hope you will find it possible to hear some of the other fascinating speakers we have lined up for you.

- Wednesday, October 1<sup>st</sup>, 7:00 p.m.-8:30 p.m.  
*Nourishing Traditions:*

*the Future of Nutrition and Wellness*, with Sally Fallon

- Thursday, October 16, 7:00 p.m.-8:30 p.m.  
*Creating and Supporting Healthy Sleep Habits for Your Child and Family*, with Kim West

- Thursday, November 13<sup>th</sup>, 7:00 p.m.-8:30

p.m. *Play = Learning: How Play Motivates Children's Academic and Social Development*, with Roberta Golinkof

- Date to be arranged: Tom Horton and Michael Beer

We look forward to seeing you!

### Contact information for School Chairs

Upper School Chair: Donald Bufano, dbufano@twbsb.org; 410-367-0647

Middle School Chair: Ed Meade, emeade@twbsb.org; 410-367-6808 ext 365

Lower School Chair: Noris Friedman, nfriedman@twbsb.org; 410-367-6808 ext 371

Children's Garden Chair: Charlotte Landgraf, cdlandgraf@hotmail.com; 410-664-7714

Administrative Chair: Larry Snyder, lsnyder@twbsb.org; 410-367-6808 ext. 201

## From the desk of the Administrative Chair (continued)

*the teacher, or both, feel that a conflict has arisen which is difficult to resolve one-on-one, a letter should be written to the Collegium, which will work to resolve the differences.*

*(Excerpt from the Parent/Student Handbook 2008/09)*

The attached form can be used by you in a number of ways. Some examples include, but are not limited to, the following situations:

- You do not know who to contact with a concern, question, or suggestion;.
- You wish to raise something that does not seem to be relevant to a teacher;
- You feel a previously raised

question or issue has remained unresolved.

If you choose to use this form, return it to Jean Engelke in the Tamarind building, Sherri Kasky or Diane Hrabal in the Yellowwood building. There will also be a box in each building if you wish to use it or if Jean, Sherri, or Diane are not available to receive your form.

Your communication will be logged. We will send an acknowledgment by email within two business days of receiving your form. Within one business week we will send you written communication telling you how we will address or take forward your concern, question, suggestion, or

compliment. Teachers will be involved as appropriate in order to ensure transparency. Larry Snyder, Administrative Chair, will ensure your communication is dealt with in the most appropriate and time sensitive manner.

On Friday, September 26, we will be having our annual Michaelmas celebration. The celebration will begin with the pageant at 8:45 a.m. on the field behind the Tamarind Building. At 1:45 p.m., the classes will participate in a series of tugs-of-war on the same field. Please try to attend one of these events, or both if possible.

Larry Snyder

## Elementary Tardiness Policy

Students who arrive late miss an important opening to the school day. The mood of the day is set by the opening verse and the songs that are sung together. Students who are late for school (after 8:15 a.m. bell) must sign in at the office, or have a parent sign them in. If a

student is late 3 times in a 30-day period, a meeting will be scheduled between the student's parents and the Lower School or Middle School Chair, whichever is appropriate. At that time, parents can request a support circle meeting (see page 41 in the handbook) that can offer as-

sistance to the family in achieving timeliness. If the chronic tardiness continues, another meeting with the Chair will be scheduled. Habitual lateness after a second meeting with the Chair will result in a meeting with a representative of the Collegium.

## Michaelmas/Festival of Courage, Grades 1-10

We invite parents and friends to join us for the pageant and the tugs-of-war at the Tamarind Building playground this Friday, September 26.

The pageant is at 8:45 a.m. It is presented in the round; parents and

friends are welcome to watch from the hillside.

The tugs-of-war begin at 1:45 p.m., and again, we welcome parents and friends to watch the fun from

the hillside.

Please remind your children to wear dragon-conquering red to school on Friday and to bring garden or work gloves for the tugs-of-war, if desired.

## Autumn Garden Festival in the Children's Garden Wednesday, October 1

Our Autumn Garden Festival is celebrated every year at the end of September or the beginning of October. There are many festivals to mark the seasonal turning points (solstices and equinoxes). These festivals bring images that are part of the universal human experience, such as various harvest festivals in the autumn. Our Autumn Garden Festival marks the end of the growing season and the celebration of the bounty of the harvest. This is the time of year when human beings must find strength and courage to enter the months of cold and darkness, bearing within themselves the light and warmth that were in the outer world of nature in

summertime. The Archangel Michael, who defended the good, is a picture of this strength and courage for the children. When the children enter the Autumn Garden, they experience the beauty and wonder of nature that is displayed throughout with flowers, cornstalks, gourds, pumpkins, tree branches, etc. The children are escorted by the Autumn Fairy through the Garden where they meet Michael and Mother Earth. Each child receives a cape, a crown, an apple, and a bulb to plant.

In the Waldorf nursery and kindergarten, the seasonal festivals form the framework of the curriculum.

The children are nourished by the images and mood of the festival activities and by the earnestness with which the adults work to find expression for the relationship between the human being and the changing forces of nature.

For the Autumn Garden, parents are needed to take on the roles of Michael and Mother Earth. Let your teacher know if you would like to help in this way. If any parents have flowers, potted plants, pumpkins and gourds, etc. to share for the Garden display, please bring them in the day before the Festival. Label items you want returned. The teachers will send home details.

## Waldorf Gardening Club

Students, parents, friends, and community members are invited to come and experience the joy of working with nature and join our new Waldorf Gardening Club. We

will meet several times this fall, on a weekday afternoon or on the weekend, to prepare the gardens for the winter and design and plant a new cut-flower and dye garden for the

school. All who are interested may e-mail Christine Good at [ccox@twsb.org](mailto:ccox@twsb.org).



## Fall Jewish Holidays

Along with the opening of school, the fall brings many Jewish holidays, beginning with *Rosh Hashanah*, the Jewish New Year. On Rosh Hashanah, Jews gather in the synagogue to begin a process of serious reflection about the past year and how to make the coming year a better one. At home, it is customary to dip apples in honey to symbolize the hope that the new year will be prosperous and sweet.

Rosh Hashanah is followed a week later by *Yom Kippur*, the Day of Atonement. During the ten days that encompass these two holidays, Jews have the opportunity and the responsibility to make amends with friends and family members that they may have wronged. Jewish tradition teaches that not even God has the power to forgive us for hurting one another; we have to obtain forgiveness directly from the people themselves. Yom Kippur represents a sort of deadline for setting things right. Considered within Jewish tradition to be the most sacred day of the year, Yom Kippur is a day of communal prayer and introspection.

It is also a day of fasting. On the eve of Yom Kippur, as the sun is setting, Jews head to the synagogue for the chanting of the *Kol Nidre*, a prayer which dates back to 15th century Spain, in which the community asks God for forgiveness for the vows and resolutions that will be made and broken in the coming year. In the midst of striving to improve ourselves, Jewish tradition reminds us that we are only human and that perfection will always be beyond our grasp. The holiday concludes with a triumphant declaration of faith, and the community disperses to break the 25-hour fast with friends and family.

A few days after Yom Kippur comes *Sukkot*, a week-long harvest festival. Many Jews build sukkot, small temporary huts, in which they eat all their meals for the week (weather permitting). Some people even sleep in their *sukkah*. The sukkah has a double significance. The first is to remind us of the Exodus from Egypt and the fragile and transitory lodgings the Israelites had to en-

dure during their 40 years in the desert. The sukkah is also intended to put us in touch with nature and the experience of farmers in ancient times, who would sleep in small huts near their fields so they wouldn't have to "commute" during the planting and harvest seasons.

Sukkot concludes with the last of the fall holidays, *Simchat Torah*, which celebrates our connection with and commitment to the Torah (the five books of Moses), which is the central text of our tradition. The Torah is read in synagogue every Saturday; Simchat Torah marks the reading of the final portion, which describes the death of Moses, followed by an immediate return to the opening portion, which describes God's creation of the world. This holiday, and the ongoing cycle of continuity it represents, is celebrated with a series of processions in which all the Torahs are carried around the synagogue, accompanied by singing and dancing.

Netta Zweig and Dan Goldberg  
(Rachel Goldberg,

## Don't forget Children's Garden coffees this week

Lisa Bechmann and June Fletcher-Hill are holding several gatherings to talk more about the work they are doing and to hear thoughts and ideas from parents of students in the Children's Garden. For parents who are not able to attend one of these gatherings, we will gladly meet with you individually to listen to your thoughts and ideas.

Please join us at one of the following times:

- Wednesday, September 24, 10:45-noon, lobby area, Yellowwood

Building

or

- Thursday, September 25, 1:45--3:00, Rose Room, Yellowwood Building

or

For parents who are unable to attend either event, or who pick up their children after 3:00 from Play Centers, please contact June directly at [jfletcher-hill@twsb.org](mailto:jfletcher-hill@twsb.org) or 410-664-7714 to find a time to meet and talk about your ex-

tended care needs. June works on Tuesdays, Wednesdays and Thursdays, 9:00--3:00 in the Yellowwood Building.

If you are unable to attend and want to talk with Lisa about outreach ideas, please contact Lisa at [lbechmann@twsb.org](mailto:lbechmann@twsb.org). She spends Thursdays and Fridays on her outreach work and is based in the Tamarind Building in the upstairs office. On those days, Lisa can be reached by phone at 410-367-6808.

## Parents and friends of WSB: experience eurythmy and watercolor painting

Ms. Friedman and Ms. Emmet are eagerly awaiting your registrations for this informative and fun course! **You do not have to come to every class! Come to the ones that you are especially interested in and pay accordingly.**

Ms. Friedman and Ms. Emmet are offering 20 sessions of Eurythmy and Watercolor painting experience through the grades, from Children's Garden to Upper school.

The Art and Eurythmy sessions will be on alternate weeks, and complement each other as we consider the specific grades. The course will be structured in such a way that the participants will be able to have a sense

of what occurs developmentally throughout the grades and how those subjects support the academic work of the students.

The course will take place in the Tamarind Building (Elementary) in the Eurythmy and Art rooms.

Dates: Monday Oct. 6-Monday March 23.

Time: 8.30 a.m.-9.30 a.m.

Cost: \$100, which will be designated for our capital campaign.

- October 6: Children's Garden-Eurythmy
- October 13: Children's Garden-Painting
- October 20: 1st grade-Eurythmy

- October 27: 1st grade-Painting
- November 10: 2nd grade-Eurythmy
- November 17: 2nd grade-Painting
- November 24: 3rd grade-Eurythmy
- December 1: 3rd grade-Painting
- December 8: 4th grade-Eurythmy
- December 15: 4th grade-Painting
- January 5: 5th grade-Eurythmy
- January 12: 5th grade-Painting
- January 26: 6th grade-Eurythmy
- February 2: 6th grade-Painting
- February 9: 7th grade-Eurythmy
- February 23: 7th grade-Painting
- March 2: 8th grade-Eurythmy
- March 9: 8th grade-Painting
- March 16: Upper School-Eurythmy
- March 23: Upper School-Painting

## Slip or Mooring Needed for Upper School Sailing Club

The Upper School's new and emerging Sailing Club has received the donation of a Tartan 27 sail boat for us to work on and ultimately sail. We need a slip or mooring to keep the boat for the winter.

The Tartan 27 draws a scant 3.2 feet. Can you or a friend help us with water space even temporarily? In addition, if you have time or sailing-related items you are willing to donate to this effort, please contact

us. Thanks. Please call Donald Bufano at 410-367-0647 (school), 410-358-6043 (home) or 240-535-0140 (mobile), or email [dobufano@twbs.org](mailto:dobufano@twbs.org).

## Bookfair 2008 needs volunteers

Help staff the Waldorf School of Baltimore booth at the Bookfair on September 26, 27, and 28. Have fun and tell people about our school. Two-hour slots are available at this great event that provided fun

for the whole family. We will be selling books and products from our own Spring Garden Store as well. Our book will be located in Mount Vernon Square in the children's area of the fair. Contact Jo Keller,

410-323-7761  
[jojomaUK@gmail.com](mailto:jojomaUK@gmail.com) or Jennifer Downs, 410-367-8242  
[jdownslac@gmail.com](mailto:jdownslac@gmail.com)).

**Environmental tip from Kroka...** When you go out for ice cream, get it in a cone rather than a cup. This will reduce the use of petroleum products and thus carbon dioxide emissions. It will also reduce your waste. Who would have thought that being eco-friendly could taste so good?

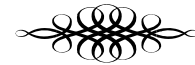
## Letter from Patrice Maynard on the passing of Henry Barnes

Many of you have heard by now, I am certain, that Henry Barnes crossed the threshold yesterday at 10:15 p.m. His passing was quiet and peaceful. Though specific memorial plans have not been set, Henry was to have been the keynote speaker at the upcoming Michaelmas celebration in the Threefold community; the thought has been offered to suggest that this Michaelmas event will be dedicated to Henry Barnes, and words of remembrance might become the keynote address there as an appropriate memorial.

The unwavering dedication to Anthroposophy and Waldorf Education, represented in the exemplary life of this one man, stands at Henry Barnes's passing as the most noble tribute to the effect of his biography. His significant impact on Waldorf Education on this continent and around the world is powerful enough to make his departure the mark of the ending of an epoch. Even so, when I first came to work at the Hawthorne Valley School, I met Henry Barnes on his knees pulling weeds in the walk up to the front door of the school. He assured

me with a twinkle that one need not wait to deepen one's Anthroposophy to take on the meditative task of weed pulling and that I could help at any point in my career. So, I did, and understood the balance and friendly humility in Henry Barnes. He'll be as mighty a friend from the other side as he was here-perhaps more.

All the best to Henry in his journey as he would bless us in ours!



## Eurythmy Assemblies, Grades 1-8

It's not too soon to let you know which grades will be performing at which Eurythmy Assembly. You can plan accordingly. The first Eurythmy Assembly, on Friday, March 20, 2009 at 1:45 p.m., will feature per-

formances by Grades 2, 4, 5, and 7.

The second Eurythmy Assembly, on Friday, April 3, 2009 at 10:45 a.m., will feature performances by Grades 1, 3, 6, and 8.

Both assemblies are in the multi-purpose room. The students will show a variety of their ongoing classroom work. Look for eurythmy news as the assembly times draw closer.

Noris Friedman

## Community Notes

Voices in Cloth: Quilt and Fiber Art Show and Sale, Saturday and Sunday, October 4-5, 10 a.m.-5 p.m. in the Yellowwood Building. Traditional and contemporary quilts and wallhangings for sale; crafts and fabric boutiques, raffle quilt. Admission: adults and children 13+, \$5; children, \$3.

Christopher Frick (7th grade) will be performing at the Recher Theatre in Towson on Sunday, September 28 at 2 p.m. as part of All About Music's

summer Build a Band camps. Tickets are \$7 and he needs to sell a bunch. Contact Sherry Frick if you want a ticket 410-433-2970. Thanks.

Salon: October 6, 7 p.m.: view a film on cutting edge scientist from Bioneers 2007, Tamarind Building; admission free. "Designing the Next Golden Age: A Progress Report" is a 30-minute film with Jay Harman, a naturalist, entrepreneur, inventor, and author of patents in lightweight, high-efficiency marine craft design and

fraction-reduction technologies. Please join us and catch the excitement.



"Baltimore Bioneers 2008: Cultivating Change, Inspiring Solutions," November 7-9, is one of 18 satellite offshoots of the California-based national Bioneers Conference. It will combine screenings of the inspiring national plenary talks with regional speakers, live panel discussions, workshops, and entertainment. Our upper school students will be assist-

## Community Notes (continued)

ing at this conference. Join us for either or both events: Julie Gabrielli (Toby, 1<sup>st</sup>), and Jennifer Downs (Emmie, 10<sup>th</sup>).

◆◆◆

The Waldorf LEGO Robotics team is still in search of additional members for this year's competition, which revolves around global climate change. This activity, for students aged 9 to 14, has tasks that challenge students to understand global climate change, to build and program robots to address a series of climate-related tasks, and to do so in a cooperative, team-oriented environment. If you are interested, or know someone who might be, come join us on Fridays after school in the Art Room. Contact David Schneider ([dschneider@checkfree.com](mailto:dschneider@checkfree.com)) or Lynn Roberts ([lroberts@jhu.edu](mailto:lroberts@jhu.edu)) for more information.

◆◆◆

Wednesday, Oct 1—David Orr: "Some like it Hot...Lots more don't: the changing climate of US politics." One of the nation's most important architects of environmental literacy in higher education and a leading light of the sustainability movement, David Orr outlines a national climate-change policy for the incoming administration developed by the Presidential Climate Action Project (PCAP). He is chair of the Environ-

mental Studies department at Oberlin College and was the driving force behind the Adam Joseph Lewis Center, a cutting-edge green building that houses his department. The building features renewable energy and a "living machine" that both processes wastewater and acts as a lab for the students. Orr is the author of many inspiring books, including the seminal *Earth in Mind*, about environmental education, and, more recently, *Design on the Edge* and *The Nature of Design*. A book signing will follow his lecture. Co-sponsored by Baltimore Bioneers and the Roland Park Country School. Time: 7:30 p.m.-9:30 p.m. Location: Roland Park Country School, 5204 Roland Avenue, Baltimore, Maryland 21210.

The Cylburn Arboretum Association proudly presents the fourth season of "Chamber Music at Cylburn". The October 12<sup>th</sup> program features Schubert's "Winterreise," a song cycle consisting of 24 musical settings of poems by Wilhelm Müller. "Winterreise" will be performed by baritone Ryan de Ryke accompanied by pianist Eva Mengelkoch.

◆◆◆

Come see Victoria Mansuri (former WSB class teacher) in *Elegies for Angels, Punks, and Raging Queens*

at Spotlighter's Theatre, 817 St. Paul, [www.spotlighters.org](http://www.spotlighters.org), Thursday, Friday, Saturday nights and Sunday matinee, from September 25-October 5. Adult situations and language make this a production for those 13 to 14 years and above. Victoria (former WSB class teacher) will also be walking in the HERO, Inc. AIDS walk on September 21. If you would like to pledge, please go to <http://heroinc.moonfruit.com/#/pledgeawalker/4529556425> and make a pledge to "Team Angels, Punks, and Raging Queens," at the top of the second column of team names. All pledges are tax deductible. Thanks for your support!

Authentic Fell's Point Ghost Walk: Journey to our haunted past in present-day Fell's Point; learn about the spirits that inhabit Fell's Point from our living history tour guides (among them Victoria Mansuri (former WSB class teacher) and Phil Gallagher (Ben, Class of 2006, Sam 9<sup>th</sup>). Tour our Belgian Block streets at night and encounter the tales of apparitions that haunt the many pubs and homes. 7 p.m. Fridays and Saturdays through November 30. Reservations: 410-675-6750 x16, or come to the Fell's Point Visitors' Center at 1724 Thames St. and buy them the day of the tour.

## Marketplace

Take a walk on the wild side! Friedman Family Fisheries would like to introduce themselves to all new Waldorf families, as well as to say hello to established customers, in this our 19th year of bringing Wild Alaska sockeye and king salmon home to you, direct from our own fish site and processing building in Ekuk Beach, Alaska. We have

freshly frozen and smoked wild sockeye and king salmon that is delicious, nutritious, reasonably priced, and arguably as clean and pure as you can find in the world.. Best bet to order, ask a question, or find out more information is to call Avi (husband of Noris, eurythmy teacher) 410-358-3008 or [triplef@qis.net](mailto:triplef@qis.net). Need a reference?

Ask most any staff member or returning parent about our salmon.

◆◆◆

Jennifer Brown, LCSW-C (Chaz 10<sup>th</sup>, Grace 6<sup>th</sup>, and John 3<sup>rd</sup>) is pleased to announce that, in addition to her Baltimore County home office, she will be expanding to a new location at Ruscombe Mansion. Jennifer is a psychotherapist

## Marketplace (continued)

with nearly 20 years experience providing play therapy for children (as young as 2 ½) and psychotherapy for adolescents, individual adults and families. She has extensive experience working with children and adults regarding social, emotional, relational, and behavioral and mood issues. Trained in a variety of theoretical orientations, Jennifer believes strongly in starting where the individual is and utilizing appropriate treatment methods based on each client's unique needs. For more information call 410-459-3885.

◆◆◆

Free to a good home: three adorable 9-week-old puppies of mixed-breed, one boy and 2 girls; healthy and plump. Call Norman Snipes (neighbor of Chloe, Eighth Grade Class of 2008), 410-444-2970.

◆◆◆

For sale: full-size cello, bow, and carrying case in excellent condition. \$500.00. Please call Joe (Chloe, Eighth Grade Class of 2008), 410-925-2523.

◆◆◆

Trouble Sleeping? Stress overload? Come to a SounderSleep Seminar taught by Paris Kern (Leo, 10<sup>th</sup>), Oct. 17 & 18: Friday 5-9 p.m., Saturday 10 a.m.-4:30 p.m.; \$130. At Stony Run Friends Meeting, 5116 N. Charles Street. "After many, many years of sleepless nights the workshop provided me with the practical tools that worked in com-

bating my insomnia." Mollie Fein, Librarian. The Sounder Sleep System™ is a holistic insomnia solution inspired by the Feldenkrais Method® as well as Qi Gong, Yoga, and meditation techniques. This system of gentle, sleep-inducing gestures quickly lulls you into a state of blissful, restorative slumber. If you wake during the night, the mini-moves will get you back to sleep fast. These easy and effortless sleep-inducing movements are far better than any sleeping pill or herbal sleeping aid because there are no side effects, no hangovers. And if you need to wake up for any reason, you can awake in the blink of an eye—and go right back to sleep if you wish. A great thing--especially for new parents! To register: Roz Ehudin, [RozandIrv@comcast.net](mailto:RozandIrv@comcast.net), or 410-321-8292.

◆◆◆

The Ruscombe Mansion Coop Café is now open on Tuesday and Thursday. Join us for a wonderful vegetarian lunch. Call 410-367-7300 for more information.

◆◆◆

Ruscombe Mansion Community Health Center Open House, October 12, 1-4 p.m. This is a free event with presentations by practitioners, yoga, vegetarian lunch, and more. Join us! Call 410-367-7300 for more information.

◆◆◆

Have you been diagnosed with fibromyalgia? Do you have frequent headaches, back pain, or joint pain? Numbness or Tingling? Sciatic pain? Chiropractic care can help! For a limited time, Dr. Lenny Shefts (Lexi, 2nd) is offering a complete examination, consultation, and x-rays for only \$25 (\$10 will be donated to WSB)! Come in today, feel better tomorrow. Call Shefts Chiropractic, 410-560-0333.

◆◆◆

Discover your personal metaphors: set aside some time for self-exploration! One-day workshop includes two 30-minute Symbolic Modeling sessions with Gina Campbell and the option of another session with an assistant/trainee, working from a simple drawing. Discover how easily you can access your inner world, where your metaphors hold the keys to greater clarity and the change you want. Between sessions, you can draw, journal, meditate, or otherwise explore what you've uncovered for yourself; or you may choose to watch other participants' sessions. December 7 at Ruscombe Mansion; cost: \$125; limited to four participants. Visit [www.symbolicmodeling.com](http://www.symbolicmodeling.com) or email [gina@symbolicmodeling.com](mailto:gina@symbolicmodeling.com) for details.

◆◆◆

Why rent a cello, if you can buy one for less? 1/2 size student cello in good condition for sale. Ask Ulrike (Edda 1st, Ben 6th), 410-882-5403.



Waldorf School of Baltimore  
4801 Tamarind Road  
Baltimore, MD 21209